



*Kitchissippi*  
UNITED CHURCH

Sunday, February 21, 2020  
First Sunday in Lent

**SUNDAY MORNING WORSHIP LIVESTREAM - 10AM**  
[www.rideaupark.ca](http://www.rideaupark.ca)

**MESSAGE FROM REV. JENNI**



Good Friday, folks!

As with most things these days, we are taking one day at a time. Which means, when Ash Wednesday happened and Lent began, I hadn't really taken a chance to think about the discipline of Lent that I might take up. Did Lent sneak up on you too?

Generally, we've learned that "Lent, until its final week, is a time of disciplined consideration of our life and death AS TRANSFORMED BY our covenant with God and is closely related to the administration and reaffirmation of baptism at Easter." (Laurence Hull Stookey, in his book *Calendar: Christ's Time for the Church*.)

We are being encouraged to take a disciplined approach to looking at our life and death, informed by our faith, informed by our relationship with God. What is something that you can do, in a disciplined way (which usually means daily), that will help you to live your life in a better way?

Stookey writes "the fuller Lenten discipline is a self-examination that seeks greater conformity to the mind of Christ, and more effective ministry on behalf of the world (which is what true devotion is all about). In this perspective, Lenten disciplines are not temporary deletions or additions but spiritual exercises that permanently alter us."

On Ash Wednesday, I was drawn to the idea of writing (which I do a lot of for work, here), especially in my journal. I set a goal for myself to write everyday, but what I wrote about could vary. I decided that at the beginning, it would be ok to ease into the practice by copying down a prayer I find online, an inspirational quote, a Bible verse or the like. I expect this discipline to morph over the 6 weeks: by the end I may be writing long prayers or theological reflections, but that is not the goal right now. The goal is to write, with a pen, each day. Where it goes is going to be spirit led.

What discipline will you embrace? What do you feel you need to do to get closer to God? What do you feel you need to do to understand yourself and your faith better?

If you want to chat about this, please know that I am always up for a visit on the phone or by zoom!

Blessings for your Friday!  
Jenni

P.S. In Coffee time this week, we talked about the vaccine rollout and I found the graphic below to help remind us. The Reopening Circle, which met this week, figures we will be back in the sanctuary in September, at the earliest. And we agreed that the majority of us having the vaccine was one of the biggest factors. We want worship to be safe.

## **What's happening in the coming week:**

**Sunday** - Worship livestreamed with Rideau Park @ [rideaupark.ca](http://rideaupark.ca). Don't forget your elements for Communion!

**Monday at 11am** - Private Memorial for **Beryl Brown**. Please hold her family in your prayers as they grieve? Obituary to come soon.

**Tuesday:** Broadview Reading club meets - 1-3 pm (Discussing articles on pages 9 and 20 in the March edition.) Zoom link: <https://us02web.zoom.us/j/89093844185>

**Wednesday:** Lenten Reflections by Zoom at 7 pm. This is a 1/2 an hour service to go deeper into Lent. They are called Conversations with Jesus and the leader (Steve, Elizabeth or I) will explore the conversations Jesus has with important Biblical folks. Zoom link here: <https://us02web.zoom.us/j/5583434610>

**Thursday:** Coffee Time 1:30-3pm. Bring your own coffee/tea! Zoom link here: <https://us02web.zoom.us/j/8925057455>

**Friday** - Monthly Trivia Night! At 7 pm It's Canadian Trivia and it's not easy! But we laugh and have fun! Zoom link here: <https://us02web.zoom.us/j/82250633588>

## **Ashes**

Create in me a beautiful heart, O God,  
and put a new and faithful spirit within me.

—Psalm 51.10

Take all of who I am,  
the me-ness of me,  
what makes me who I am,  
the special, the unique,  
the brilliant and the unpardonable,  
all I'm so proud of, and so ashamed,  
that I've worked so hard to fashion,  
that I'm still working on,  
what I can't part with  
because there wouldn't be  
anything left of me—  
take it.

Take it.  
I lay it in your hands.  
Gather it into yourself,  
into your dark, generous mystery,  
and in the flame of your creating heart  
burn it.



Then into the dust and ashes  
breathe your breath,

and with gratitude  
I will receive  
who rises

when in your grace  
you give me  
me  
anew.

Steve Garnaas-Holmes

**ANNUAL REPORT SUBMISSIONS AND KUC ANNUAL CONGREGATIONAL MEETING**

**Kitchissippi United Church Annual Congregational Meeting (ACM) – Sunday, March 14<sup>th</sup> at 1PM (via Zoom)** there will more information and the Zoom link to come prior to meeting date.

**HAPPENING THIS WEEK**

**BROADVIEW (ON-LINE) BOOK CLUB**  
ZOOM Link: <https://us02web.zoom.us/j/89093844185>



Tuesday February 16th Tuesday February 24th	Tuesday March 2st Tuesday March 9th Tuesday March 16th Tuesday March 24th Tuesday March 30th	Tuesday April 6th **Monday April 12th Tuesday April 20th Tuesday April 8th
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**VIRTUAL COFFEE TIME**

**Thursdays 2021 is Virtual Coffee Time from 1:30 pm - 3 pm.**  
You can come and join us for a little bit or the whole time: there are no rules! Imagine yourself in the church hall after a church service, you've just filled your mug with steaming hot coffee and you turn and look around and think: who do I want to talk to this morning (except it'll be in the afternoon)? We all look forward to the Church hall coffee/tea and conversation, and until then, we will meet this way for everyone's safety. And, sadly, you have to make your own coffee or tea ☺  
**Please join us: <https://us02web.zoom.us/j/8925057455>**



## SOMETHING NEW?!

### COVID-19 technology – Computer help anyone?

During these COVID-19 times, more and more of us are exploring and using different technologies – computers, i-phones, Zoom , Google Meets, Instagram, Facebook, YouTube, on line learning, shopping registration,... The list and possibilities are endless and so are the unknowns :)

- How do you change the background on a Zoom call?
- How do you share screen?
- What is the difference between a GIF and an emoji and how can I find them?
- How can I forward something on YouTube?

The questions and answers can be both complex and very simple.

Maybe we should have an Ask the expert forum. Somewhere we could ask simple technology questions and where simple answers are available. It could be via a simple Q&A in the Friday file or a Zoom meeting, or one-one or some other forum. Is this something that would interest you? Do you have questions or do you have the answers?

Please let me know if this is something you think we should explore. You can send me (Mary Laidlawan e-mail at [memlaid@gmail.com](mailto:memlaid@gmail.com) or through the church.

## CARLINGTON CHAPLAINCY FUNDRAISER – ON LINE

**(New) Carlington Chaplaincy and Y/Service Virtual Yard Sale/Fundraiser . This is not an auction - first offers will be accepted.** Go to: <http://www.carlingtonchaplaincy.com>

## WIDER CHURCH

**“Racism, White Privilege and the Invention of Race” with Rev. Dr. Anthony Bailey.  
St. Basil’s Parish’s Conversations for our Times Zoom Gathering  
Sunday, February 21 at 2:30 p.m.**

Join Zoom Meeting <https://us02web.zoom.us/j/84170503674?pwd=aXlIZTZvMHpYNEo2ZmhaQmlWVGdsZz09>  
Meeting ID: 841 7050 3674  
Passcode: 934952

Rev. Dr. Anthony Bailey is the Senior Minister at Parkdale United Church in Ottawa. Originally from the Barbados, he grew up with his siblings and parents in the Montreal area. He has academic degrees in social work, theology, philosophy of religion and ethics and culture. He has worked in hospital ministry and has taught at McGill University and at the University of the West Indies in Kingston, Jamaica. Rev. Bailey and his wife Wendy and their children came to Parkdale United after ministering in Jamaica. He has also ministered in Kenya, East Africa.

Frequently invited to speak at workshops and lectures in churches, schools and federal government departments, Rev. Bailey is recognized as an expert in intercultural competence, social justice, anti-racism, Black History, and racial justice. Rev. Bailey was awarded the DreamKEEPERS Dr. Martin Luther King Jr. Life Achievement Award for racial reconciliation.

**WE ARE HERE FOR YOU - PLEASE REACH OUT**

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**CHURCH OFFICE CLOSED  
UNTIL FURTHER NOTICE DUE  
TO THE COVID-19 PANDEMIC**

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