



Sunday November 8, 2020 Remembrance Sunday

Message from Rev. Jenni



Good Friday to you!

We are heading into a beautiful weekend, weather wise, and I hope you have some outdoor plans: gardening, walking or safe visiting with family or friends. I have 3 peony roots, some tulips and a bunch of garlic to plant yet. I'm expanding my garden at the back a bit (first thing in is a forsythia bush) and not sure yet what it will look like.

It's interesting to have no vision of something but still planting and imagining. I have an intention though: grow beautiful things that make my backyard both wonderful to look at and smell and to dwell in. Intention. Vision. Imagination.

As we go into the winter months, I believe, it will be very important to consider these: intention, vision, imagination. How will winter look, feel, smell, taste for you? I don't know about you, but I still plan to bake Christmas cookies (and sadly will break a two decade tradition of baking with friends in their homes or mine), decorate the house, watch the snow fall and stay inside and marvel at the power of snow storms. Getting outside has always been a challenge for me in winter and I am setting an intention to get outside more often this winter. The articles below have helped. They are inspirational. They may help me to imagine myself outside and enjoying it. In this first article, there is a video by BBC in which various Swedes are interviewed about their love of the outdoors. One said, prophetically, "There is no bad weather, just bad clothes." Check it out here: https://www.openhorizons.org/friluftsliv-nordic-for-the-fresh-air-life.html?fbclid=lwAR3E8Lo-qjQ5fJDHPMN5cx-6pTfEz9O_i84BK3ru7HcBNqBJPyttVI66Mw4

Similarly, and something we have experienced with the guidance of Andrea Prazmowski, forest bathing or forest therapy. Here is an article describing it: https://time.com/5259602/japanese-forest-bathing/?fbclid=lwAR3zjoXqHEtk7Re Ddkkre2JMjGVF Ddkkre2JMjGVF https://time.com/5259602/japanese-forest-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/5259602/japanese-forest-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/5259602/japanese-forest-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/5259602/japanese-forest-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/stata-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/stata-bathing/?fbclid=lwAR3zjoXqHEtk7Re https://time.com/stata-bathing/parabhing/parabhing/parabhing/ https://time.com/stata-bathing/parabhing/parabhing/ https://time.com/stata-bathing/ https://time.com/stata-bathing/ https://time.com/stata-bathing/ https://time.com/stata-bathing/ https://time

Whatever your vision of winter might be, we can revel this weekend in the weather that doesn't require consideration of wind chill.

Tonight and all day tomorrow, I will be attending the White Privilege Conference that is being held virtually out of Iowa. I attended this Conference in person in May of 2018 in Toronto and thought it was fantastic! Thank goodness for Central time, which will mean 10-6 on Saturday instead of 9am! You can read more here: https://sites.google.com/view/white-privilege-symposium-iowa/home?authuser=0

God's great Creation is waiting! Your belovedness is solid: God loves you with an everlasting love. God loves Creation the same way. Go to experience God's love in all this amazing interconnectedness.

Blessings on your weekend, and as always email if you'd like to chat, Jenni



BROADVIEW (ON-LINE) BOOK CLUB MEETING DATES

NOVEMBER:	DECEMBER:
Monday the 9th	Monday the 7th
Monday the 16th	Monday the 14th
Tuesday the 24th	Monday the 21st
Monday the 30 th	

Musical Reflections

(NEW) REFLECTIVE REMEMBRANCE DAY MUSIC recorded by Music Director, Gavan Quinn and a KUC Quartet (Liz Snelling, Wendy Warburton, Bill Tyson and Barth Curley)

http://www.kitchissippiuc.com/music-at-kuc/musical-reflections-2/

Music behind the Scenes

Did you know?

- The Wednesday musical reflections which are posted to the Kitchissippi UC website are all produced currently and remotely (they are not recordings from prior, simpler times).
- The KUC music leadership (aka Gavan Quinn) is participating regularly in the weekly worship services live streamed from Rideau Park UC.
- Gavan and Andrew Ager, the Music Director at RPUC, are collaborating on organ/piano duets (currently the November 8 service Prelude), and have exciting plans for further collaboration during the upcoming Christmas season.



How does a Music Director assemble an anthem from the choir members, all singing in the comfort of their respective homes?

- 1. Record the musical accompaniment and send it to choir members, with detailed instructions for each of their parts such as tempo, expression, volume, etc.
- 2. Each choir member listens to the accompaniment using headphones and sings along to it, while recording her/his part in isolation. Headphones are required to ensure that only the singer's voice is heard in the recording.
- 3. All choristers send their respective recordings to Gavan who, through the magic of technology and know-how, merges all vocal parts together with the instrumental accompaniment to create a beautiful choral anthem! What's more, Gavan is able to modulate the volume, the timing of vocal entries and cut-offs, as well as other musical elements which elude the layperson!

This is a complex and laborious undertaking, but it results in a seamless product which to the viewer/listener appears effortless. We thought you would be interested to know what is required in the music room - Behind the Scenes. Congratulations to Gavan and the choir members for keeping the wonderful music of KUC available to us any day, anytime, and to Kirsten for supplying the beautiful visuals which accompany each musical work. *M & P Committee*



Wednesday, November 11, 12 noon: a selection of music for Remembrance Day

Prelude in G-sharp minor by Sergei Rachmaninoff - Andrew Ager, pianist

"Call to Remembrance" by Richard Farrant - Singers of Kitchissippi United Church, Gavan Quinn, Director "In Flanders Fields" by Andrew Ager(premiere performance) Iain Macpherson, tenor

FAITH FORMATION



A MESSAGE FOR KUC YOUNG FAMILIES - FROM FAITH FORMATION DIANA BRUSHEY

UPDATE FOR KUC FAMILIES Newsletter: https://mailchi.mp/393904cob74a/kuc-halloweenwelcome

A YouTube link for my video message on the theme "Let Us Build A House Where Love Can Dwell" is here: https://www.youtube.com/watch?v=Y Y30Bm3ie4THE CHRISTMAS

THE CHIRSTMAS PAGEANT IS ON! The Annual Christmas Pageant is going VIRTUAL!

We are so excited to announce that our annual Christmas Pageant is going ahead this year! We are moving virtual and are so happy to keep this tradition going. We are looking for all interested babies, waddlers, toddlers, children, tweens, teens and young adults who can help us bring the story of the birth of Jesus to life in a whole new and hopefully memorable way!



We are asking families to reach out via email to Andrea at marcandrea@rogers.com to let us know who in your house would like to participate and the ages of those participating. We are inviting both Rideau Parkers and Kitchissipians to participate this year! We are asking everyone to please SIGN UP via email by Friday, November 13th.

As soon as everyone is signed up, I will reach out to interested families with parts and scripts. We will be asking families to film their children AT HOME and submit the videos digitally to Andrea. Details about how to film and submit will be sent with the scripts and roles. All parts must be filmed by Tuesday, December 1st to give Andrea plenty of time to work her magic.

The Pageant itself will air as part of the morning service on Sunday, December 13th, 2020. We hope this will be one of our biggest and best Pageants ever!

If you have any questions, please feel free to reach out to Andrea via text/phone at 613-762-1777 or via email at marcandrea@rogers.com

OUTREACH UPDATE

CARLINGTON COMMUNITY CHAPLAINCY FUNDRAISER

To Friends and Supporters of the Chaplaincy: At this time of year we would normally be preparing for our largest fundraising event of the year - the dinner and silent auction. In a recent poll of dinner attendees most agreed that the Chaplaincy cancel the dinner and ask for a donation instead (\$50 welcomed). Donations may be sent to the Chaplaincy by mail with a cheque to the Carlington Community Chaplaincy or by e-transfer to treasurer@carlingtonchaplaincy.com.

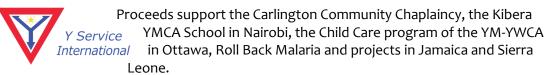
CARLINGTON COMMUNITY CHAPLAINCY The Carlington Community Chaplaincy is having a **virtual silent auction in November**. It needs some good silent auction items value \$50 or more. There will also be an online market for good saleable items! More details to come!

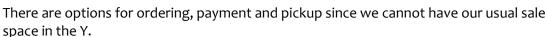
Please contact **Dave Hall <u>davidfhall@magma.ca</u>** or **Norah Patriquin <u>patriquinfam@sympatico.ca</u>** with items you wish to offer. This is an important fundraiser for the chaplaincy and your contributions can make a difference! Many thanks!

ALSO - KUC is one of 6 Central Ottawa United Churches involved in a "CLUSTER" looking at common areas of interest to partner in over the coming year. Three areas were identified: isolated seniors, food security and Stone Soup Network. This latter matches community needs with donations and skills, is in operation in Toronto and may become a project with the Chaplaincy. There's a zoom meeting next week re Stone Soup Network. Please contact **Norah Patriquin patriquinfam@sympatico.ca** or 613-601-4456 if you're interested.

FUNRAISERS HAPPENING NOW

Potted flowering plants for Christmas from the Ottawa Y Service Club







Order by November 21st to ensure your selection! After this date we may not be able to guarantee your choice of plant or colour. Plants available for pick up on December 1st and 2nd at Kitchissippi United Church.

New way to Donate – How to send an E-Transfer

Kitchissippi United Church is now set up to receive donations via e-Transfer. Here's how you do it.

Log into your online or mobile banking app and find the Interac e-Transfer option. It may be grouped with other transfer or payment options.

Click on the Recipient or Contact box and add a new recipient. Input the email address: donations@kitchissippiuc.com

Add your own email address in a "sending from" box. If you want a tax receipt make sure you are identifiable via your email address or add a note. Your banking app may allow you to also assign your name.

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Select the account from which you wish to send money and the amount you wish to donate. Add a note if you wish the donation to be designated for a special purpose or fund. Your donation will go directly to the KUC bank account. There is no need for a security question. The Church will also receive an email message indicating that you have made a donation and including your comments.

The order of these steps may differ with different banks but all Canadian banks should have an Interac e-Transfer option. Confused? Google "How to make an Interac E-Transfer" and the name of your bank and you should find instructions from your bank.

A message from your Envelope Secretary (Nancy Brodie)

We are here for you! Please reach out!

Kitchissippi United Church 630 Island Park Drive Ottawa, ON K1Y 0B7

CHURCH OFFICE CLOSED UNTIL FURTHER NOTICE DUE TO THE COVID-19 PANDEMIC

Emails and Phone messages are checked every day!

www.kitchissippiuc.com

facebook.

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