



Kitchissippi UNITED CHURCH

Sunday, November 13th, 2022
Creation Time – Hospitality

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM

WWW.KITCHISSIPPIUC.COM

HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIlaRmr2teVA>

A MESSAGE FROM REV. JENNI



Hello there,

I hope this finds you well! Some are struggling with RSV (the respiratory illness going around), some with colds and some with Covid: our prayers for a speedy recovery! Some folks are watching parents decline and die, and for you we pray, as well. Some folks are recovering from surgeries very well, and we pray that continues!

Life rolls on, it seems, whether we are sick, grieve, or tend to love ones, and the gloom can overtake us, if we aren't mindful. As the time change came last Sunday, we now have less daylight hours. A colleague recently reminded me that in Tromsø, Norway, where they record 'sunhours'. From Wikipedia: "July 1980 Tromsø recorded 430 sunhours, which is still the national record for the sunniest month ever. However, July 1989 only recorded 91 sunhours. June has ranged from just 58 sunhours in June 2018 to 395 sunhours in June 1971 and also June 2002." In comparison, a typical June or July in Ottawa might give 12 - 15 sun hours per day, for a maximum of $15 \times 31 = 465$ sunhours. In a NY times article, [What Scandinavians Can Teach Us About Embracing Winter](#), the writer examines how to cope with so much winter. Brilliant!

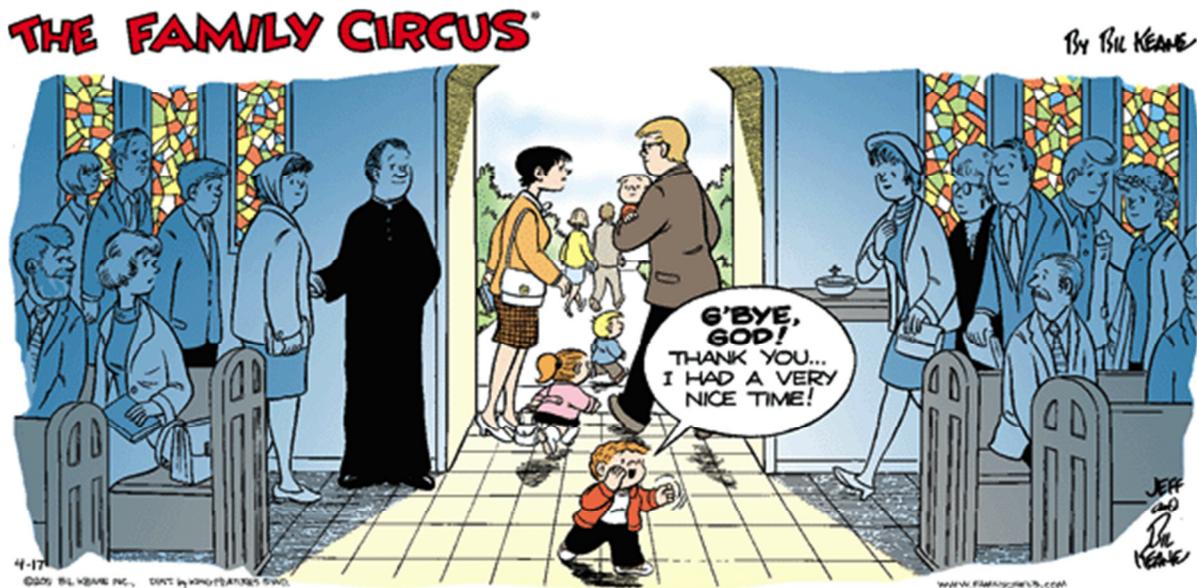
I've always been impressed with Ottawa's sunshine and crisp cold winters (compared to Southern Ontario's mushy, grey weather) and have often felt lucky to call Ottawa home. As I have adopted Mountain Equipment Co-op's mantra "there is no bad weather, just bad clothing", I have become more and more acclimatized to the beauty of an Ottawa winter and feel less and less like I need to escape over the winter to a sunny climate.

We need our community, as well, during the winter. I hope you will reach out to your church community, participate in events, engage with folks and when in need, you will think 'how can I lean on my church community?'

An example of this is that a senior in the Westboro area is looking for some help with meals. Please see her daughter's note: I am looking for a young retired Senior or grade 11 or 12 student who lives in the Westboro area who is looking for a small job. Someone to come in 4 evenings a week, Monday to Thursday, approximately from 4:30pm to 6:30pm to make my mother dinner and do the dishes. My mother

would set the meal plan for the week and have the groceries there. The meals would be simple for example: mashed potatoes, pork chop and vegetables. Possibly on Thursday she would have the individual cook a casserole she could eat on the weekend. My mother is very capable of the meal plan and indicating what she likes. We would be looking at about \$20 an hour or \$150 for the week. Please let me (Rev. Jenni) know if you know someone who would be interested?

This Sunday is Children's Sunday and this comic is delightful:



Please note that the Trivia night I had scheduled for next Friday, is cancelled, and I will endeavour to find another date, please stay tuned!

Next Sunday, November 20th is Trans Day of Remembrance Sunday (observed worldwide) and we have a very special guest speaker - near and dear to our hearts: Charlie Schromeda. Charlie was our Faith Formation leader when Diana was on Parental leave and we are thrilled that Charlie can be with us!

Hope you have a wonderful weekend!
Blessings,
Jenni

FAITH FORMATION



This week is Children's Sunday. The first part of the worship is a little longer intergenerational part, and nursery and Sunday School are open as well.

Wishing you a meaningful Remembrance Day.

Here is a video from last year, reminding us about Indigenous Veterans.

<https://youtu.be/ABcP5-klafI>

Diana

OUTREACH

Carlington Community Chaplaincy

The 2022 edition of the Virtual Silent Auction will again take place in November. Due to the need for providing a greater level of food support during the COVID pandemic, the Chaplaincy is facing a serious budgetary shortfall this year of around \$20,000.

We are cautiously returning to a more normal programming model but for this year, there will be no dinner. However, the Silent Auction and Gift Table will be available online. We invite supporters to donate items for the Auction and Gift Table and bid for and buy what has been offered. Items valued at more than \$25 will be auctioned off while those valued under \$25

will be offered for sale. The Silent Auction will be open from November 14 - 26th while the Gift Table will be available into December. Please send a description, and where appropriate, a photo of your donated items for both the Silent Auction and the Gift Table to David Hall at davidfhall@magma.ca



Thank you for your support!

David Hall,

Past President.

Resource Development Chair.

Burundian Family Refugees

We will need to provide our Burundian family lots when they arrive, and it may be very soon! In addition to accommodation costs and household items which were mentioned, we'll be purchasing new mattresses, linens and stocking a pantry. Start-up costs will be substantial. Please consider a donation to Kitchissippi's Refugee Fund to help cover the start-up for the family. As soon as we know of travel approval we'll advise KUC and the community. Financial help and teamwork to settle the family are essential...thank you for being part of the team! For more info or if you have questions, please contact Norah Patriquin (patriquinfam@sympatico.ca) and thanks in advance!

NEEDED ITEMS

bed frames sheets , pillow cases pillows - 4 min. duvets or blankets towels - 4 bath size facecloths - 4 min. kettle pots 2 or 3, various sizes baking sheets (2) cooking utensils	toaster glasses mugs plates bowls cutlery bowls for cooking measuring cups and spoons tea pot coffee pots	oven mitts desk table chairs couch? bookshelf frying pans
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OTHER DONATIONS ALSO NEEDED!



If you are cleaning out their closets, Minwaashin Lodge is collecting warm blankets, warm pants (gender neutral), sweaters, socks, and coats. They need to contact Kate Holden directly to arrange for pickups.

Kate Holden
Minwaashin Lodge – IWSC
Tel: 613-741-5590 ext. 236

UCW BAKE SALE IS BACK!

Sunday, November 27: UCW Bake Sale: Shop for yummy Christmas baking in the Hall after church at the UCW's Christmas Bake Sale, PLUS Frank Chapman's famous firehall chili (made with a little help from his friends). All are welcome to donate cookies, candy, cakes, preserves and more. Please bring donations to the Hall before 10 a.m. For information, call Wendy Warburton at 613-722-7163, or email soprano2nu@yahoo.ca.



UPCOMING EVENTS AND MEETINGS

Book/Theology study will begin on Tuesdays from 1 - 3pm and here is the Powerpoint that we will continue to discuss: <https://cobb.institute/educators-toolbox/what-is-process-thought-20-key-ideas/> All are welcome! Zoom link: <https://uso2web.zoom.us/j/89093844185>

JENNIFER REIDS 60TH BIRTHDAY



Jennifer Reid is turning 60 on **Saturday, November 12** and inviting you to her birthday celebration. Please feel free to drop by Kitchissippi United church Hall for a piece of cake and say hello (1pm- 4pm)
All welcome!

WIDER CHURCH EVENTS AND FUNDRAISERS

Christmas Bazaar And Luncheon _ Saturday, November 12, 2022- 9AM-1:30pm
Rothwell United Church, 42 Sumac Street, Ottawa

Snowflake Bazaar and Craft Fair - Saturday, November 19, 2022 10am to 1pm
City view united Church, 6 Epworth Avenue, Nepean

WE ARE HERE FOR YOU - PLEASE REACH OUT

Kitchissippi United Church

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Ottawa, ON K1Y 0B7
PHONE: 613-722-7254

**The office will be closed on
Monday, October 10, 2022**

All office emails and phone
messages will be checked
through the week.

www.kitchissippiuc.com

[facebook](#)

Rev. Jenni Leslie

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Gavan Quinn

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gavanquinn@gmail.com

Jerzy Spychalski

Custodian

