



Kitchissippi
UNITED CHURCH



Sunday, June 14, 2026

Affirm | Saffirmer
UNITED | ENSEMBLE

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIIaRmr2teVA>

FROM REV JENNI'S DESK



Hello folks,

I hope this finds everyone well! What humid weather we are having!

I've been finding myself reflecting on the word OUR. It was used this week at a council meeting, which was happening in my backyard – our year-end barbecue. One of the members of God's Beloved, James, spoke about our church, and our new chair of council Laurie Joe echoed James's words with gratitude. This is, indeed, our church, longtime members and new members alike.

In fact, this is a huge part of the United Church ethos – the priesthood of all believers. Each person is a minister in the world. Each person through prayer, acts of service, kindness, and wisdom, are all connected with God, are children of God and disciples of Christ. Daniel and I happen to be called and employed by Kitchissippi United Church and The United Church of Canada, to work alongside everyone else. Our church truly is our church: all of us have gifts and skills to offer to the church. I think I can speak for Daniel when I say that we are both so delighted to be your ministers and working with you! Let us continue to live and move and have our being in Christ who sustains us, God who guides us and the Holy Spirit who comforts and challenges us this day and every day.

Blessings upon your weekend and the week ahead,
Jenni

UPCOMING EVENTS

OUTREACH CIRCLE MEETING JUNE 14 AT 11.30 A.M

Short Circle meeting after the service on Sunday June 14th, 11:30ish likely in the Boardroom. Cookies provided, please bring your tea or coffee!

FOOD ALLERGIES, SCENT SENSITIVITIES & ACCESSIBILITY AT KUC JUNE 2026

In the coming months, the KUC Council will be discussing how to develop clear policies regarding nut/peanut and other food allergies, while also considering the needs of those with sensitivities to scents, candle smoke, and other odours.

Please email Jennifer at the KUC office if you would like to share your thoughts on these matters or leave a message and someone will contact you.

Thank you all as we continue discerning our commitment to inclusion and to making KUC accessible and welcoming to everyone.

KUC GOLF TOURNAMENT SOCIAL IS BACK JUNE 19, 2026, AT 9.00A.M.



The KUC Annual Golf Tournament is scheduled to be held at Amberwood Golf and Country Club on Friday, June 19, 2026.

Tee-off is at **9:00 a.m.** in the best ball/scramble format. The event includes **9 holes of golf.**

To register, please sign the sign-up sheet in the hall or contact **Richard Christie** at **613-728-5228.**

REPLANTING THE HEART GARDEN IN THE ALCOVE.

Please bring a hammer with you on Sunday, June 21. We will be replanting our Heart Garden in the Alcove and would appreciate your help. Thank you!

KUC SUMMER TRIP JULY 10 - 12

Fifty-five members of Kitchissippi United Church will be travelling to African Lion Safari and Niagara Falls from July 10–12.

We recognize that some people who wished to join us were unable to secure a spot. If this trip is successful, we will explore the possibility of offering a second trip in late September or early October. Thank you for your interest and understanding.

MEN BREAKFAST GROUP MEETING THURSDAYS, 09.30 A.M.



The Men's Breakfast Group kicked off the season with their first meeting at Remic Rapids on the banks of the Ottawa River

KUC CRAFT SALE SUNDAY, JUNE 28



On **Sunday June 28th** Ophelia and Howie (and Doris!) will be selling handmade crafts to fundraise for Ophelia's medical treatment.

Ophelia has Complex Regional Pain Syndrome, a rare neuropathic pain condition that causes severe pain, fatigue, and a host of other symptoms. This illness started when she was nine years old, and when she was 22 it led to her being admitted to hospice. With the support of her family, friends, and the KUC community, Ophelia was able to start receiving ketamine infusions and begin the long journey of recovery. Unfortunately, these life saving treatments cost on average \$350 a month and are not covered by OHIP. 100% of the proceeds raised at the craft sale will go towards covering these costs and supporting Ophelia's continued recovery.

If you would like to know more or donate you can visit this link: <https://www.gofundme.com/f/hope-for-ophelia>

The craft sale will include:

- Handmade greeting cards for all occasions featuring Ophelia's art.
- Hand sewn items made by Howie, including many LGBTQ+ pride themed items.

Ophelia will be **accepting cash and e-transfer.**

If you are unable to attend the sale but would still like to purchase greeting cards, please contact Ophelia at daisyprayers@gmail.com and she will get them to you at another time.



Card bundles:

The Year-Round Set - 12 greeting cards printed with hand carved stamps. \$45 for a set of 12 cards. 4"x6", blank inside and each comes with an envelope. Includes 4 Christmas cards, 1 Easter card, 1 Valentine's Day card, 4 birthday cards, 1 "Thank You!" card, and 1 multipurpose flower bouquet card.

The Christmas Set - 4 greeting cards printed with hand carved stamps. \$15 for a set of 4 cards. 4"x6", blank inside and each comes with an envelope. Includes 1 angel card, 1 Christmas tree card, 1 present card, and 1 candy cane card.

The Birthday Set - 4 greeting cards printed with hand carved stamps. \$15 for a set of 4 cards. 4"x6", blank inside and each comes with an envelope. Includes 2 cupcake cards, 1 balloon card, and 1 party hat card.

The Art Print Set - 10 greeting cards with high quality gloss prints of Ophelia's original artwork. \$35 for a set of 10 cards. 5"x7", blank inside and each comes with an envelope. This set features beautiful illustrations depicting uplifting nature scenes that are perfect for any occasion!

MUSICIANS FOR ODENAK PRESENTS YOUR LOVE IS AMAZING



MUSICIANS FOR ODENAK presents

Your Love is Amazing!

A Coffeehouse Benefit for
Multifaith Housing Initiative



Featuring
Lumina, Kitchissippi Choir
and God's Beloved



Sunday
June 28
at 1:00 PM



Kitchissippi United Church Hall
630 Island Park Drive, Ottawa



Pay What You Can



Tax receipts for
donations over \$25



Refreshments Available



All Are Welcome

AN AFTERNOON OF TEA AND TOGETHERNESS



Kitchissippi members enjoying afternoon tea at Julian of Norwich while supporting Carlington Connection. Thanks to Nora and Donna K and other dedicated colleagues for preparing a splendid tea and thanks to Reverend Karen McBride for hosting!

2 DAYS LEFT TO ACT AND PROOF THAT IT MATTERS!!!

We have just **two days left to flood the immigration levels consultation** to call for equal rights and dignity for migrants and to oppose mass exclusions and deportation. Do it now!

Consultations change things when we show up

The federal government has been running consultations on sweeping environmental changes. First Nations called it unacceptable. Environmental groups mobilized. And thousands of people logged on and gave their input.

This week, the government backed down and extended the timeline. The bill has been delayed to the fall.

We can and must do the same on immigration. If you and thousands of us share our opinion on the government's website - we can have an impact.

What is at stake

This consultation is about how many people get permanent residency, how many stay temporary, and for how long.

It determines who gets exploited and how, and who gets deported.

Thousands of people are being pushed out of Canada every day. The Home Care Worker Pilots are closed until 2030. The Agri-Food Pilot has been closed since May 2025. Bill C-12 - now law - retroactively blocks people who have been here over a year from claiming refugee protection. Canada deported 22,500 people in 2025 - the highest annual total in history.

Right now, is your moment to speak up against these bad policies and ensure that future ones are better.

Here's exactly what to do

We built a full guide that you can access by clicking here: <https://migrantrights.ca/levels2026/>

The consultation has some demographic questions and six open-ended questions. Our guide gives you template answers for each one - grounded in facts, covering the key arguments. Use our templates to write your own responses.

Submitting takes less than 10 minutes. Writing just a few words is enough. You don't have to be detailed; you just have to participate.

Once you submit

Make sure to let us know: <https://actionnetwork.org/forms/immigrationlevels2026/>

So we can keep track and be in touch to let you know the results of the government's decisions.

And don't just do it on your own - ask your friends, family, and co-workers. Share the link on social media and text everyone you know: <https://migrantrights.ca/levels2026/>

The deadline is Sunday. Let's do this.

In Solidarity,

Migrant Rights Network

PS: Let's be clear - the Carney government has signaled its direction. Tens of thousands speaking up will make a difference, and we will also keep organizing in our communities. Get ready for mass mobilizations across the country on September 20: <https://migrantrights.ca/events/sep20/>

CELEBRATING OUR GRADUATES – MARION REID

If you are aware of anyone in our congregation who is graduating from high school, college, university, or another post-secondary program, kindly reach out to Marion Reid.

Marion has a beautiful tradition of sending handwritten graduation cards to celebrate and encourage our graduates as they step into a new chapter of life. She would love your help in making sure every graduate is remembered and warmly celebrated, so that no one is missed.

Marion Reid – 613 722 0274

TRASNSGENDER RIGHTS IN OTTAWA

Tara Sypniewski was a founding member of Gender Mosaic and now runs Wellington West's Ottawa Trans Library.

We encourage God's Beloved and other Circles/groups at KUC to learn more about Tara and the Ottawa Trans Library, a valued Ottawa-based advocate for human rights through the link below.

<https://kitchissippi.com/a-history-of-advancing-transgender-rights-in-ottawa/>

YOU CAN LEARN TO SWIM AS AN ADULT: NEVER TOO LATE – DELANEY SMITH

It's Never Too Late to Learn! Have you ever thought about learning to swim? It's never too late to start! Many adults didn't have the chance to learn earlier in life, but with the right support, confidence can grow at any age.

Swimming is not only a valuable life skill—it also builds confidence, improves fitness, and promotes safety in and around water.

Whether you are starting from scratch or looking to improve, take the step you can do it! This article by Delaney Smith will serve as a guide. Kindly see the link below:

<https://www.ottawaparentingtimes.ca/you-can-learn-to-swim-as-an-adult-never-too-late/>

UPCOMING INTERCULTURAL WORKSHOP

Grow in faith, deepen your understanding, and connect with others in our community by attending this upcoming workshop. This session offers a meaningful opportunity for learning, reflection, and spiritual growth.

We warmly encourage all members to participate.

Kindly register here: <https://churchx.ca/local/shop/product.php?id=373>

Come and be inspired, we look forward to seeing you there!

KEEP LEARNING: EXPLORE OUR BOOKSHELF

Although Black History Month has ended, we continue to honor the achievements of leaders, pioneers, and trailblazers who inspire us every day. To keep the learning going, our church library is offering a selection of books for members to explore.

There are different books available on the bookshelf in the sanctuary, covering a variety of topics and stories. Members are encouraged to pick a book to read and return it within two weeks so others can enjoy it as well. Let's keep celebrating, learning, and sharing the stories that shape our community! Let's keep celebrating, learning, and sharing the stories that shape our community!

SCENT FREE SPACE



We have recently found out that one of our new members has severe asthma and can not tolerate strong scents and perfumes. Please refrain from using this product when attending church services and events. Thank you.

WIDER CHURCH

CGIT Camp Kalalla has a mission to develop leadership in girls and young women. You can support our work right now in these ways...

Lend a hand at any point during our **Camp Spring Opening Work Party, June 13 & 14** Lunch included. Please RSVP to mlcleary@rogers.com by June 10.

Please **share the information** if you know a **camper or LIT** who might be interested in:
- our classic camp programme, July 19-26. (Visit www.kalalla.com for more details)
- our LIT programme, July 18-26. (Visit <http://kalalla.com/leader-in-training/>)

We are also always happy to receive applications to join our wonderful **staff** team. Visit <http://kalalla.com/camp-kalalla-jobs/>

With thanks, your CGIT Camp Kalalla team

PUZZLES & GAMES GLEBE-ST JAMES UNITED CHURCH



Glebe-St. James United Church
650 Lyon St. S.,
Ottawa, ON K1S 3Z7
613-236-0617, x 221

www.glebestjames.ca

Join us for our upcoming Puzzle Sale featuring a wonderful selection of puzzles for all ages and skill levels. Whether you enjoy scenic landscapes, mystery puzzles, or family favourites, there will be something for everyone.

Come browse, shop, and take home a new challenge while supporting our community. Stay tuned for the date and time!

Date: June 13th, 2026

Time: 2:00 pm - 4:00 pm

Venue: Glebe-St. James United Church

650 Lyon St.S., Ottawa

KUC Summer Camp '26

Sat, July 11, 9-3
FREE!!!

- Outdoor Themed
- Campers must be in K-6
- Lunch + Snacks Included
- Fun Games
- Bible Stories



Please reach out to Joshua Riddoch (youth@kuc.ca) by June 21 to express interest & access the registration form

Kanata United Church is proud to be hosting a FREE 1 day summer camp **on Saturday, July 11th for those in K-Grade 6.**

The camp is outdoor themed and includes 1 meal and 2 snacks. Please reach out to our Director of Children, Youth and Families, Joshua (youth@kuc.ca), if you are interested in helping out or registering your children/grandchildren by June 21st.

KITCHISSIPPI UNITED STAFF

Kitchissippi United Church

630 Island Park Drive

Ottawa, ON K1Y 0B7

PHONE: 613-722-7254

www.kitchissippiuc.com

Office hours

10am-2pm Monday- Friday

Please call ahead if you are dropping by!

Rev. Jenni Leslie

Minister

jleslie@kitchissippiuc.com

Diana Brushey

(ON LEAVE)

Faith Formation Leader

diana.brushey@kitchissippiuc.com

Daniel Addai Fobi

Interim Faith Formation Leader

danieladdai@kitchissippiuc.com

Jennifer Shahid

Administrator

admin@kitchissippiuc.com

Office Phone: 613-722-7254

Gavan Quinn

Music Director

gavanquinn@gmail.com

Jerzy Spsychalski

Custodian