



**SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM GO TO  
[WWW.KITCHISSIPPIUC.COM](http://WWW.KITCHISSIPPIUC.COM)**

**HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS**

<https://www.youtube.com/channel/UCwATU1rozB1PllaRmr2teVA>

## MESSAGE FROM REV. JENNI



Good day to you!

I'm loving the sunshine we've been having and the above zero temperatures - are you? Makes going for a walk very pleasant.

Back in the fall, a friend noticed a crack on the side of my house near the ground in the cement foundation. You likely know where I'm going with this? It was discovered to be a crack in my foundation. In November, I had an engineer do an assessment and their report indicated that the big tree in my front yard was to blame for taking the water out of the clay in the soil and my house shifting. The tree needed to be removed so that it didn't cause any more damage. This week, Davey tree came and took down mine and my neighbour's (he was very happy to see his go too).

The trees were planted, his in 1992 and mine around 1994, just a little too close to the house by the builder. They are locust trees with small cylindrical leaves that stick to everything in the fall. When I traded all my front lawn for a garden 2 years ago, I planned for the front of it, nearest the sidewalk, to be a full sun garden: choosing native plants and flowers that love the sun. Closer to the house, in the shade of the tree, I chose shade loving native plants. With the tree and therefore the shade no longer, I will be revamping the garden this spring and summer. I have purchased, from Vesey's, some pollinator and sun loving plants: bee balm, coneflower, black eyed susan, phlox. I look forward to the yellow, deep pink, red, purple and whites that will surely be a blessing to my front garden.

I am choosing to look at what I am gaining from this unfortunate problem. I am choosing to focus on what *might be* now that there is a definite lack. And you know what? That tree shed pollen for 3 days each spring/summer and if my car was in the driveway, it would be covered in a fine yellow powder. The leaves in the fall, as I mentioned, stuck to everyone's footwear in the rainy fall weather and covered the front hallway mat - every year. There may be a few dried leaves in the hall closet that blew in there...and they may be there, at the very back corner, for a good while.

I remember from a worship service several years ago now, talking about decisions, about how we focus our energy. A very wise Arnold Midgley said that we each have a choice to get up in the morning and choose to look at the day with a positive attitude or a negative one. Some days, this is easier to decide than others. The last two years have been a struggle for most of us at one time or another and this article does a good job at

fleshing that out: <https://nonprofitaf.com/2022/03/its-still-the-apocalypse-lets-give-ourselves-and-one-another-some-grace/?fbclid=IwAR3IOLEozjbc8XNoBAEJV1FHK1uBgi7GELkd5xTwRiZsBvGZuRIFn7IDF48>

What we do know is that with God, there are a multitude of options. Each morning brings new possibilities: big and small. God chooses each moment of each day to love us as we go into whatever the day will bring. This we do know for sure: God is always with us. God with us, weathering each storm: the cracks in our foundations, the felling of trees, the potential of new growth and the blooming of vibrant colour. God is always with us, we are never alone. Thanks be to God.

May you have a terrific weekend. May you find your way to our zoom trivia night TONIGHT from 7-9: <https://uso2web.zoom.us/j/82250633588> (Canadian trivia and stories will be shared.)  
May you feel God's presence in your day, each and every day.

Blessings,  
Jenni

## OUTREACH

### REFUGEE/OUTREACH CIRCLE

No news yet regarding the travel of our Burundian refugee family. We'll notify everyone as soon as we hear. We are still looking for possible "soft landing" accommodation for a week or 2 after the arrival of the family. Please notify Norah Patriquin if you have possible space or suggestions.

**Partage Share PS Ottawa**, launched over the past few months in affiliation with **Stone Soup Network/SSN** in Toronto, is up and running now, matching contributions of goods and services with our needy neighbours in Carlington. It came from the Central Ottawa Cluster of United Churches and is a great way to support those in need and build a healthy community. Please check out the website at <https://www.partageshare.org/>.

The Chaplaincy is the Social Connector. We need volunteers to find contributions from places you shop, local businesses, etc. A short, very practical online session with SSN Founder Alexa Gilmour is being planned. It will give folks interested in the project and perhaps volunteering a chance to hear the "positive pitch" that has worked so well with SSN. Please contact Norah Patriquin at [patriquinfam@sympatico.ca](mailto:patriquinfam@sympatico.ca) or 613-601-4456 if you can join us for this short online session. This invitation is for all churches supporting the Carlington Community Chaplaincy. Date and time to be determined ASAP; Alexa is generally available and is wonderfully inspiring!

**DONATIONS NEEDED** - A reminder that first Sunday of the month is **Food Bank Sunday**. You are invited to bring non-perishable good or supplies to church and deposit them in the bin to be donated to be delivered the Parkdale Food Centre. Thank you for your consideration.

## ANNUAL CONGREGATIONAL MEETING 2022

Kitchissippi United Church will be holding its Annual Congregation meeting - it has been moved to **Sunday, April 24, 2022 after worship in the church sanctuary and by Zoom. More information will come soon.**

## UPCOMING MEETINGS AND EVENTS

### UPCOMING

**Lenten Reflection series at RPUC:** Wednesdays at 7:00 pm, join us on Zoom for a time of reflection and prayer on themes from the Lord's Prayer:

Rideau Park United Church is inviting you to a scheduled Zoom meeting.

Topic: Lenten Reflections Join Zoom Meeting <https://uso2web.zoom.us/j/5583434610>

### ONGOING

**Broadview Reading Club - Tuesdays from 1 - 3pm** Tuesday, March 29 are pages 50-59.

Zoom: <https://uso2web.zoom.us/j/89093844185>

**NO MORE Coffee Time Zoom on Thursdays** now that we can visit in the Church Sanctuary!

**Mens Group (online)** - Gentlemen of KUC and the wider community meet **Thursday mornings from 9:30am to 11:00.** Discussions are wide ranging, as we attempt to solve all the world's problems, every week. If you want to join the Men's Group discussion please contact Doug Patriquin [patriquinfam@sympatico.ca](mailto:patriquinfam@sympatico.ca) or Clayton Porteous at [porteousclayton@outlook.com](mailto:porteousclayton@outlook.com) for the Zoom link.

**Rideau Park United Church Meditation Group Online: Thursdays at 10am**

Twenty minutes of quiet, peace, and mindfulness, shared Meditation is not difficult. And group meditation is a deepening experience. To join in the live group, please email Rev. Steve Clifton for the Zoom link [sclifton@rideaupark.ca](mailto:sclifton@rideaupark.ca)

## WIDER CHURCH

... Is back for in-person Day Camp starting Summer 2022!

We will be offered for 5 weeks between July 11<sup>th</sup> to Aug. 12<sup>th</sup>

To learn more please contact Kristy Drost, Camp Awesome Director at [campawesomeottawa@gmail.com](mailto:campawesomeottawa@gmail.com).

**Dana Ducette**

Minister, Youth and Young Adults (YAYA)

UCC Eastern Ontario and Outaouais Regional Council 12 (EOR)

Mobile: 613-608-8411



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### Easter Plant Sale 2022 Update from the Ottawa Y Service Club

Easter Plant Sale update from the Ottawa Y Service club. There are only 12 more days to get your order in. After April 3rd we may not be able to provide what you want. The current order form and list of plants available is attached to the KFF email. Unfortunately we cannot get any Primula or Calla Lilies. There are still shortages due to COVID. These and other plants may be available for our Mother's Day sale. Send your order to [yservice@primus.ca](mailto:yservice@primus.ca) and pay by Interac e transfer or by cheque to: 5 Hillhurst Place, Ottawa. K2E 5R5.

Thanks for your support  
Dave Hall

## WE ARE HERE FOR YOU - PLEASE REACH OUT

### **Kitchissippi United Church**

630 Island Park Drive  
Ottawa, ON K1Y 0B7  
PHONE: 613-722-7254

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**THE CHURCH OFFICE IS STILL  
NOT OPEN TO THE PUBLIC.**

**All office emails and phone  
messages will be  
checked through the  
holiday.**

[www.kitchissippiuc.com](http://www.kitchissippiuc.com)

**facebook**

### **Rev. Jenni Leslie**

Minister

[jleslie@kitchissippiuc.com](mailto:jleslie@kitchissippiuc.com)

### **Diana Brushey**

Faith Formation Leader

[diana.brushey@kitchissippiuc.com](mailto:diana.brushey@kitchissippiuc.com)

### **Kirsten Gracequist**

Office Administrator

[kgracequist@kitchissippiuc.com](mailto:kgracequist@kitchissippiuc.com)

Office Phone: 613-722-7254

Cell 613-715-2294

### **Gavan Quinn**

Music Director

[gavanquinn@gmail.com](mailto:gavanquinn@gmail.com)

### **Jerzy Sychalski**

Custodian