



**Kitchissippi**  
UNITED CHURCH

Sunday, March 13, 2022  
PIE SUNDAY!

**SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM GO TO**  
**[WWW.KITCHISSIPPIUC.COM](http://WWW.KITCHISSIPPIUC.COM)**

### MESSAGE FROM REV. JENNI



Good day, all, I hope this finds you well!

The newspaper this morning reminded us that it was 2 years ago that Covid came to Canada, and indeed, our last service in 2020 was PIE Sunday, which we will observe this Sunday. A colleague in ministry wondered if others might observe some silence to commemorate the date.

I'm not sure if you are like me or not - I'm not one to mark 'anniversaries' of this sort. I feel as though we have ridden the rollercoaster of the last two years well - coping, pivoting, changing things up when needed - and also feeling like the rollercoaster ride is slowly inching toward the end of the ride and returning to the place where we get off.

My faith tells me that to trust in God is to be resilient, to be ready to adapt to new life circumstances, trusting that with God, all things are possible. We CAN get through this. We CAN inch toward the finish line together and with God.

I used to have a sign in my closet which I would read each morning that said "There is nothing that together, you and I can't handle - God" Our church community, as an extension of the manifestation of God, helps us through difficult things and I believe has done so over the pandemic. Caring about one another, loving God and neighbour are our hallmarks: the ethos we are all meant to embrace.

As the pandemic rollercoaster slides again into the station, another begins as Russia invades Ukraine. This can feel very overwhelming and impossible to cope with and I hope that you are taking care not to overload on the news, finding ways to alleviate your stress and talking to people you trust and who care about you.

We are living in times that require a lot of mental fortitude. If it helps, trust that God is with you, with us, with the people of Ukraine and Russia. God weeps at the human lives lost, the destruction, the power/land stealing. I pray for wisdom, guidance and peace to prevail.

Please reach out to me by email if you need to talk. Please reach out to any of the 24 hour crisis lines: 613722-6914 or 613 238-3311 or text 343306-5550 (10am-11pm).

Know that we are not alone; we live in God's world.

*Take good care,  
Jenni*

## FAITH FORMATION

Here are some more of the materials for our Lenten journey this week!

The "**Bless This Mess**" ones offer a variety of challenges and practices, and we are coming to the Saturday tea ceremony and conversation. A reminder that we have tea and tealights available at the church if you wish to pick some more up. One practice and discussion piece for this week is talking about baptism, and also remembering we are loved! A selection of those cards are below (if you would like the full set please email Diana, or watch our Facebook page for daily posts)

The Floriography cards focus on beauty and imagery for reflection. This week happened to include sunflowers, which by now many of us know are a symbol for Ukraine.

The Rest, Pray, Share activity for this week has a challenge to plant some Easter flowers. Family kits have a little flower pot: you can decorate your pot this Sunday, and we'll have some soil and crocus bulbs available this Sunday after worship (we'll have more available on Palm Sunday).

We look forward to seeing you this week for PIE Sunday! Dress warmly and bring your frozen coloured ice blocks of any shape or size to build ice sculptures, walk through a flags quiz outside, help decorate the snowbanks in all the colours of diversity, walk a colour labyrinth (fingers crossed the snow cooperates), and eat pie!

Diana

### **COME AND HELP MAKE A RAINBOW ICE SCUPLTURE - PIE Sunday March 13, 2022**

Public, Intentional, Explicit – come help us celebrate PIE Sunday. Following the services (about 11:15 for those who can't be at church but want to join the celebration) there will be Pies and sparkling juice. There will be a flag walk displaying all of the different diversity flags; there will be snow painting; and we hope to build an ice rainbow using ice bricks. To make the bricks, just take a container, (yogurt, sour cream, juice carton, ice cube tray, etc), fill it with coloured water; freeze it; and bring it to church on March 13. The blocks can be one colour or several colours, your choice. You can bring one or more. Depending on how many blocks we get we can build a rainbow wall, a rainbow walk or maybe even a rainbow castle.



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## UPCOMING WORSHIP SERVICES

### **Reopening the church for in-person gatherings!**

We are reopening for in-person worship this Sunday, March 6th. It will be Communion Sunday as well as the first Sunday in the season of Lent. We will use the "tiny cups" for communion, the ones we have become familiar with during the Pandemic. We will continue to mask, and social distance. We will have a couple of sanctuary windows open during services and will use the ventilation system in the Hall. We will not be having refreshments inside yet or congregational singing. The choir members will still sing behind the barriers but they may decide whether or not they will remove their masks for singing.

**WE ALSO CONTINUE ON LINE - LIVESTREAM SUNDAYS  
HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS**

<https://www.youtube.com/channel/UCwATU1rozB1PIIaRmr2teVA>

## OUTREACH

**KUC and the Parkdale Food Centre** - Let's get back into the first Sunday of every month being Food Bank Sunday! The PFC has its outdoor fridge running again, in a shelter beside 30 Rosemount Ave. Food donations are also accepted at their new Grocery Program, Mino'Weesini, at 5 Hamilton Ave N. near the Parkdale Market. So on April 3 please bring either fresh produce or non perishables for our boxes in the narthex. Meanwhile they are in need of toiletries; these can be brought in any Sunday and we'll deliver. (e.g. tooth paste, tooth brushes, soap and shampoo, feminine hygiene products, etc)

**Refugee Family Update** - KUC is still awaiting news on when our Burundian family will travel to Ottawa. Not having this information makes securing rental accommodation before arrival almost impossible. For our Syrian family in 2016 we were so fortunate to have a "soft landing" place, accommodation loaned to the family for a week or two before a rental. If anyone knows of or has available space for a family of 4 for a short period, please notify Norah Patriquin or the church office.

## ANNUAL CONGREGATIONAL MEETING 2022

Kitchissippi United Church will be holding its Annual Congregation meeting – it has been moved to **Sunday, April 24, 2022 via ZOOM**. A Zoom link will be sent out prior to the meeting.

## UPCOMING MEETINGS AND EVENTS

### UPCOMING

**Lenten Reflection series at RPUC:** Wednesdays at 7:00 pm, join us on Zoom for a time of reflection and prayer on themes from the Lord's Prayer:

Rideau Park United Church is inviting you to a scheduled Zoom meeting.

Topic: Lenten Reflections

Join Zoom Meeting <https://us02web.zoom.us/j/5583434610>

### ONGOING

**Broadview Reading Club - Tuesdays from 1 - 3pm**

Zoom: <https://us02web.zoom.us/j/89093844185>

**NO MORE Coffee Time Zoom on Thursdays** now that we can visit in the Church Sanctuary!

**Mens Group (online)** - Gentlemen of KUC and the wider community meet **Thursday mornings from 9:30am to 11:00**. Discussions are wide ranging, as we attempt to solve all the world's problems, every week. If you want to join the Men's Group discussion please contact Doug Patriquin [patriquinfam@sympatico.ca](mailto:patriquinfam@sympatico.ca) or Clayton Porteous at [porteousclayton@outlook.com](mailto:porteousclayton@outlook.com) for the Zoom link.

**Rideau Park United Church Meditation Group Online: Thursdays at 10am**

Twenty minutes of quiet, peace, and mindfulness, shared Meditation is not difficult. And group meditation is a deepening experience. To join in the live group, please email Rev. Steve Clifton for the Zoom link [sclifton@rideaupark.ca](mailto:sclifton@rideaupark.ca)

## WIDER CHURCH



... Is back for in-person Day Camp starting Summer 2022!  
We will be offered for 5 weeks between July 11<sup>th</sup> to Aug. 12<sup>th</sup>  
To learn more please contact Kristy Drost, Camp Awesome Director  
at [campawesomeottawa@gmail.com](mailto:campawesomeottawa@gmail.com).

**Dana Ducette**

Minister, Youth and Young Adults (YAYA)

UCC Eastern Ontario and Outaouais Regional Council 12 (EOR )

Mobile: 613-608-8411

## WE ARE HERE FOR YOU - PLEASE REACH OUT

### Kitchissippi United Church

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### Rev. Jenni Leslie

Minister

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### Diana Brushey

Faith Formation Leader

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THE CHURCH OFFICE IS STILL  
NOT OPEN TO THE PUBLIC.

All office emails and phone  
messages will be  
checked through the  
holiday.

[www.kitchissippiuc.com](http://www.kitchissippiuc.com)

facebook

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### Gavan Quinn

Music Director

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### Jerzy Spychalski

Custodian

**Don't forget Daylight Saving Time changes on March 12/13, 2022 – We Spring ahead 1 hour!**

