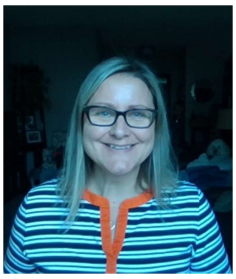
Black History and Futures Month

Kitchissippi UNITED CHURCH

Sunday, February 27th, 2022
Live Stream Service at 10 am

SUNDAY MORNING WORSHIP at 10 AM LIVE STREAM GO TO
WWW.KITCHISSIPPIUC.COM

MESSAGE FROM REV. JENNI

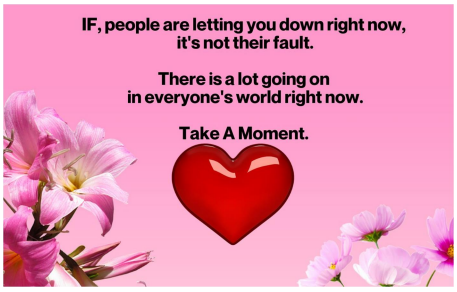


Good snowy Friday to you!

I just want to take a minute to acknowledge that the world is a little upside down right now. Maybe more than a little. Right now, humans are not at their best. Folks are stressed out. Some folks are experiencing heightened anxiety, despair, frustration and fear. Because of the turmoil in the world and with the continuing pandemic, some folks are lashing out, becoming short tempered/easy to anger, quick to judge. You may be noticing more road rage, more online hostilities, strong opinions and reactions. Something as simple as what your loved one wants at meal time might become an argument. You might find yourself feeling these things too - I know I have. A ton of snow falling on a Friday when you have stuff to accomplish outside the house is an added stress. A garage door breaking, added stress. The price of groceries going up, added stress. A zipper breaking added stress. We might be feeling all these things a little more acutely right now and I encourage you to acknowledge this. As Andrea and I spoke about a couple of weeks ago: acknowledge the pain. I hear you. I see you. You are not alone. We are all experiencing a lot of stress right now. You might consider processing your stress by writing in a journal, phoning a friend (and asking if they have the energy to listen to your pain), ripping up some newspaper (apparently it's cathartic), writing a strongly worded letter to the most recent frustration (or person who caused it) you might have (and not sending it). Finding a really great movie or comedy show to watch on TV (laughing helps). I pray that you find some way to relieve your stress this weekend.

Please be gentle with yourself and those around you? Please know that you aren't alone?

We will have some time to be together on Sunday, February 27th from 2 - 3 pm outside the church (bathrooms will be open). Come for some community time, some time to eat some pikelets and a time to remember that we are not alone - we live in God's world and we exist in community to further the work that Jesus taught us to do: to further



God's kindom by loving one another, by loving neighbour, healing, peace and justice seeking.

Please take care,
With love and blessings,
Jenni

Trivia Night tonight
Friday, February 25 at 7pm.
Please join me - this is a fun evening
of trivia and stories - your stories –
Zoom link: https://us02web.zoom.us/j/82250633588

FAITH FORMATION

Sunday, February 27th, 2 pm: "Mardi Gras" and winter festival on the lawn.

Join us just before Lent for pancakes, snow games, snowy story walk, and music!
Join us this Sunday at 2 pm for an early "Mardi Gras" event before Lent!

We will have some snowy winter festival activities on the front lawn of the church, plus colourful Mardi Gras mask craft and Shrove Tuesday (Shrove Sunday!) mini pancakes in the Alcove Garden. Masking/distancing are still in place at this time. We will have Lenten study and family activity guides available to take home as well.

Looking ahead to PIE Sunday on March 13th, please note that our PIE event time has changed to 11 am (after worship) We will still be having outdoor PIE activities, including colourful art, a Pride quiz, and of course pie!

Sunday, March 13th, 11am: PIE Sunday
Join us to celebrate PIE day with rainbow art, quizzes from the Affirm Circle, and of course, pie!

KUC RE-OPENING NEWS

Reopening the church for in-person gatherings will be after March 1, 2022

The Reopening Circle met on February 22 to discuss the rollback of a number of the Provincial Covid Restrictions that will take effect on March 1, 2022. We are going to reopen for in-person worship on Sunday, March 6th. It will be Communion Sunday as well as the first Sunday in the season of Lent. We will use the "tiny cups" for communion, the ones we have become familiar with during the Pandemic.

The Church Hall will also reopen for rentals and meetings after March 1, 2022
We are going to continue with asking for vaccine passports, except for children. We recommend that they be fully vaccinated, if eligible, but we will leave it up to parents to make their own decisions. Formal Sunday

School activities are not starting yet but pew activities will be available in the Narthex. Outdoor events will continue to be offered and families with young children are encouraged to join us.

We will continue to mask and social distance. We will have a couple of sanctuary windows open during services and will use the ventilation system in the Hall.

We will not be having refreshments inside yet or congregational singing. The choir members will still sing behind the barriers but they may decide whether or not they will remove their masks for singing.

There are two upcoming congregational events that will be held outside as pancakes and PIE will be a part of the festivities.

The reopening circle will reconvene at the beginning of April to review the Covid situation then. By that time, we hope to remove the vaccine passport requirement, distancing, and the mask mandate. Once the mask mandate is lifted, refreshments will be able to serve inside and we will resume our fellowship time after Sunday services.

Masked congregational singing will be one of the last activities to resume, followed by unmasked singing. The data that we will be monitoring with regards to reopening further will be Covid wastewater reports and hospitalizations after the March Break and what happens in terms of the emergence of new variants.

Praying for your good health.
The KUC Reopening Circle

OUTREACH

Carlington Chaplaincy (continues)
The Chaplaincy runs on a very small budget, and depends on donations of many kinds to function. Your help, via monetary donation, in-kind goods or services, or even a donation of your time, will make a big difference in the lives of Carlington residents accessing the Chaplaincy's services. Residents gain better access to healthy food, a stronger sense of community, and opportunities for personal and artistic development. Attached below is a wishlist that outlines some of the things we need. Donations can be dropped off at Carlington Chaplaincy at 102-1465 Caldwell Avenue. You can also email Shemi programcoordinator@carlingtonchaplaincy.com or call 613-728-9933.

WISH LIST ITEMS

- Grocery/ Gift cards
- Art supplies
- Black Tea, crackers and fruit
- Muffin bakers!

Kitchissippi United Church is excited to announce Refugee sponsorship news!
After several years of waiting, we have a Burundian family for 4 arriving in Ottawa in the coming weeks. Please contact Norah Patriquin at patriquinfam@sympatico.ca or the church office at 613-722-7254 if you want to help. More new to come!

ANNUAL CONGREGATIONAL MEETING 2022

Kitchissippi United Church will be holding its Annual Congregation meeting on **Sunday, March 27, 2022** via Zoom. The time and a Zoom link will be sent our prior to the meeting.

In preparation for our Annual meeting on **March 27th** – we will be putting together the Annual Report together to be Circle and Committee Chairs, please submit your contributions **BEFORE February 24, 2022. You can email your submission to Kirsten Gracequist at kgracequist@kitchissiiuc.com.**

UPCOMING WORSHIP SERVICES

WE CONTINUE ON LINE - LIVESTREAM SUNDAYS (NO IN PERSON WORSHIP AT THIS TIME)
HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS
https://www.youtube.com/channel/UCwATU1r0zB1PIIaRmr2teVA

UPCOMING MEETINGS AND EVENTS

Broadview Reading Club - Tuesdays from 1 - 3pm March 1, p26-35 and p36-41 in the March issue
Zoom: https://us02web.zoom.us/j/89093844185

(NEW) UCW meeting - Wednesday, March 2 at 1:00 pm in the church hall. All women of the congregation are welcome to attend.

Coffee Time Zoom - Thursdays from (new time) 1pm until 2:30pm. Bring your own beverage and join for conversation and inspiration. Bring a poem to share if you'd like!
Zoom: https://us02web.zoom.us/j/8925057455

Mens Group (online) - Gentlemen of KUC and the wider community meet **Thursday mornings from 9:30am to 11:00**. Discussions are wide ranging, as we attempt to solve all the world's problems, every week. If you want to join the Men's Group discussion please contact Doug Patriquin patriquinfam@sympatico.ca or Clayton Porteous at porteousclayton@outlook.com for the Zoom link.

Rideau Park United Church Meditation Group Online: Thursdays at 10am
Twenty minutes of quiet, peace, and mindfulness, shared Meditation is not difficult. And group meditation is a deepening experience. To join in the live group, please email Rev. Steve Clifton for the Zoom link sclifton@rideaupark.ca

WIDER CHURCH

WORLD DAY OF PRAYER SERVICE
FRIDAY, MARCH 4, 2022

A Virtual Service hosted by Parkdale United Church
A warm invitation is extended to all members and their friends of Kitchissippi United Church to join our neighboring west end churches for the **World Day of Prayer Service** on **Friday, March 4, 2022**. Written by World Day of Prayer Committee of ***England***, ***Wales and Northern Ireland,*** the service focuses on the theme,

"*I Know the Plans I Have for You*," based on Jeremiah 29: 1-14. Because of the pandemic, the service is being videotaped in advance and will be available for viewing on Parkdale United Church's website www.parkdaleunitedchurch.ca as of March 4, 2022. The service will be posted on the site for several weeks. Participating churches include Queen of the Most Holy Rosary Roman Catholic Church, Kitchissippi United Church, Woodroffe United Church, St. Martin's Anglican Church, Our Lady of Fatima Roman Catholic Church, host Parkdale United Church and St. George's Roman Catholic Church. Come join your sisters and brothers in solidarity with fellow Christians from around the world by participating in the World Day of Prayer.

The World Day of Prayer is sponsored and supported by the Women's Inter-church Council of Canada, a national ecumenical organization with a mission to empower Christians to pursue justice, peace and reconciliation by standing together in prayer and in action. Donations are gratefully received to maintain the World Day of Prayer and to deliver grants to support grassroots social justice programs here in Canada and with its WDP global partners.

Donations can be made on-line by contacting www.wicc.org/donate or by text using 647-953-5557 from a smartphone, or by sending cheques made out to WICC with World Day of Prayer on the memo line to Women's Inter-church Council of Canada, 47 Queen's Park Crescent East, Toronto, ON M5S 2C3. Tax receipts will be provided for donations of $20 or more.

WE ARE HERE FOR YOU - PLEASE REACH OUT

Kitchissippi United Church
630 Island Park Drive
Ottawa, ON K1Y 0B7
PHONE: 613-722-7254

THE CHURCH OFFICE IS NOT OPEN TO THE PUBLIC UNTIL FURTHER NOTICE.

All office emails and phone messages will be checked through the holiday.

www.kitchissippiuc.com

Rev. Jenni Leslie
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Diana Brushey
Faith Formation Leader — diana.brushey@kitchissippiuc.com

Kirsten Gracequist
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Gavan Quinn
Music Director — gavanquinn@gmail.com

Jerzy Spychalski
Custodian