



Kitchissippi
UNITED CHURCH



SEPTEMBER 2023
Season of Creation - Covenanting

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>



Hello and Happy Friday!

I hope this finds you well and enjoying the sunshine!

Fall is always a busy time and this one is no different! Tomorrow, there is a Strategic Plan meeting for Eastern Ontario Outaouais Regional Council (of which we are a part) and on Sunday, Kitchissippi will meet after church and discuss part of the strategic plan that has to do with Courageous Communities. Lunch will be provided and please know that young children will be cared for by two Kitchissippi youth. The meeting will wrap up around 1pm. All are welcome! Here is the link to the Strategic Plan: https://united-church.ca/sites/default/files/2022-12/strategic-plan-final_nov-2022.pdf

Fall also brings new ideas and new programs and Kitchissippi has been asked to consider hosting a 'Rainbow Hub West', which you might remember is an idea that Mary had many months ago. Stay tuned for more details. (Rainbow Youth Hub is an initiative to support LGBTQ2+ youth ages 12-18, launched by Emmanuel United.)

In my sermon this week, I've referenced a United Church Minister, the Rev. Dr. Clifford Elliot. What a wonderful man he was. Thought I'd share this article about his life: <https://touchstonecanada.ca/wp-content/uploads/2013/08/Sept-2009-profile6.pdf>

Blessings for a wonderful weekend!

Jenni

FAITH FORMATION

Looking for help in the Nursery

We have a growing nursery and need additional help. If you would be willing to help out in the nursery, maybe once every 6 weeks or with a schedule that suits your availability, please let Mary Laidlaw (laidlawb@rogers.com) know. It really is a rewarding hour watching young people explore and learn.

GODLY PLAY - THIS Sunday, we re-open the chapel for sacred storytimes using a Godly Play type format. Godly Play is a storytelling method that introduces sacred stories in a way that allows young listeners to find their favourite parts and make it meaningful to them. There are



GODLY PLAY

beautiful materials that we move to show the stories of the Old and New Testament, and then a creative time when they can respond with art, journaling, or other play - without us scripting *how* they should do so. I will also be introducing some additional sensory materials alongside this storytelling.

We'll aim to do this once or twice a month; we know some of our kindergarteners (mine included) still **love** the nursery and gym so they will still have opportunities to head down to nursery while the older kids and youth can work on bigger projects.

We need congregational help to rebuild the leadership team. We all want to see children returning -- so we need folks to help lead programming for them! **We seek 3-4 assistants to take turns on Sundays.** One way to help is a "door person" role, welcoming children, helping with materials, and sitting with us in a circle supporting the listening time. And some Sundays we need leaders. Not much preparation will be required: the curriculum is planned out, and materials and ideas are all already done! Adults, teens, pre-teens -- all welcome! (For youth, compensation may be possible; we could give high school volunteer hours, too).

Thank you!
Diana Brushey

UPCOMING WORSHIP SERVICES AND SOCIAL EVENTS

SEPTEMBER

Sunday, September 17 – Covenanting - Lunch and Learn after the service in the hall - lunch will be provided. Daycare will also be provided. All welcome.

Sunday, September 24 – **Orange Shirt** Sunday

OCTOBER

Sunday, October 1 – World Wide Communion Sunday - Kitchissippi's 15th Anniversary (Food Bank Sunday)

Wednesday, October 4 – UCW in the Hall at 1PM

Sunday, October 8 – Thanksgiving Sunday

Friday, October 13 – KUC Rummage Sale (7pm-9pm)

Saturday, October 14 – KUC Rummage Sale (9am-noon)

Sunday, October 15 – World Food Sunday - Lunch and Learn after the service in the hall (lunch will be provided. Daycare will also be provided. All welcome. Muffin Sunday.

Sunday, October 22 – Peace Sunday

Sunday, October 29 – Reformation Sunday

OUTREACH



The Carlington Community Chaplaincy has an ongoing need for muffins, the main snack, along with fruit, in the Drop In. Thanks to those who already did. We are trying to build a team of bakers, the more the merrier! **Muffin Mission.** We will share some of the muffins amongst the congregation with coffee and tea during hospitality time, with the bulk of the baking going to the Chaplaincy program.

MUFFIN MAKING - The Fall dates are **September 17, October 15, November 12 and December 10**. There is a demand for **8 dozen muffins** 5 days a week. A chest freezer is available so multi-batch contributions are welcome.

UPCOMING EVENTS IN SEPTEMBER – SAVE THE DATES!

Fall Lunch and Learns following our regular Sunday Worship
Reflections and Discussions based on Dr. Michael Blair’s - Six practices of Courageous **Communities**

PLEASE JOIN US

Topic	Date
Prayer and Hospitality	Sept. 17 11:15 to 1:15 Incl. lunch
Imagination and Extravagance	Oct. 15 11:15 to 1:15 incl. lunch
Risk taking and Igniting Leadership	Nov. 26 11:15 to 1:15 incl. lunch

KUC Fall RUMMAGE SALE

Coming in October, right after Thanksgiving. As in the spring, there will be a **BAKE SALE** too (baking and preserves)! The sale will be **Friday evening, October 13** and **Saturday morning, October 14**, the usual format of setting up on Wednesday evening and sorting on Thursday and Friday, then cleaning up after 12 on Saturday. We need lots of volunteers to cover all the tasks and times. Please watch for volunteer sign up sheets in the hall soon. This is an important fundraising effort for Kitchissippi and is an enjoyable way to contribute to your church with friends.



Please, No clothing or shoes, donate them instead to charity shops (St Vincent, Salvation Army, etc). Please email kgracequist@kitchissippiuc.com or phone the office at 613-722-7254 to arrange a time to drop off donations.

COUNCIL – MASKING RECOMMENDATIONS FOR THIS FALL

As we move into fall, COVID-19 is on the rise again and increases in influenza and RSV (Respiratory Syncytial Virus) are predicted. The number of patients across Canada hospitalized with COVID-19 has increased significantly since early August and the COVID signal in Ottawa’s wastewater is about 5 times the level it was in late July. The Omicron sub-variants currently circulating in Canada are highly contagious. A new post-Omicron COVID-19 variant was documented in Denmark at the end of August. It has already been identified in several countries around the globe, including Canada. It is too early to tell if this will become a Variant of Concern.

The new Moderna COVID-19 vaccine, which targets the current principal Omicron sub-variant, has been approved by Health Canada and should be available by early October. We encourage everyone who is eligible to get this vaccine once it’s released. Canadians over age 60 are eligible to have already received 6 shots and those under 60, 5 shots. You can receive the new vaccine approximately 6 months after your most recent COVID shot or infection.

We strongly recommend that you wear KN-95 masks inside KUC and avoid coming to church if you have

symptoms of COVID or have recently been exposed to someone who has tested positive for COVID. Masks will be available in the Narthex. Masks are now required in all clinical areas and waiting rooms of The Ottawa Hospital and Queensway Carleton Hospital.

At this time, the choir will continue to sing without masks if they wish. There are air purifiers in the choir area and the choir is at some distance from the congregation.

WIDER CHURCH



New!



Singing a New Song: *Then Let Us Sing!* Sampler Information Session

Tuesday, September 19 (English) or September 26 (Français) at 7:00 p.m. ET.

The Sampler for Then Let Us Sing! has arrived! We are extremely proud of this set of 25 hymns and songs. The contents are exciting, fresh, and new.

- Are you wondering how to use the Sampler?
- Would you like to explore some of the new music?
- Are you curious about how these pieces are intended to be sung?
- Would you like ideas for teaching the songs to your congregation?
- Are you wondering about the background behind the songs, and why it's important for us to sing them in the United Church?
- Would you like us to clarify your responsibilities in evaluating the pieces?

Join us as we walk through the Sampler and think about how to learn and teach this

music. Join us as we think together about why this particular music is important. Join us as we welcome you in your significant music and worship leadership roles, and help us fine-tune this new collection of music.

FOR MORE DETAILS <https://mailchi.mp/united-church/united-in-learning-1052796?e=c05718c28b>

WE ARE HERE FOR YOU - PLEASE REACH OUT

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