



SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIIaRmr2teVA>

FROM REV JENNI'S DESK



Good day folks,

I am currently on a bit of a study leave - taking courses this week and next online by Conrad Grebel University. (The first is Understanding Conflict Advanced and next week is Nurturing Communities of Belonging.) This week's course lasted only two days, instead of 4, as the instructor fell ill. It meant I was able to join the Lenten study by zoom after all, which was lovely. We are partnering with a church in Pelham, New Hampshire, where our friend Rev Carlos is the minister. It is an interesting discussion. All are welcome!

This Sunday, stay for lunch as we wrap up Black History Month. After lunch Mego Nerses will be leading a workshop helping folks work through pain and trauma - both this Sunday and next Sunday for 50 members of God's Beloved. It will be a sacred time.

Next Sunday, March 8th, Rev Daniel, Jennifer and I will lead a Healing service as there is so much pain that we carry. Lent seemed like such an important time to seek this healing.

March 15th is PIE Sunday - led by the Affirm team and others! PIE stands for Public, Intentional and Explicit about being Affirming - how are we these 3 things as a church and what has the impact been? There will be pie to eat as well!

March 22nd - the Rev Adele Halliday will be our guest preacher. She will be joined by Emo Yango, one of the Growth leaders at General council. We will be learning more about how we are already and what we need to do to live more fully into being an Intercultural church. There will be lunch and a session from 1-4pm on the Sunday with them and a full day session the next day, Monday March 23. There is room for all, so please stay and learn more so that we can be leaders in Intercultural church! (They are designing this for us, and it is a pilot project - we will shape it, learn and others will benefit!)

I hope you've had a wonderful week and blessings on your weekend,
Jenni

KUC WEBSITE
WWW.KITCHISSIPPIUC.COM

KITCHISSIPPI UNITED CHURCH FEATURED IN THE UNITED CHURCH OF CANADA WEBSITE

We are delighted to share that **Kitchissippi United Church** was recently featured on the national website of **The United Church of Canada** following our special Membership Sunday celebration. The article highlights the joyful service in which 105 new members were welcomed into the life and ministry of our congregation — a meaningful milestone reflecting growth, community, and faith in action.

You can read the full story here: Kitchissippi United Church Welcomes 105 New United Church Members at Special Service – The United Church of Canada

<https://united-church.ca/news/kitchissippi-united-welcomes-105-new-united-church-members-special-service>

KITCHISSIPPI IN THE NEWS

In a recent article by **Delaney Smith for the *Algonquin Times***, the experience of **Kitchissippi United Church** and **God's Beloved** is highlighted as a powerful testament to how compassion, faith, and intentional inclusion can change lives. The article highlights how God's Beloved continues to provide a welcoming and affirming community for newcomers seeking belonging.

<https://algonquintimes.com/how-this-refugee-group-at-kitchissippi-united-church-is-helping-people-find-an-accepting-community/>

UCW

"UCW - **Wednesday, March 4 at 1:00 pm** in the Hall. Please join us as we welcome Daron Faulkner from the Ottawa Mission, who will speak on homelessness and what we as a broader community can do about it. She will also speak about the various programs offered by the Ottawa Mission, such as the community food truck and employment programs. Everyone is welcome. "

JOIN THE NEW HOSPITALITY CIRCLE – THIS SUNDAY AT 11:30 AM!

We are excited to launch the **Hospitality Circle** at Kitchissippi United Church! Our first meeting will be **Sunday March 1, 2026, at 11:30 AM in the Sanctuary**, and we will be finished by 12:30, leaving plenty of time to enjoy lunch and attend the 1:00 PM workshop.

Positions in the Hospitality Circle are **voluntary**, and experience can be listed on resumes as Canadian experience. This circle will be of interest to three groups of people:

1. **Event & Meal Helpers** – If you enjoy planning, preparing, and coordinating church social events and meals, this is for you.
2. **Sunday Morning Greeters** – Assist new people in getting settled, finding washrooms, making name tags, and contributing to the offering plate. A roster of four greeters per Sunday will be created, with training provided.
3. **Closing Team Members** – Help tidy pews, collect forgotten items, turn off lights at the main panel, and secure the building after service. These responsibilities require serious-minded volunteers due to access to the Church’s master keys and security system. We are looking for 4–5 people to fill a monthly roster, with training provided.

Warmly welcoming God’s people to our home at Kitchissippi United Church requires a team effort. Come this Sunday at 11:30 to discern your role and make a commitment to your congregation.
Questions? Please speak to Denise.

FOOD INSECURITY IN OTTAWA – JULIANNE LABRECHE

FOOD FOR LIFE
 ADDRESSING THE FOOD INSECURITY GAP IN OTTAWA

Over 1 in 4 households in Ottawa are experiencing food insecurity
2025 Ottawa Hunger Report, Ottawa Food Bank

The Ottawa Horticultural Society invites you to join us for this in-person panel discussion with community leaders and experts who are actively working to address food insecurity in our community.

Tuesday, March 24, 2026, 7:30 pm
 St. Mark’s Anglican Church
 1606 Fisher Ave., Ottawa
 Open to all, free admission

Panelists

- Peter Tilley**
CEO Ottawa Mission
- Nelson Coyle**
Healthful Food Working Group
- Carla De Ciccio**
Director of Marketing, Growcer
- Tom Robson**
Ottawa Food Bank Community Harvest Farm Coordinator
- Cecilia Lee**
OHS Community Impact Program

MORE DETAILS AT OTTAWAHORT.ORG

Our church member, **Julianne Labreche**, will be serving as a **moderator** at an upcoming panel discussion on food insecurity in the Ottawa area.

This important conversation will bring together community voices and perspectives to explore current challenges, local realities, and pathways toward solutions.

Date: Tuesday, March 24, 2026, 07:30 pm

Please see the attached poster for full event details and registration information. We encourage you to share this invitation widely within your networks.

THINGS WE TELL OURSELVES - A WORKSHOP SERIES FOR CONGREGATIONAL LEADERS

Things We Tell Ourselves

Looking at modern-day myths about our church;
Breaking out of our patterns to live into new possibilities

Wednesdays from March 11th to May 2026
(except April 1st break for Holy Week)

7-9 p.m. ET



A series of workshops to help congregational leaders eager to try new things, gain new perspectives and connect with one another.

For over 100 years, The United Church has developed faithful patterns and ways of doing ministry. Many of us continue to serve in ways shaped by generations before us — yet today's reality is changing. While we often feel called to try new things, knowing where to begin can be challenging. Sometimes the stories we tell ourselves about church no longer fully reflect who we are or who we are becoming. It's time to name these realities, have honest conversations, and explore new possibilities together.

This ten-week series of learning sessions and workshops offers a space for honest conversation, fresh thinking, and shared discovery. Participants will explore new opportunities for ministry, engage with innovative ideas, and connect

with other lay leaders who are courageously reimagining the church of the future. While this program is organized by the Nakonha:ka, East Central Ontario and Eastern Ontario Outaouais Regional Councils, it is open to United Church members and adherents from other parts of Canada.

Registration link: <https://churchx.ca/local/shop/product.php?id=372>

CHURCH HEATING ADJUSTMENTS

Last Friday on February 13, we had an annual inspection and cleaning of the boilers for the two furnaces in the church basement. In cold weather our building is heated by hot water fed through pipes in the floor (for the sanctuary) or through radiators installed against outside walls usually under windows for the rest of the building. The hot water is heated and circulated by the two furnaces.

An outside contractor needs to inspect, clean and tune the furnaces once every year. This is especially important for the Montessori School and the 90 children who attend school most weekdays. Somehow the thermostat for the sanctuary was set a bit too high last Sunday when it was relatively warm outside. That was not likely a fault of the contractor, but more likely due to someone in the church who set it up a week or more ago when it was extremely cold outside.

We arranged to have the contractor fix two radiators that were not working properly in the chapel. They did similar tuning to radiators in the lounge below. There should be improvement with increased heat on cold days for both rooms. The lounge still has a problem with one window that leaks in too much cold air. This will be addressed once we can gain access from the outside.

Scott MacCrimmon
Property, Chairperson

BLACK HISTORY MONTH SERIES

During Black History Month at Kitchissippi United Church, everyone is warmly invited to explore a special lending library in the sanctuary.

A selection of books will be available to borrow, including works by authors from the African diaspora, stories highlighting the history of Black Canadians, and biographies of influential leaders and changemakers.

The books will be in the sanctuary throughout February and are expected to remain available through the season of Lent. We kindly ask that all borrowed books be returned on time so others may also enjoy them.

If you have books you would like to donate to this lending library, or suggestions for titles to include, please feel free to leave a message or drop off your donated books with **Jennifer at the Kitchissippi United Church office**. We invite you to read, reflect, and share in this meaningful celebration together.

Celebrate Black History Month with these must-read books on Black history, identity, and anti-racism.

<https://ucrdstore.ca/collections/anti-racism>

SCENT FREE SPACE



We have recently found out that one of our new members has severe asthma and can not tolerate strong scents and perfumes. Please refrain from using this product when attending church services and events. Thank you!

KITCHISSIPPI UNITED STAFF

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