

OCTOBER 28, 2021



Kitchissippi
UNITED CHURCH

Sunday, October 31st, 2021

**SUNDAY MORNING WORSHIP at 10 AM LIVESTREAM GO TO
WWW.KITCHISSISSIPPIUC.COM**

MESSAGE FROM REV. JENNI



Hello and good afternoon!

I hope you've had a good week and all those who might be excited about Halloween have their costumes secured!

My kids have always gotten excited about Halloween. While I may be creative with words, I am definitely not creative with costumes! Luckily, they have creativity to spare and have been deciding for themselves for a very long time! (You will see their (albeit teenage) excitement on Sunday.) I hope that we can celebrate together on Sunday - don't forget you are welcome to dress up for Halloween for church at 10, so that you can be ready for the Trunk or Treat event after the service in the parking lot along the Queensway wall. Folks are encouraged to decorate their trunks and hand out/available goodies or school supplies. If you can, stay around to see the Kitchissippi kids! And if you'd like to swing by, we'll be in the parking lot starting around 11am.

When I was researching Halloween, I read about the history. Did you know that people used to make "soul cakes"? From NPR: "Samhain was the festival of the dying sun god, and its dark power stayed potent even as the old ways faded. Samhain became All Souls' Eve and All Souls' Day. The practice of gathering round a bonfire waned. Instead, night visitors of the Dark Ages began to venture abroad, going house to house. If they were lucky, they would be met at the doorstep with a plate of sweet and steaming soul cakes. By the 8th century, soul cakes had been sanctified and civilized. They were used to pay the beggars who came around on All Souls' Eve and offered to say prayers for the family's departed. One cake given, one soul saved — cheap at the price. Vexatious for the interested cook, soul cakes seem to have been as various in form as in purpose. I've seen dozens of recipes, some leavened and rising heavenward, others flat and dense as tombstones. Some are cakey and some are biscuity. Some are gingery and some are saffrony. They may be square, oval or round, marked with a cross — or not. That's the thing about myths: The fact that there's never a single right answer doesn't diminish their power."

I thought I might make some soul cakes for the trunk or treat on Sunday. The recipe I initially encountered included currants. Don't get me wrong, currants are lovely! But how many children do you know that like currants? What about raisins in baking? Yes? You are lucky! My teens have never enjoyed raisins (yay for their teeth), but one loves carrot cake and one loves butter tarts. It is a very sad, ruined day when either finds a stray raisin in either of their favourite desserts. (Mason was 6 when he first asked for a carrot cake as a birthday cake!) Lucky was the parent who could hand their toddler a wee box of raisins in the grocery cart and that could amuse the tot for the duration. This was not me/us.

Do you think you'll make some soul cakes this year? Give them to neighbours? Check in with me after church, we might find some in my trunk! (Here's a recipe in case you want to try: <https://cookingjourneyblog.com/soul-cakes/>.)

I hope you have a fantastic weekend - and don't forget, when you dress up and give yourself permission to have fun and be silly, you are also giving those around you, including children and youth, the permission to do so also!

With thanks and blessings,
Jenni

p.s. I'll be dressing up for Halloween on Sunday - will you be able to recognize me???

FAITH FORMATION

TRUNK OR TREAT

(This) Sunday, Oct 31st -- HALLOWE'EN! -- join us after worship for a Trunk or Treat Event

Kitchissippi United Church invites you to the Trunk or Treat event on Sunday, October 31st at 11 am (after church), in the parking lot at 630 Island Park Drive.

Not sure what Trunk or Treat is? Read on, and watch a quick video from our helper Maya explaining how to participate!

Bring your costumes and decorate your car with anything Hallowe'en or fall-themed!

We'll have extra decorations available on the spot if you want to participate but don't have time to plan! Fun Hallowe'en kits will also be given out for the kids.

Here's Maya, explaining more:
<https://youtu.be/cXmQ-6fsp6g>

With some candy and a few decorations, we can have a fun, Covid-safe Hallowe'en day with activities for everyone. Here are some decoration ideas: It can be very simple, like a few pumpkin decorations and orange streamers...



TRUNK OR TREAT

WHERE? Kitchissippi United Church
(630 Island Park Drive)
Parking lot (cuz it's TRUNK or treat...)

WHEN? Sunday Oct 31st at 11AM



BRING COSTUMES, CANDY, AND DECORATE YOUR CAR FOR HALLOWE'EN!

HALLOWE'EN KITS FOR KIDS, ACTIVITIES, AND DECORATIONS ON THE SPOT (WE'LL HAVE EXTRAS!)

UPDATE ON COVID-19 VACCINATION POLICY AT KUC

Update on Covid-19 Vaccination Policy for KUC – November 1, 2021

A special meeting of Council was held on Wednesday, October 27, 2021 to discuss options regarding a Covid 19 vaccination policy for those who are attending gatherings at KUC. After lengthy discussion and prayerful reflection, Council voted in favour of the following motion:

"All persons attending a gathering in the Kitchissippi United Church building must show proof that they are fully vaccinated for Covid-19. Fully vaccinated means two doses of Health Canada approved vaccines

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administered at least 14 days prior to the gathering. Those who are unable to attend in person are encouraged to attend via live stream"

In coming to this decision, Council appreciated and very much regretted that this would preclude some, particularly including children for the moment, and as a further option reviewed steps that could be taken to allow those not vaccinated to attend. However, it was recognized the attendance of those unvaccinated could expose others to risk and accordingly this option was not accepted, particularly given that livestreaming is now available, and that the policy will be temporary. We want to particularly note the loss we all feel of not having intergenerational services for so long and that we will endeavour to continue outreach to young families for faith formation materials and activities. Council also noted that from time to time we continue to hold outdoor services that would allow all to attend.

Council's decision requiring proof of vaccination will allow the church to remove its capacity restrictions, and pre-registration will no longer be required. For Sunday worship, proof of vaccination can be provided and confidentially recorded, in which case no further proof will be required, or it can be provided weekly. Attendance will be taken for contact tracing purposes. The Policy will take effect commencing November 1.

Council emphasized that the proof of vaccination requirement is a temporary measure which will be revisited as required. As soon as circumstances permit, Council was clear that the Church must be allowed to be open to all. In the interim, however, persons unable to attend Sunday worship in person are encouraged to live-stream the service. A link can be found on the Kitchissippi UC website (www.kitchissippiuc.com).

UPCOMING EVENTS AND MEETINGS

Broadview Reading Group – Tuesday, November 2 at 2 pm – Via Zoom
Zoom link: <https://us02web.zoom.us/j/89093844185>.

Outreach Circle meeting – Thursday Nov 4, 12 noon to 1pm - in the Church Hall

KUC Affirm Meeting – Tuesday November 9, 2021 at 7 pm – Via Zoom

Below is video of Jordan Sullivan at Rideau Park UC last year, on Rideau Park's facebook page.
<https://www.facebook.com/528596567/videos/10157390102166568/>

UCW

UCW - Wednesday, November 3 at 1:00 in the hall. All women of the congregation are welcome.
Guest speaker - Penny Freitas, Hospice Care Ottawa.

Hospice Care Ottawa is a community-based charitable organization. Services are offered for clients and their loved ones to experience palliative and end-of-life care in a supportive and peaceful setting. Penny Freitas of the Community Outreach Team will join us to share the story of Hospice Care Ottawa, the various programs offered to the community and her experience as a volunteer.

BEET PICKLES FOR SALE!

Beet pickles are on sale for \$6.00.

If you want any, please let Marion Reid know – she can be reached at 613-722-0274.

OUTREACH

Parkdale Food Center- Join your friends at PFC for virtual screening of our movie:
Sitting At The Table – A Human Right To Food

Sitting At The Table - A Human Right To Food is a short film discussing food insecurity, the poverty cycle, and the power of good food, through the voices of those that experience it, Neighbours in the community. We hope this short film will be used as an advocacy tool, to challenge equitable access to food for all.

The short film was created by the talented Hersi Osman, in partnership with the vision of Parkdale Food Centre and powerful words, thoughts, and conversations from Neighbours:

- **November 3rd at lunchtime: 12 PM (NOON)**
- RSVP using the link Below
- Hear from PFC executive director Karen Second
- Zoom link and media toolkit will be shared the day before the virtual event

RSVP here:

<https://mailchi.mp/a54ad161c45f/your-neighbour-needs-you-7262462?e=4a428c36a4>



CARLINGTON COMMUNITY CHAPLAINCY - FUNDRAISER

CARLINGTON COMMUNITY CHAPLAINCY

Due to the ongoing COVID pandemic, the Chaplaincy Board has decided to cancel the annual fundraising dinner again and substitute a three pronged approach to raising the funds we need to meet the increased demand for our services.

We will hold a virtual Silent Auction during the last two weeks of November and as usual invite you to consider donating an item or two valued at \$30 or more. You can respond to our Program Coordinator, Shemi Adeoye with information and a photo of your donated item at programcoordinator@carlingtonchaplaincy.com

If you can donate new or nearly new items that are valued at under \$30, we will list these separately and invite supporters to purchase them online, for pick up from the Chaplaincy. Members of the Y Service club will set up and run this Gift Table project and you can register to receive updates at ysevice@primus.ca.

As we did last year, we invite you to send a donation equal to what you would give if you were purchasing a ticket to the annual dinner, namely \$50 and receive a tax receipt. You can contribute by a cheque mailed to the Chaplaincy, through Canada Helps or by Interac e transfer to our Treasurer at treasurer@carlingtonchaplaincy.com. *Thank you for your generous support this year!*

David Hall

Below is a list of suggested items for the Silent Auction and online Gift Table.

CARLINGTON COMMUNITY CHAPLAINCY VIRTUAL SILENT AUCTION

Request for items for our 2021 virtual Silent Auction.

Here are some suggestions for possible donations, as Goods, Services and Talents. Items with a value of \$30 and up will be accepted in the Silent Auction.

Other smaller items will also be sold online as possible gift items for family and friends, on a virtual Gift Table.



GOODS: especially consumables.

- Gift baskets of preserves, snacks, wine, cheeses etc.
- Home baking – pies, cakes, muffins, squares, loafs, jams, pickles etc.
- Gifts you never will use or even open.
- Gently used equipment and household items, cleaned up and in working order.
- Tickets to movies, theatre, special events and tourist spots.
- Certificates/passes for Restaurants, Shows: NAC, OLT, CentrepoinTE, GCTC
- Museums and Sports events – Senators, 67's, Basketball and Football; Ice shows; Golf courses, driving ranges.
- Something you won in a raffle or as a door prize.
- Craft items, knitting, woodwork, paintings etc.

SERVICES:

- Host a dinner, a wine tasting or an outing with a meal or snacks.
- Host a cottage day or weekend; sailing excursion;
- Offer to babysit, to clean up a garden in Spring, to give gardening and landscaping advice, offer to take a family photo.
- Professional help such as establishing a will, building a deck, hard landscaping.
- Use of a truck for moving things.
- Provide a drawing or painting or photograph of their house or garden

TALENTS:

- Teach someone to sew, play a musical instrument, fix a computer problem.
- Help build a scrapbook, frame a picture.
- Perform at a wedding, funeral, birthday party or other event, vocally or instrumentally

Contact Dave Hall at 613-225-3882 or at davidfhall@magma.ca with details of your donation, a photo of each object and an approximate dollar value. **Auction Dates: November 15th to 28th, 2021**



MOON SISTERS OF ONTARIO

For the month of October Moon Sisters Ontario will be collecting period products for Indigenous Northern Communities in Ontario, Quebec and Nunavut. All items are purchased and sent free of charge to the communities and paid for by monetary donations.

Kitchissippi UCW is contributing to this project. For more information on Moon Sisters or to make a personal donation please visit <https://truenorthaid.ca/moon-time-sisters/>. This is an official charity so donations are eligible for tax receipts.

KUC – RETURN TO WORSHIP AT KITCHISSISSIPPI

We have returned to worship services in the building at Kitchissippi United Church – 630 Island Park Drive. Please RSVP through our online **registration link below** (maximum 50 people). Deadline to register is Saturday(s) at 6PM <https://www.eventbrite.ca/e/sunday-services-tickets-174190447317>

WE ARE LIVE LIVESTREAMING ON SUNDAYS at 10 AM!

This YOUTUBE channel features live streams of our Sunday services for those who are unable to attend during the COVID19 pandemic, as well as miscellaneous videos produced by KUC staff and volunteers featuring the choir, special KUC events, and more. Even if you can't join us in person, we hope this channel will help you worship from home!



HERE IS THE LINK TO VIEW THE KUC YOUTUBE CHANNEL ON SUNDAYS

<https://www.youtube.com/channel/UCwATU1rozB1PIIaRmr2teVA>

KUC SUNDAY USHER SCHEDULE

TEAM 1	TEAM 2	TEAM 3	TEAM 4
Marilyn Sierolaski	Marilyn Sierolaski	Marilyn Sierolaski	Marilyn Sierolaski
Richard Christie	Nancy Brodie	Jane Craig	Lary Laidlaw
Jane Christie	Narah Patriquin	Bruce Chapman	Anne Fraser
Helen Witkowski			Bruce Fraser

- TEAM 1** NOV 7, DEC 5
- TEAM 2** NOV 14, DEC 12
- TEAM 3** NOV 21, DEC 19
- TEAM 4** OCT 31, NOV 28, DEC 26

WE ARE HERE FOR YOU - PLEASE REACH OUT

Kitchissippi United Church
 630 Island Park Drive
 Ottawa, ON K1Y 0B7
 PHONE: 613-722-7254

Rev. Jenni Leslie

Minister

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Diana Brushey

Faith Formation Leader

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THE CHURCH OFFICE IS NOT OPEN TO THE PUBLIC UNTIL FURTHER NOTICE.

Kirsten Gracequist

Office Administrator

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All email and phone messages are checked daily!

www.kitchissippiuc.com

Gavan Quinn

Music Director

gavanquinn@gmail.com

Jerzy Spsychalski

Custodian

