



**SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM**

**[WWW.KITCHISSIPPIUC.COM](http://WWW.KITCHISSIPPIUC.COM)**

**HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS**

**<https://www.youtube.com/channel/UCwATU1rozB1PIIaRmr2teVA>**

### FROM REV JENNI'S DESK



Hello there,

I hope this finds you well as we enter the season of Lent.

My thanks to the shoppers, the chefs, the servers and the clean up crew for our pancake dinner before the Ash Wednesday service!

What a celebration last Sunday!! We welcomed 105 new members and were blessed with the Moderators, the Right Rev Kimberly Heath!

Please see the photos attached!

This Sunday is Ghana Sunday! We will learn more about Ghanaian culture. We will also share Communion, and it is the first Sunday of Lent. Our study guide and our worship liturgy is called ***Tell Me Something Good: grounding ourselves in the good news this Lent***. We had a very good first meeting with our co-studiers in Pelham, NH at the First Congregational Church (United Church of Christ). We met on zoom and will continue to do so for the next two weeks. (In three Thursdays, we will meet again in the Boardroom and meet with them on zoom.)

Mego Nerses, Daniel and I have been working on some sessions for God's Beloved folks around healing trauma. The first two sessions will be on March 1st and 8th, after church. The maximum capacity will be 50 people, but there will be two of them, so will help 100 people total. More information to come next week.

March 8th, Rev Daniel and I are planning to hold a Healing Service during our regular Sunday morning service.

Please mark your calendars our Intercultural Church sessions with Rev Adele Halliday and Emo Yango from General Council offices:

Sunday March 22nd: Rev Adele will preach on Sunday morning, we will have lunch together and then stay for the first Intercultural church learning session until 4pm  
Monday March 23rd: all day Intercultural Church learning session - 9:30-4ish  
All are very welcome to attend!

For the next two weeks, I'm going to be on courses Tuesday through Friday both weeks. I'm working on a Certificate in Conflict Management and Congregational Leadership at Conrad Grebel and am looking forward to these courses: Understanding Conflict - Advanced and Nurturing Communities of Belonging. (They are in the mornings on zoom. If I don't get back to you right away in the morning, that is why.)

I hope you have a wonderful weekend!  
Blessings,  
Jenni



**Keith Ellison** ✓  
@keithellison

In 2026, Ramadan begins as Mardi Gras turns to Ash Wednesday and Lent. Lunar New Year also ushers in a new season of hope and renewal.

Different traditions. Same call: reflect, fast, celebrate, renew, care for one another.

At a time of fear and division, this season reminds us that joy, sacrifice, and compassion can meet at the same crossroads.

6:51 PM · 2/17/26 ·

KITCHISSIPPI UNITED CHURCH FEATURED IN THE UNITED CHURCH OF CANADA WEBSITE

We are delighted to share that **Kitchissippi United Church** was recently featured on the national website of **The United Church of Canada** following our special Membership Sunday celebration. The article highlights the joyful service in which 105 new members were welcomed into the life and ministry of our congregation — a meaningful milestone reflecting growth, community, and faith in action.

You can read the full story here: Kitchissippi United Church Welcomes 105 New United Church Members at Special Service – The United Church of Canada

<https://united-church.ca/news/kitchissippi-united-welcomes-105-new-united-church-members-special-service>

GHANA SUNDAY



Ghana holds a special place in **Black history** as the **first sub-Saharan African country to gain independence in 1957**, inspiring movements for freedom and self-determination across Africa and the global Black diaspora.

As we celebrate Ghana Sunday, we also celebrate the contributions, leadership, creativity, and spiritual strength of Black communities whose stories enrich our church and society.

Today, we celebrate not only history but also culture — hearing welcoming words like **“Akwaaba”** (welcome), sharing expressions such as **“Medaase”** (thank you), and embracing the spirit of **“Ubuntu”**-like togetherness reflected in Ghanaian community life.

This day encourages us to learn, appreciate diversity, and reaffirm our shared commitment to justice, unity, and inclusion — values that stand at the heart of both Black History Month and our faith community.

**PHOTOS FROM LAST SUNDAY'S MEMBERSHIP SERVICE WITH THE RIGHT REV. KIMBERLY.**





## KITCHISSIPPI IN THE NEWS

In a recent article by **Delaney Smith for the *Algonquin Times***, the experience of **Kitchissippi United Church** and **God's Beloved** is highlighted as a powerful testament to how compassion, faith, and intentional inclusion can change lives. The article highlights how God's Beloved continues to provide a welcoming and affirming community for newcomers seeking belonging.

<https://algonquintimes.com/how-this-refugee-group-at-kitchissippi-united-church-is-helping-people-find-an-accepting-community/>

## ASH WENESDAY & ANNUAL PANCAKE SUPPER



On behalf of **Kitchissippi United Church**, we would like to sincerely thank everyone who contributed to the success of our pancake supper.

We are deeply grateful to those who prepared the pancakes, sausages, compote, and blueberries; those who helped with setup; those who cooked and served; and everyone who washed dishes and stayed behind to clean up. Your time, effort, and willingness to serve made the evening welcoming, joyful, and meaningful for our community. Your kindness, teamwork, and generosity truly reflect the spirit of fellowship and service that strengthens our church family.

Thank you for giving so generously of yourselves — your contributions are sincerely appreciated and did not go unnoticed.

**Laurie Joe**

## THINGS WE TELL OURSELVES - A WORKSHOP SERIES FOR CONGREGATIONAL LEADERS

# Things We Tell Ourselves

Looking at modern-day myths about our church;  
Breaking out of our patterns to live into new possibilities

Wednesdays from March 11th to May 2026  
(except April 1st break for Holy Week)

7-9 p.m. ET

A series of workshops to help congregational leaders eager to try new things, gain new perspectives and connect with one another.



For over 100 years, The United Church has developed faithful patterns and ways of doing ministry. Many of us continue to serve in ways shaped by generations before us — yet today's reality is changing. While we often feel called to try new things, knowing where to begin can be challenging. Sometimes the stories we tell ourselves about church no longer fully reflect who we are or who we are becoming. It's time to name these realities, have honest conversations, and explore new possibilities together.

**This ten-week series of learning sessions and workshops** offers a space for honest conversation, fresh thinking, and shared discovery. Participants will explore new opportunities for ministry,

engage with innovative ideas, and connect with other lay leaders who are courageously reimagining the church of the future. While this program is organized by the Nakonha:ka, East Central Ontario and Eastern Ontario Outaouais Regional Councils, it is open to United Church members and adherents from other parts of Canada.

Registration link: <https://churchx.ca/local/shop/product.php?id=372>

## CHURCH HEATING ADJUSTMENTS

Last Friday on February 13, we had an annual inspection and cleaning of the boilers for the two furnaces in the church basement. In cold weather our building is heated by hot water fed through pipes in the floor (for the sanctuary) or through radiators installed against outside walls usually under windows for the rest of the building. The hot water is heated and circulated by the two furnaces.

An outside contractor needs to inspect, clean and tune the furnaces once every year. This is especially important for the Montessori School and the 90 children who attend school most weekdays. Somehow the thermostat for the sanctuary was set a bit too high last Sunday when it was relatively warm outside. That was not likely a fault of the contractor, but more likely due to someone in the church who set it up a week or more ago when it was extremely cold outside.

We arranged to have the contractor fix two radiators that were not working properly in the chapel. They did similar tuning to radiators in the lounge below. There should be improvement with increased heat on cold days for both rooms. The lounge still has a problem with one window that leaks in too much cold air. This will be addressed once we can gain access from the outside.

**Scott MacCrimmon**  
Property, Chairperson

### BLACK HISTORY MONTH SERIES

**During Black History Month at Kitchissippi United Church, everyone is warmly invited to explore a special lending library in the sanctuary.**

A selection of books will be available to borrow, including works by authors from the African diaspora, stories highlighting the history of Black Canadians, and biographies of influential leaders and changemakers.

The books will be in the sanctuary throughout February and are expected to remain available through the season of Lent. We kindly ask that all borrowed books be returned on time so others may also enjoy them.

If you have books you would like to donate to this lending library, or suggestions for titles to include, please feel free to leave a message or drop off your donated books with **Jennifer at the Kitchissippi United Church office**. We invite you to read, reflect, and share in this meaningful celebration together.

Celebrate Black History Month with these must-read books on Black history, identity, and anti-racism.

<https://ucrdstore.ca/collections/anti-racism>

### REQUEST FOR WINTER COATS

If you have **warm winter coats** in good condition, many of God's Beloved would be grateful!

- Where to donate: Please place coats on the newly donated rack in the hall.
- Spread the word: Feel free to email or tell your friends about this opportunity.
- Need help or questions: Kindly contact **Judy Mills** she's noticed that her usual sources for winter wear are running low.

Thank you for helping keep our community warm this winter!

## SCENT FREE SPACE



We have recently found out that one of our new members has severe asthma and can not tolerate strong scents and perfumes. Please refrain from using this product when attending church services and events. Thank you!

## KITCHISSIPPI UNITED STAFF

### **Kitchissippi United Church**

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### **Office hours**

10am-2pm Monday- Friday

Please call ahead if you are dropping by!

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**(ON LEAVE)**

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