

Kitchissippi UNITED CHURCH

Sunday, November 08, 2026

Affirm UNITED | S'affirmer ENSEMBLE

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

https:/ /www.youtube.com/channel/UCwATU1r0zB1PIIaRmr2teVA

FROM REV JENNI'S DESK



Hello all,

I hope this finds you well and enjoying the milder weather. Thankfully all the rain in the forecast is not snow!

Book study continues this Thursday November 12th, but the Intercultural webinar is taking a break this Wednesday.

There is a Euchre tournament on Saturday November 14th out in Winchester, it is a fundraiser for Rideau Hill Camp (where I took my kids for 11 years and where Mason has worked for the past 4 years). Please see the poster attached.

I have been invited to speak about Affirm and be the Anniversary preacher at McKay United Church next Sunday, November 15th. I will bring my prayers from all of you.

Blessings on your weekend,
Jenni

UPCOMING EVENTS

HYMNS AND COMMUNION AT AMICA NOVEMBER 17, 2026

Hymns and Communion at Amica Westboro
Tuesday, November 17, at 11:00 a.m.

Join us at **Amica Westboro, 491 Richmond Road**, as we share a time of hymns, Communion, and warm fellowship with our friends living at the residence.
Everyone is warmly welcome to join us!

REMEMBRANCE DAY REFLECTION: UNDERSTANDING THE MEANING OF RED & WHITE POPPIES

As we approach Remembrance Day, KUC invites our congregation to learn about the history, meaning, and significance of both red and white poppies, including how funds raised through their respective campaigns are used. This learning initiative aims to encourage reflection, understanding, and respectful conversation.

The Red Poppy

Red poppies are worn as a symbol of remembrance, honouring those who served and sacrificed their lives in war. Inspired by Canadian Lieutenant-Colonel John McCrae's poem *In Flanders Fields*, the red poppy became a symbol of remembrance in Canada in 1921.

People wear red poppies for three primary reasons:

- **Honouring Service and Sacrifice**: Remembering those who served and lost their lives in military conflicts.
- **Recognizing Veterans**: Acknowledging the courage, service, and sacrifices of Veterans and their families.
- **Supporting Veterans and Their Families**: Donations collected through the Royal Canadian Legion's Poppy Campaign provide financial assistance and support services to Veterans and their families.

The White Poppy

White poppies are worn as an international symbol of peace, opposition to war, and inclusive remembrance of all those affected by conflict. First introduced in the United Kingdom in 1933 and distributed by the Peace Pledge Union since 1936, they serve as an alternative or complement to the traditional red poppy.

People choose to wear white poppies for three primary reasons:

- **Remembering All Victims of War**: White poppies acknowledge all those who have suffered or died as a result of war, including military personnel, civilians, refugees, and conscientious objectors.
- **Challenging Militarism:** White poppies encourage reflection on the consequences of war and challenge its glorification or normalization.
- **A Commitment to Peace**: White poppies represent a commitment to peaceful conflict resolution and the hope that future generations will not experience the devastation of war.

Funds raised through the Peace Pledge Union's white poppy campaign support peace education and initiatives promoting nonviolence and peaceful conflict resolution.

A Personal Choice

Some people choose to wear a red poppy, others a white poppy, while some wear both. Others may choose not to wear a poppy at all.
At KUC, we respect each individual's choice. This learning initiative is not intended to promote one poppy over another, but rather to encourage a deeper understanding of the different traditions of remembrance and our shared hope for peace.
We will endeavor to have some white poppies available for display as part of this learning initiative.

UNCLAIMED MATS

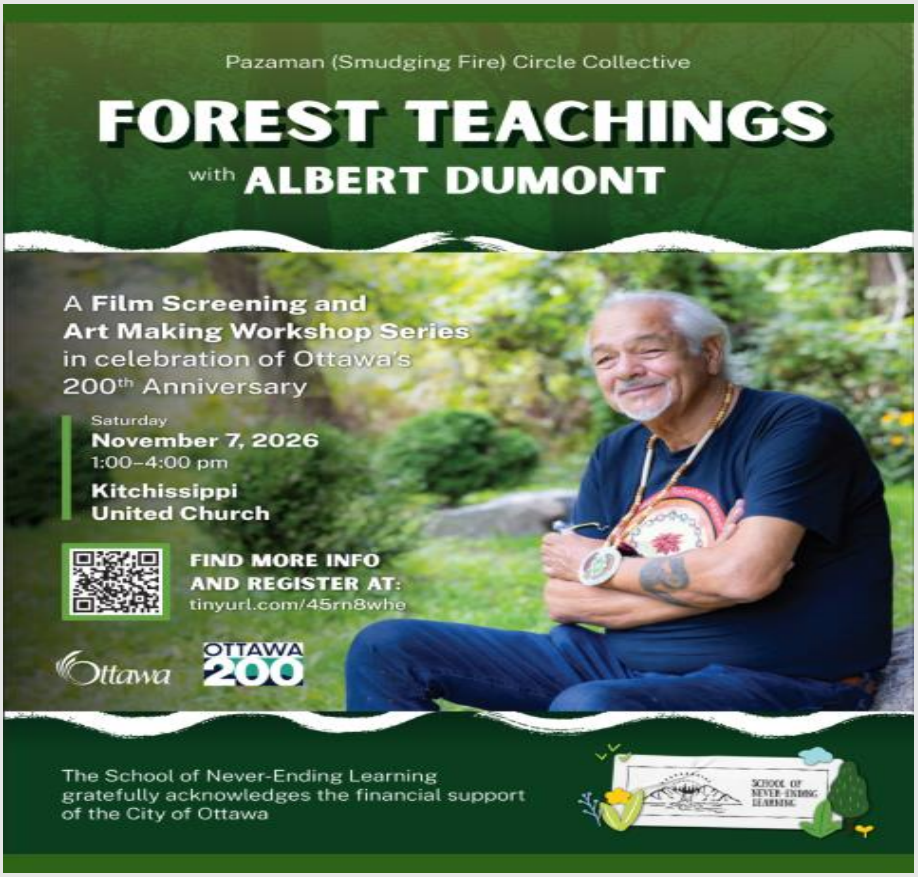
Thank You, KUC Family!

A heartfelt thank you to everyone who generously lent camping mats for the 2026 summer trip to New Vision United Church in Hamilton! Our KUC travelers were grateful for the extra comfort and appreciated not having to sleep directly on the floor.

A few camping mats are still unclaimed. If you lent a mat or know who might own one, please contact the church office so we can reunite them with their owners.

Thank you once again for your kindness and generosity!

FOREST TEACHING WORKSHOP NOVEMBER 7, 2026



Join us for **Forest Teachings with Albert Dumont**, a special afternoon of Indigenous teachings, film, artmaking, and connection with nature.

Celebrate Ottawa's 200th anniversary through storytelling, creativity, and shared learning.

Forest Teachings Workshop:
Saturday, Nov 7, 1:00 - 4:00 pm
Kitchissippi United Church Ottawa, ON
Saturday, November 7, 2026,
Time:1 PM - 4 PM

Overview:
Forest Teachings Workshop with Albert Dumont:

A Film Screening and Art Making Workshop Series in celebration of Ottawa's 200th Anniversary

Age: Intergenerational - suggested minimum age is ten years old, accompanied by parent/guardian
Price: $10 per person

Note: if the price of $10 is a barrier to attendance at the workshop, just send us an email at ***schoolfnl@gmail.com*** *and we can work something out!*

WORKSHOP DETAILS

This three-hour workshop consists of two parts:

1. *Film Screening* - We will watch Albert's film, "Forest Light, Forest Wisdom", together, in community. In the film, Albert will walk us through the forest and share powerful Algonquin teachings, wisdom and stories. The film is about 30 minutes long. We will then have a deeper discussion with Albert - where he will share more teachings, thoughts, reflections, and insights and then he will take questions from participants.
2. *Art Workshop* - The film screening will be followed by an art workshop where participants will be invited to create art that is inspired by what they learned, helping them integrate the teachings into their heart and mind. Each workshop will have a different art modality, for example: collage, water colour, sculpting, or mixed media.

WORKSHOP OBJECTIVES

Guiding Principle: To share the teachings of Elder Albert Dumont through a filmed Forest Walk and discussion, followed by an art workshop, fostering connection, warmth, wisdom, and healing to all who participate. These workshops have two main goals. The first one is to provide a space for healing and spiritual growth. Through the film and discussion, Albert will share Forest Teachings that cover such topics as humanity, peace, wellness, purpose and understanding who we each are as human beings. He will share ancestral teachings on living an honourable life in relationship with the natural and spiritual worlds. These teachings provide nourishment for mind, body and Spirit. The other main goal is to educate the people of Ottawa, and others visiting Ottawa, during its 200th Anniversary, about who the Algonquins are. We will do this by taking this film and discussion, filled with Algonquin teachings, out into the community to connect with people in a heart-led way, ensuring participants learn more about who the Algonquins are - whose land we are living, working and playing on. Through this learning, we will help to increase understanding, love, connection and friendship - which is all anti-racism and anti-oppression work.

For More Information:

Facebook: https://www.facebook.com/SchoolOfNeverEndingLearning/
Instagram: https://www.instagram.com/schoolofneverendinglearning/

WIDER COMMUNITY

DRESS FOR SUCCESS 5$ FLASH SALE



Love a good bargain? Don't miss the **Dress for Success Ottawa $5 Flash Sale!**

Refresh your wardrobe, discover great fashion finds, and shop for a great cause — all for just **$5 per item!**

Saturday, November 7, 2026
12:00–4:00 p.m.
1620 Scott Street, Room P100, Ottawa

Great Style. Amazing Prices. One Day Only!

EDCHRE TOURNAMENT 14 NOVEMBER 2026



Ready to play your cards right? Join in the fun at the **Euchre Tournament on Saturday, November 14!** Whether you're a seasoned player or simply love a friendly game, come enjoy some lively competition, laughter, and great company.

Bring your game face and let the fun begin!

Venue: Winchester Legion 482 Main Street
Date: 14 November 2026
Time: Registration 12PM
Game Start: 1 PM

SOUPALICIOUS 2026 – A BOWL OF SOUP, A SPOONFUL OF KINDESS!



SOUPALICIOUS 2026 – A Bowl of Soup, a Spoonful of Kindness!

Warm your heart and satisfy your taste buds for a wonderful cause!

Join **Debra Dynes Family House** for the 9th Annual Soupalicious, featuring delicious soup creations from local chefs. Enjoy an evening of food, friendship, and community spirit while supporting the Debra Dynes Food Bank.

Sunday, November 15, 2026
4:30–7:00 p.m.
Carleton Heights Community Centre
1665 Apeldoorn Avenue, Ottawa

Tickets: $25 in advance or $30 at the door. Children aged 6–12: $10. Children 5 and under: free.

Come hungry, enjoy delicious soups, great company and support a great cause!

ORLEANS UNITED CHURCH BAZAAR NOVEMBER 21



Get into the holiday spirit! Orléans United Church warmly invites everyone to its **Christmas Bazaar**, a wonderful opportunity to discover unique gifts, festive treats, and handmade treasures.

Come enjoy the warmth of community, support a neighbouring church, and find something special for the Christmas season.

Bring a friend and share in the festive cheer!

Venue: Orleans United Church
1111 Orleans Blvd.
Date: November 21, 2026
Time: 9 AM – 2 PM

UCW MEETING – NOVEMBER 4, 2026, AT 1.00 PM



Please mark your calendars for our 3rd annual Carlington Community Connection fundraiser - Christmas carols at KUC!

Date: Saturday December 5th, 2-4pm.

Invite your family, friends and neighbors to join us. Free will offering, refreshments and crafts for sale after in support of the Chaplaincy/CCC.

SCENT FREE SPACE



We have recently found out that one of our new members has severe asthma and can not tolerate strong scents and perfumes. Please refrain from using this product when attending church services and events. Thank you

KITCHISSIPPI UNITED STAFF

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Office hours

10am-2pm Monday- Friday

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Please call ahead if you are dropping by!

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