



SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>



Good September day to you!

The rush of teachers, administrators, children and youth going back to school this week (and last week) has ended and I hope they've all experienced joy in seeing new and old friends, and look forward to a very good year! Those of us who are out of that rush, I wish the same!

It has been a restful, beautiful summer for me and I'm excited about the year ahead and I hope the same for all of you!

First, this **Sunday, September 10th is WELCOME BACK SUNDAY!** We will have a WELCOME BACK worship service, WELCOME BACK coffee and tea in fellowship time and WELCOME BACK muffins! There will also be WELCOME BACK yard games (set up in the hall or out in the alcove garden)! (If you are able to bring WELCOME BACK muffins, wonderful! We will make a large muffin donation to Carlington Community Chaplaincy at the end of the coffee time. We will have MUFFIN SUNDAYS once per month, where we will both enjoy muffins and donate a whole lot as well. The next one is World Food Sunday, October 15th.) Please do say **WELCOME BACK** as much as possible on Sunday??

Next Sunday, **SUNDAY SEPTEMBER 17TH**, we will begin our conversations about **COURAGEOUS COMMUNITIES**. The Rev. Dr. Michael Blair (General Secretary for the United Church) spoke about the SIX practices of Courageous Communities at the AGM for Eastern Ontario Outaouais Regional Council in May and they are important and valuable. This will be the first of three sessions we are calling Lunch and Learns in the hall after the worship service. There will be lunch provided and we encourage you to stay for about an hour for learning and conversation. The next date is also World Food Sunday, October 15th.

The Moderator, The Rev. Dr. Carmen Lansdowne is in her second year as Moderator and has been doing a lot of planning. "Harvard University is talking about it. The Vatican is talking about it. UNESCO, Delta Airlines and MetLife are talking about it. And we want Canada to talk about it, too: Flourishing.

To flourish, we need a strong social fabric. We need to be rooted in a sense of place, a sense of belonging. We need structures that work for everyone, a strong local economy, and a community."

To this end, there are several projects to help us flourish. One project is a UCC-wide book club planned for once a month, called The Mod Squad, and the first book is The Marrow Thieves on Thursday September 21st in the evening. You will see the sign up for that in this link: <https://united-church.ca/community-and->

[faith/organization-and-governance/moderator/right-rev-dr-carmen-lansdowne-44th-moderator/flourishing-project?mibextid=Zxz2cZ](https://www.faith/organization-and-governance/moderator/right-rev-dr-carmen-lansdowne-44th-moderator/flourishing-project?mibextid=Zxz2cZ)

The Moderator is also a specialist in leadership and has developed a Leadership course for United Church clergy called (Re)Generate The Moderator's Leadership Program. I have applied to learn with her and hope to hear back in the affirmative by mid-October. (She is only taking 50 leaders!)

Our word for the Fall and Creation time is **Meaning** and according to the Brussat's (Spiritual Literacy book) is "Constantly try to discover the significance of your experiences. Seek further understandings from sacred texts and spiritual teachers." We will look at how we make meaning of many things, to name a few: situations, life lessons, and sacred texts. How do you make meaning of the everyday? How do you make sense of the past? Present? Future?

Blessings, all, and I look forward to seeing you at our **WELCOME BACK** service on Sunday!
Jenni

OUTREACH

The Carlington Community Chaplaincy has an ongoing need for muffins, the main snack, along with fruit, in the Drop In. Thanks to those who already did. We are trying to build a team of bakers, the more the merrier!

Beginning September 10 KUC is going to undertake a monthly MUFFIN MISSION for Carlington Chaplaincy's breakfast **Sunday, September 10** - 'Welcome Back Sunday' will be the first of our new monthly Muffin Mission. We will share some of the muffins amongst the congregation with coffee and tea during hospitality time, with the bulk of the baking going to the Chaplaincy program.

The Fall the dates are September 10, October 15, November 12 and December 10. There is a demand for **8 dozen muffins** 5 days a week. A chest freezer is available so multi-batch contributions are welcome.



UPCOMING EVENTS IN SEPTEMBER – SAVE THE DATES!

Saturday, September 16 - Kitchissippi UC is hosting (EOORC) <https://eoorc.ca/> Eastern Ontario Outaouais Regional Council (formerly the Ottawa Presbytery) a Strategic Planning Day. It will be an all-day event for church leaders both clergy and lay people. Lunch is being brought in, but we could use a couple of volunteers to help with refreshments and cleanup. If you can help please contact Denise Bonomo.

Sunday, September 17 - Plan to join us for a brown bag **Lunch and Learn**. Following our regular worship service Jenni and Denise will facilitate small group discussions on the topic of Courageous Communities. See details below.

Fall Lunch and Learns following our regular Sunday Worship
Reflections and Discussions based on Dr. Michael Blair's
Six practices of Courageous Communities

PLEASE JOIN US

Topic	Date
Prayer and Hospitality	Sept. 17 11:15 to 1:15 Incl. lunch
Imagination and Extravagance	Oct. 15 11:15 to 1:15 incl. lunch
Risk taking and Igniting Leadership	Nov. 26 11:15 to 1:15 incl. lunch

KUC Fall RUMMAGE SALE

Coming in October, right after Thanksgiving. As in the spring, there will be a BAKE SALE too (baking and preserves)! The sale will be **Friday evening, October 13** and **Saturday morning, October 14**, the usual

format of setting up on Wednesday evening and sorting on Thursday and Friday,

then cleaning up after 12 on Saturday. We need lots of

volunteers to cover all the tasks and times. Please watch for volunteer sign up sheets in the hall soon. This is an important fundraising effort for Kitchissippi and is an enjoyable way to contribute to your church with friends.



Please, No clothing or shoes, donate them instead to charity shops (St Vincent, Salvation Army, etc).

Please email kgracequist@kitchissippiuc.com or phone the office at 613-722-7254 to arrange a time to drop off donations.

WE ARE HERE FOR YOU - PLEASE REACH OUT

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