



Kitchissippi
UNITED CHURCH

Sunday, March 19th at 10am
Fourth Sunday of LENT

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM
WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1P1laRmr2teVA>

A MESSAGE FROM REV. JENNI



Happy Saint Patrick's Day!

Our family has a touch of Irish heritage, so we have been talking a bit about that culture lately. Rowan asked about St Patrick and why that person has a special day. My four-year-old was mostly excited to wear green and listen to jigs and reels, but we have also spoken about how there different ways of teaching have been and understanding about God in different places and times, and that St Patrick is especially remembered for teaching in Ireland.

Of course, legends of leprechauns can be a wee bit more compelling than tales of theology when you're very small, but I hope to continue our kitchen table and in-the-car chats about life, beliefs, and all this wondering taking place in the wide eyes and curious mind of my child.

For myself, I have always been quite drawn to different expressions of Celtic Christianity and find comfort, challenge, and creative space in some of the imagery and language found therein. I don't recall learning much about St Pat given my UCC upbringing but encountered several versions of the famous prayer attributed to him, known sometimes as the Breastplate of St Patrick, or the Lorica. A condensed version I read in a novel became very meaningful to me as a preteen -- the idea that, together with God, we can bind ourselves to the power and glory and goodness of Creator *and* Creation. It was amazing to think how we can feel and call upon that awesome love and strength at all times, anywhere, to shore us up when we feel alone, scared, or overwhelmed -- and to lean into that loving protection not just as an individual, but as a community, as we strive to do right even when injustice threatens. The tiny snippet of the prayer was set in a fictional story by Madeleine L'Engle, of a time of worldwide tension, and gave hope that our proper intentions, solidarity, and resolve are exactly what the world needs -- and that God's guidance and protection are with us.



Here's another simplified, shortened version:

I arise today
Through the strength of heaven;
Light of the sun,
Splendor of fire,
Speed of lightning,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock.

I arise today
Through God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me,
God's hosts to save me
Afar and anear,
Alone or in a multitude.

Christ shield me today
Against wounding
Christ with me, Christ before me, Christ behind me,
Christ in me, Christ beneath me, Christ above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit down,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.

I arise today
Through the mighty strength
Of the Lord of creation.

You can read a brief theology of St Patrick's day here:

<https://www.saltproject.org/progressive-christian-blog/2019/3/12/a-brief-theology-of-st-patricks-day>

You can read my most recent newsletter for KUC families here: <https://mailchi.mp/d6919d28c4de/lent2023>

If you would like to share an invitation to others this Lenten season, here is our Lenten opening video:
<https://youtu.be/PaSSNrrw768>

Our Lent devotional for families is available by [clicking this link](#) to find "Love Builds Up", by Salt Project.

Next Monday we welcome the vernal equinox, the official start of spring! And we can wish Ramadan Mubarak to our Muslim neighbours, who will begin their holy time of Ramadan mid-week.

Just before the start of spring, this Sunday any children and youth can join me to make a snow globe and discuss just what's under that blanket of snow that's still there -- and the hopes for the renewal and growth to come!

An Irish blessing:

May the sun shine warm upon your face; the rains fall soft upon your fields and until we meet again, may God hold you in the palm of His hand.

Diana

SHARING SOME RESOURCES!



OTL Newsletter #1 - 12 March 2023

Upcoming Events:

[Nonbinary Social Night](#) - March 15 @ 7:00 pm - 10:00 pm

[Board Game Night](#) - March 16 @ 7:00 pm - 10:00 pm

[Poetry Night – “Hope”](#) - March 18 @ 5:00 pm - 7:00 pm

[Parent’s Coffee Hour](#) - March 23 @ 7:00 pm - 9:00 pm

[Board Game Night](#) - March 30 @ 7:00 pm - 10:00 pm

Do you have an idea for an event that could help serve the trans community or trans allies in Ottawa? [Let us know!](#)



Our first newsletter features a few exciting developments which we hope will become permanent fixtures in the library soon.

We received a large collection of music by trans musicians and are in the process of setting up a music station to do it justice. When located in the library den, people will be able to listen to and explore this fascinating collection. Stay tuned. Coming soon!

Many folks have admired the art in the library, including the fabulous textile dragon that has become our logo. The long-term plan has always been to expand on this theme by having an art wall featuring trans artists and photographers situated opposite the circulation desk. We currently have an estimate from an electrician to install track lighting in the ceiling, and hope to move this project forward soon.

We have call numbers! The OTL recently adopted the Ottawa Public Library's system of classifying fiction books and are now moving forward to catalogue the rest of the collection. **The library has almost 500 items**, up from the 190 we had at opening. It is a growing collection that is sinking under its

current alphabetical organization. Many thanks to our librarian volunteers, Ally and Daniel, for brainstorming a classification system that will serve our library. It will take time to apply call numbers to our books but it's a necessary step forward.

Effective immediately, **the library's loan period has been extended to 30 days**. If that's not enough time, you can always renew by emailing us. If you are near the library outside regular hours, you can return books by leaving them in our lovely art deco mailbox!

- Highlights from previous events -

Our first **Poetry Night**, which was on February 18th, was a huge success! We were happy to have so many poetry fans at the library sharing their favourite poems. We are especially proud of those brave individuals who shared their own original poetry. A big thanks to OTL volunteer **Chloe Seongeun Kim** for proposing, planning, and facilitating the event. The next **Poetry Night** is on March 18th. The theme is "Hope" and we strongly encourage you to write your own poem!

At our most recent Board Game Night a quartet of intrepid patrons successfully learned how to play **Root: A Game of Woodland Might and Right** using only the instructions provided in the game, which is an achievement due to the game's complexity. It took teamwork, grit, and almost three full hours, but they overcame all obstacles to complete a full game.

KITCHISSIPPI UNITED CHURCH – HOSTS COMPASSIONATE OTTAWA

DON' T FORGET – MARCH 26 at 11:30. A session with **Compassionate Ottawa on Advance Care Planning** - about making those decisions and communicating them with your family. It will last about 1.5 hours so bring your own bag lunch. Coffee, tea and juice will be available. If you are unable to attend the service but wish to join in for the discussion, you are more than welcome.

MORE DETAILS - You are invited to a session given by Compassionate Ottawa on Advance Care Planning - about making those decisions and communicating them with your family. Advance Care Planning (ACP) allows you to reflect on your wishes, values and beliefs, and to communicate them to a substitute decision maker who can speak on your behalf if you are eventually unable to do so.

There will be a subsequent session on documentation in early April – tentative date April 5. If there is sufficient interest, other sessions on issues such as preparing a will, Power of Attorney, the roles and responsibilities of an Executor, how to declutter, planning your funeral, what conversations should happen and how to have them both with family and with parents can be held.

SPRING RUMMAGE SALE IS BACK!

There is going to be a spring rummage sale!

The sale will be **Friday, April 28 and Saturday 29** the usual format of setting up on Wednesday evening and sorting on Thursday and Friday then cleaning up after 12 on Saturday. **The only change in this rummage sale is that we will not be selling clothes or shoes.**

The Salvation Army or St. Vincent's will be very grateful for your clothing donations. Any other items you are willing to donate please drop off closer to the sale date. Please email kgracequist@kitchissippiuc.com the office at 613-722-7254 to arrange a time drop off donations of items after March 20th.



WIDER CHURCH

SUGAR BUSH OUTING

Domaine L'Ange-Gardien

<1031 Chemin Pierre-Laporte Gatineau, Quebec>

<https://domaineangegardien.com/en>

Thursday, March 23, 2023

12:30 pm. Rides are Needed.,. Rides provided...

Any one with a car, please let me know... Participants will meet for 11:00 am.

At <1465 Caldwell Ave. Unit 102>.

Participants will pay own way... for more information see site below.

<https://domaineangegardien.com/fr/cabane-sucre>

Maximum 15 participants.

To confirm your participation please Email: danielspiritwolf@hotmail.com Or call 613 680 1358



Y SERVICE CLUB- EASTER PLANT SALE IS BACK!



From the Ottawa Y Service Club: Easter Plant and Gift Sale is coming up!

April 4th to 7th, from 10 a.m. to 4 p.m. daily, at the Taggart Family Y, 180 Argyle Ave. Make sure you get the plants you want by ordering by March 26th contact us at yservice@primus.ca.

Thanks for your support. Dave Hall.

A NEW DAWN – AT KITCHISPII UNITED CHURCH

A NEW DAWN!

HOSTED AT KITCHISPII UNITED CHURCH

SATURDAY, APRIL 1st, 2023

YOU ARE INVITED to "A New Dawn" –

this is a day to learn, reflect and take action on Reconciliation on Saturday, April 1st (all day) Special guests will include Alber Dumot, Krystin Dumot, Jackie and Hillory Tenute, Kevin Schofield, Aalla and Roberta Anderson.

Pre-registration is required - please go to www.healingbeginsnow.ca for the full schedule and registration details. [healingbeginsnow - A New Dawn: A Day to learn, reflect and take action toward Reconciliation](#)

"RECONCILIATION IS NOT AN ABORIGINAL PROBLEM- IT IS A CANADIAN PROBLEM"
JUSTICE MURRAY SINCLAIR

A NEW DAWN

A day to learn, reflect and take action on Reconciliation

SPECIAL GUESTS:

Albert Dumot Kyrstin Dumot Jackie & Hillory Tenute Kevin Schofield Aalla Roberta Anderson
'South Wind' Tenute The Tennessee Cree (Stranger)

SATURDAY, APRIL 1ST 2023
KITCHISPII UNITED CHURCH, 630 ISLAND PARK DR, OTTAWA

REGISTRATION REQUIRED - MORNING & AFTERNOON SESSIONS

Featuring:

- Traditional Algonquin Teachings
- Readings from Poetry Anthology 'I Am A Human Being'
- Inuit Games and Cultural Presentation
- Live music, 'Gypsy Pow-wow Rock'
- Indigenous Arts & Crafts Sale
- Blanket Exercise & Talking Circle
- Red Dress Beading Workshop
- Coffee, Tea and Treats

FOR SCHEDULE & REGISTRATION DETAILS:
WWW.HEALINGBEGINSNOW.CA

PAY WHAT YOU CAN EVENT, SUGGESTED DONATION PROVIDED
FREE ADMISSION FOR ELTERS

LENT AND EASTER SERVICES



KITCHISSIPPI UNITED CHURCH LENT AND EASTER SERVICES at 10AM

Sunday, March 19 - 4th of Lent (10am)
Sunday, March 26 - 5th of Lent (10am)
Sunday, April 2 - Palm Sunday (10am)
(Easter Flowers for Pastoral Care)
Thursday, April 6 - Maundy Thursday (6pm)
Friday, April 7 – Good Friday (10am)
Sunday, April 9 - Easter Sunday (10am)

WE ARE HERE FOR YOU - PLEASE REACH OUT

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www.kitchissippiuc.com



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Custodian

Photo from PIE Sunday!

