



# Kitchissippi UNITED CHURCH

Sunday, January 22nd at 10am  
3<sup>rd</sup> Sunday after Epiphany

**SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM**

**WWW.KITCHISSIPPIUC.COM**

**HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS**

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>

## A MESSAGE FROM REV. JENNI



Another snowy Friday! May you be able to stay home, warm and safe.

We have made it to mid-January, hopefully unscathed by the gloom, darkness, the 'midwinter' of it all. For me, reading always takes me out of whatever funk I might be in. I'm currently reading *The Sleeping Car Porter* by Suzette Mayr and I'm reminded of the injustice for Black men who were porters and the prejudice that existed for gay men. The injustice and hostility towards Black gay men continues today.

The Reverend Michael Blair, the General Secretary of the United Church of Canada, a Black gay man, practises gratitude daily. I see his posts on Facebook each day of the sunrise over the Toronto horizon. His photos and indeed his gratitude is inspiring. Most days, I do not see the sunrise, and I am thankful. (I am not a morning person.) I do appreciate seeing his pictures of the sunrise, however, and he usually includes a simple statement like: 'gratitude for the new day' or 'morning has broken', which I also appreciate. Maybe I practice gratitude alongside him. I think it still counts.

This article by Jay McDaniel illuminates how gratitude is so important for humans. "It's not the joy that makes us grateful, it's the gratitude that makes us joyful. The practice of gratitude is a process-relational practice. It reminds us that the world is not composed of self-contained substances but rather events in relation, that the world is good, and that much of that goodness comes from sources outside ourselves. It is often said that there can be no peace without justice. It is also true that there can be no justice without gratitude."

<https://www.openhorizons.org/thank-you-practicing-gratitude-in-a-complex-but-beautiful-world.html?fbclid=IwAR2X-fyurCsqS4AF2OQzNlxhsaWtXVGSCbTXYWRS8oIUmCnomjObe4ywisA&mibextid=Zxz2cZ>

Our Study group has begun for 2023 on Tuesdays from 1-3pm on zoom. Here is the link: <https://uso2web.zoom.us/j/89093844185> (My apologies for omitting it last week.)

We have begun a video study, specifically by Rob Bell, an American preacher, teacher, theologian, author. If you'd like a flavour of his videos check this one out, especially if you drove an

Oldsmobile: <https://youtu.be/rG1CDec4qkg>

All are welcome to join!

Please don't forget the Congregational Meeting on Sunday. You can zoom in at 11:30am if you aren't able to be in church: <https://uso2web.zoom.us/j/85090742855>

I hope you have a good Friday and a good weekend!  
Epiphany Blessings,  
Jenni

## FAITH FORMATION

### LEARNING TIME LEADERS NEEDED



Learning Together time in Sunday worship historically has been a time of learning, geared toward children but also informative for the adults in the congregation.

We are aware that “public speaking” is a dreaded task for many adults, but we need a larger roster of congregants to call upon for this part of the service. At our Worship Circle this week we did some brainstorming about how we might change our approach to widen the circle of people who would participate.

One idea is to offer quarterly meetings of learning time leaders to brainstorm ideas and various presentation models, other than the single presenter format that we have been routinely using.

Dialogue presentations between an experienced and novice LT leader, interviews with congregation members, storytelling either personal or by book sharing were a few suggestions. People could talk about a passion they have such as gardening, trips they have taken, or a volunteer role that they fulfill or a mission or charity they support. Support is available to tie these topics into the theme of a service. People don't need to make a long-term commitment, even once or twice a year would be helpful. Learning time can be done in person or recorded for those who can't get to church, or prefer not to face a live audience. Please speak to, or e-mail Denise at [denbono55@gmail.com](mailto:denbono55@gmail.com) if you are willing to consider this call.



#### Coffee Convenors Needed for Particular Upcoming Sundays:

If anyone would like to be coffee convener one Sunday there is a signup sheet in the kitchen beside the “Coffee Instructions”. If you do volunteer it is suggested, you take a picture of the instructions so you'll know in advance what is involved. Your help will be greatly appreciated.

## CONGREGATIONAL MEETING – VOTING ON AFFIRM

**KUC MEETING (THIS Sunday January 22, 2023)** right after Worship service. Everyone is warmly welcome. **Sunday, January 22, 2023, we will discuss and consider the following:**

**MOTION:** Does KUC want to become an Affirming Ministry?

Those in person will vote by ballot and those on zoom will be invited to vote using the Poll feature (user friendly and anonymous)

Since 2018, our community has prayed, discussed and learned much together about ourselves and how to become an Affirming Ministry. We have been led by our church council, the Affirm Ministries circle as well as helpful and wise guests, including Charlie Scromeda, Rev. Ruth and Mrs. Anne Woods, Rev. Cindy Bourgeois and many more.

After discussion and a time for questions, you will be asked to answer two questions:

ONE) Do you agree with the proposed changes to the KUC Vision Statement?

KUC VISION STATEMENT (See below)

TWO) Are you in favour of KUC becoming an Affirming Ministry?

Thank you to everyone for your participation and help over the years. If you have any questions or comments before January 22, please contact any member of the church council, the Affirm Ministry circle or our Ministry team (including Rev. Jenni and Diana B).

The KUC Affirm ministry circle

(January 2023)

KUC proposed VISION STATEMENT (January 2023)

COME MAKE A DIFFERENCE

Rooted in Faith and Growing in God's Love, KUC is called to:

- Welcome and affirm people of a diversity of age, race, gender identity and expression, sexual orientation, physical and mental ability, and economic status;
- Create community, where all may participate fully in the leadership, life and work of the ministry of our church;
- Care for each other and all Creation, and
- Make a difference in the world.

(Revised and proposed by the Affirming Ministry circle on January 11th, 2023)

## UCW

Guest Speaker - UCW - Wednesday, February 1 at 1:00 in the Hall. Please join us for a discussion of the rewards and challenges of caregiving for a family member or friend. **Trish Carson** will share her recent experiences of caring for her husband who was living with ALS disease. Bring your questions and share your experiences. All women and men welcome.

## SPECIAL FUNDRAISER

### FUNDRAISER FOR OPHELIA BROWN'S MEDICAL TREATMENT IN THE US

You may have noticed that Ophelia and Doris have not been to KUC worship services recently. Ophelia has been suffering with severe pain. She has been fund raising for a while to raise \$30,000 to go to a specialist in the U.S who can treat her to relieve her pain. Enrico and I, accidentally over order 5 cartons of KN95 face masks totaling about 3000 masks.



We have donated a carton to Parkdale Food Centre, Minwashin Lodge and a carton to the church.

We have another carton left and we would like to offer masks to members of the congregation as a fund raiser for Ophelia. There are 20 masks /box that would retail for \$40 each  
If you need masks, please consider ours.

If you have the resources, you can donate more. If you are tight financially donate what you can, if necessary, take a box for free. Send donations to: <https://www.gofundme.com/f/Hope-for-Ophelia>

If you have questions about this fundraiser- please contact Denise Bonomo at [denbono55@gmail.com](mailto:denbono55@gmail.com)

## WIDER CHURCH

### The Carlington Community Chaplaincy. Our “Spring Into Action” campaign.

To all our supporters - Consider hosting some special events in your church and help us raise funds so that we can eliminate the accumulated deficit that has resulted from the increased costs incurred while responding to community needs during the COVID pandemic.

The campaign concept is to invite churches to organize events around key dates such as Valentine’s Day, Shrove Tuesday and the coming of Easter and Spring. Events can be hosted by one or more churches, with an open invitation to members from other churches to attend. We will compile a calendar of these events and their dates. February 6th to 11th

A virtual Silent Auction offering donated items that would make fine Valentine’s Day gifts for those special people in our lives. Here are some ideas to get you thinking!

Gift Baskets, Gift Cards, new items received s gifts but never used,  
Donations from businesses such as gift certificates for products or services.  
Offers of craft items, knitting, art, sewing and baking.  
Offers to host a meal, make a birthday cake or even babysit.  
Passes for sports and theater events, museums and other attractions.

The Y Service club will host a Valentine’s Day Plant and Gift Sale at the Y on Argyle Ave and all proceeds will go to the Chaplaincy. Get an order form at [ysevice@primus.ca](mailto:ysevice@primus.ca). We invite churches to host a Pancake Breakfast or Supper on or around February 21 st . In March and April, we invite churches to host a Trivia Night using a program developed by the chaplaincy ministry at Algonquin College. Some churches are looking at hosting a Spring Bazaar featuring crafts and baking.

Beginning in January 2023, regular plant profiles and photos about native plant species growing in The Alcove Garden will be published in **Trowel Talk**, a monthly publication produced by the Master Gardeners of Ottawa-Carleton. This is a free publication distributed electronically to interested gardeners in the Ottawa-Lanark region. This month’s profile is about Wild Ginger (*Asarum canadense*), an easy-to-grow, ground cover shade plant. To read the January issue of Trowel Talk, or to sign up to receive it monthly, please go to: <https://mgottawa.ca>

## EOORC EVENT

### EOORC'S Righting Relations Network – AN EVENING WITH REV. TERESA BURNETT-COLE

January 26 @ 7:00 pm - 9:00 pm

#### EOORC'S Righting Relations Network Is hosting AN EVENING WITH REV. TERESA BURNETT-COLE

Teresa will speak on the topic: **The Gifts of Indigenous Worship for Settler Churches**

Rev. Burnett-Cole is the Indigenous Representative on the EOORC Executive, the Indigenous Representative on General Council Executive and serves as liaison with the National Indigenous Council, United Church of Canada, She is the Coordinating Minister at Glebe-St. James United Church in Ottawa.



Credit: The United Church of Canada

You must register for the event [HERE](#) for this Zoom meeting. After registering, you will receive a confirmation email containing information about joining the meeting.

**This is the inaugural event for the Righting Relations Network. We intend to be a hub for sharing resources, ideas, questions and the co-ordination of learning opportunities regarding Righting Relations.**

<https://eoorc.ca/event/eoorcs-righting-relations-network-an-evening-with-rev-teresa-burnett-cole/>

## WE ARE HERE FOR YOU - PLEASE REACH OUT

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