



Kitchissippi UNITED CHURCH

Sunday, March 5th at 10am
Second Sunday of LENT

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>

A MESSAGE FROM REV. JENNI



Hello on this sunny Friday morning! I hope this finds you well!

In case you missed it, we've been using the Spiritual Alphabet since we returned to the sanctuary in 2021. We started with A and have been using a letter each month or season. We have gotten to K for kindness for Lent.

I received an email this week that a group I've been a part of in the past, Interfaith Explorations, has made the Alphabet their Spring session! Interfaith Explorations is led by a United Church of Christ (USA) minister, Jay McDaniel and a Muslim leader, Sophia Said. (I know Jay personally through the Rev Dr George Hermanson.)

It is free to join this one hour session and it is all by zoom. I'm very excited about this! I feel like we all could really contribute to the conversation! Please find the information below!

PIE Sunday is March 12th and the focus will be Intention. Please watch this video of our United Church Moderator, the Rev Dr Carmen Lansdowne for more on what being Intentional looks like:

<https://youtu.be/w2fon4x7zmM>



I'm pretty sure there's going to be PIE as well!

I hope you all have a wonderful weekend, filled with your favourite things,
Jenni

Interfaith Explorations | Spring 2023 Cultivating Spirituality in Daily Life

Once again, we will be cultivating the qualities of heart and mind to help us in our daily life at home, in family, in the workplace, and other situations in the journey of life, such as births, deaths, joys, traumas.

These qualities will be explored through the framework of Spiritual Alphabet, developed by Frederic and Mary Ann Brussat. Our sessions will be facilitated by Dr. Jay McDaniel and Sophia Said, who will bring two

“letters” from the spiritual alphabet to each session (“A” is for attention, “B” is for beauty, “C” is for connection, etc.), sharing quotations, poems, and stories from personal experiences that illuminate them; and then, with help from prompting questions, invite others to do the same.

We will meet March 15 through May 10. Classes are held via zoom on Wednesdays at Noon CST.

Everyone is welcome, people who have a strong sense of belonging to a particular religious tradition, people who are spiritually independent, and all in-between. We are a space for sharing. Email us your full name at theinterfaithcenter@gmail.com if you are interested in joining the class.

Interfaith Exploration is a program of the Interfaith Center of Arkansas. It is co-sponsored by the Cobb Institute, Spirituality and Practice, and Process and Faith.

Sophia Said
Executive Director
The Interfaith Center of Arkansas
www.theinterfaithcenter.org

The goal of the Interfaith Center is to reduce the fear and prejudice among the world religions.

WORLD DAY OF PRAYER – HOSTED BY KITCHISSIPPI UNITED

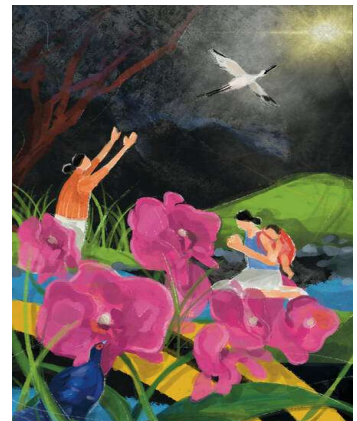
TODAY IS THE WORLD DAY OF PRAYER FRIDAY, MARCH 3, 2023
A Virtual Ecumenical Service hosted by Kitchissippi United Church
LINK WILL BE AVAILABLE ON MARCH 3rd at 10

am: <https://www.youtube.com/channel/UCwATU1rozB1PllaRmr2teVA>

The World Day of Prayer Service is being held on Friday, March 3, 2023.

Written by the World Day of Prayer Committee of Taiwan, the service focuses on the theme “I Have Heard About Your Faith” based on Ephesians 1:15-19.

The video of the service will be posted on Kitchissippi United Church’s website at www.kitchissippiuc.com as of March 3, 2023 after 10 AM. The service will be available for several months. Join fellow Christians from around the world by participating in the World Day of Prayer. Donations are used to maintain the WDP and deliver grants for social justice programs in Canada and for WDP global partners. Make donations online by contacting www.wicc.org/donate, by texting 647-953-5557, or by cheque to WICC for WDP on the memo line, and mail to Women’s Inter-Church Council of Canada, 47 Queen’s Park Crescent East, Toronto, ON, M5S 2C3. Tax receipts are provided for donations of \$20 or more.



KITCHISSIPPI UNITED CHURCH – HOSTS COMPASSIONATE OTTAWA

Save the Date – Sunday, March 26, 2023

“Communicating wishes about future and end of life decisions.”

You are invited to a session given by Compassionate Ottawa on Advance Care Planning - about making those decisions and communicating them with your family. Advance Care Planning (ACP) allows you to reflect on your wishes, values and beliefs, and to communicate them to a substitute decision maker who can speak on your behalf if you are eventually unable to do so.

The session will be a brown-bag lunch event held on Sunday, March 26 at 11:30 a.m. It will last about 1.5 hours so bring your own bag lunch. Coffee, tea and juice will be available. If you are unable to attend the service but wish to join for the discussion, you are more than welcome.

There will be a subsequent session on documentation in early April – tentative date April 5. If there is sufficient interest, other sessions on issues such as preparing a will, Power of Attorney, the roles and responsibilities of an Executor, how to declutter, planning your funeral, what conversations should happen and how to have them both with family and with parents can be held.

SPRING RUMMAGE SALE IS BACK!

There is going to be a spring rummage sale!

The sale will be **Friday, April 28 and Saturday 29** the usual format of setting up on Wednesday evening and sorting on Thursday and Friday then cleaning up after 12 on Saturday. The only change in this rummage sale is that we will not be selling clothes or shoes. The Salvation Army or St. Vincent's will be very grateful for your clothing donations. Any other items you are willing to donate please drop off closer to the sale date. More information to come!



A NEW DAWN – AT KITCHISPII UNITED CHURCH

A NEW DAWN! – HOSTED AT KITCHISPII UNITED CHURCH –SATURDAY, APRIL 1st, 2023

YOU ARE INVITED to "A New Dawn" – this is a day to learn, reflect and take action on Reconciliation on Saturday, April 1st (all day) Special guests will include Alber Dumot, Krystin Dumot, Jackie and Hillory Tenute, Kevin Schofield, ᐱᐱᐱ Aalla and Roberta Anderson.

Pre-registration is required - please go to www.healingbeginsnow.ca for the full schedule and registration details. healingbeginsnow.ca - A New Dawn: A Day to learn, reflect and take action toward Reconciliation

"RECONCILIATION IS NOT AN ABORIGINAL PROBLEM. IT IS A CANADIAN PROBLEM"
JUSTICE MURRAY SINCLAIR

A NEW DAWN

A day to learn, reflect and take action on Reconciliation

SPECIAL GUESTS:

					
Albert Dumot 'South Wind'	Krystin Dumot	Jackie & Hillory Tenute	Kevin Schofield The Tennessee Cree	ᐱᐱᐱ Aalla (Stranger)	Roberta Anderson

SATURDAY, APRIL 1ST 2023
KITCHISSIPPI UNITED CHURCH, 630 ISLAND PARK DR, OTTAWA

REGISTRATION REQUIRED -MORNING & AFTERNOON SESSIONS

Featuring:

- Traditional Algonquin Teachings
- Readings from Poetry Anthology 'I Am A Human Being'
- Inuit Games and Cultural Presentation
- Live music, 'Gypsy Pow-wow Rock'
- Indigenous Arts & Crafts Sale
- Blanket Exercise & and Talking Circle
- Red Dress Beading Workshop
- Coffee, Tea and Treats



FOR SCHEDULE & REGISTRATION DETAILS:
WWW.HEALINGBEGINSNOW.CA
PAY WHAT YOU CAN EVENT, SUGGESTED DONATION PROVIDED
FREE ADMISSION FOR ELDERS

LENT AND EASTER SERVICES



KITCHISSIPPI UNITED CHURCH LENT AND EASTER SERVICES at 10AM

Sunday, February 26 - 1st of Lent (10am)
Sunday, March 5 - 2nd of Lent (10am)
Sunday, March 12 - 3rd of Lent (10am)
Sunday, March 19 - 4th of Lent (10am)
Sunday, March 26 - 5th of Lent (10am)
Sunday, April 2nd - Palm Sunday (10am)
(Easter Flowers for Pastoral Care)
Thursday, April 6th - Maundy Thursday (6pm)
Sunday, April 9th - Easter Sunday (10am)

WE ARE HERE FOR YOU - PLEASE REACH OUT

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www.kitchissippiuc.com

[facebook](#)

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