

NOVEMBER 13, 2020



Kitchissippi
UNITED CHURCH

Sunday November 15, 2020
Children's Sunday

MESSAGE FROM REV. JENNI



Hello and Good Friday to you - I hope you've had a good week!

I've had a busy week this week: lots of great meetings, and next week is no different! We are in the throes of planning Advent and Christmas, looking ahead to January, the Reopening committee will meet again to discuss safety and return to worship, another group is looking into livestreaming from Kitchissippi, I was part of an anti-racism conversation at the General Council level, we celebrated the life of Barry Martin, Helen Witkowski's son who died suddenly at age 54 and both Broadview Reading Club and Coffee Time continue

delightfully! Next week looks very busy as well!

In my backyard, I have been watching a squirrel steal newly planted tulip bulbs, to my frustration. (A couple of doses of bone meal does not seem to deter this one!) I heard Nancy Brodie on the Coffee Time say 'squirrels have to eat too' and Dave Hall's words from the spring echoed again 'I think of it as a wildlife tax' and thought...ok, the squirrel stole around 5 of the 50 we planted. Maybe I've given a squirrel tithe at this point? Ten percent? I guess what I'm saying is that my thoughts of "GET OUT OF MY TULIPS" on Wednesday have gradually changed to "squirrels are fun to watch and my dog sure loves chasing them...ok, squirrels". Ever had that happen? You're very adamant thoughts have slowly softened into something more kind, less rigid? Psychologists call this flexible thinking and I really like observing this in myself. Others have called it Emotional Agility and there's even a book on it. Here is a bit of an overview and a review of the book: <https://hbr.org/2013/11/emotional-agility>

Flexible thinking is one thing and having knowledge is another altogether! Do you have a lot of knowledge about Canada? I've rescheduled the Canadian Trivia night for next Friday.

TRIVIA NIGHT! Friday November 20th at 7pm

Do you love trivia? How about Canadian Trivia? Would you like to put a team together or play on your own? I have finally figured out the Breakout Room function on Zoom and so I can make teams happen, if you'd like! On a recent Zoom call, I think it was Pete McEwen who reminded us that Kitchissippi had a team at last year's Trivia Night at Carleton Memorial Church, a benefit for Algonquin College Chaplaincy.

If you want to make a team, please let me know by email? This is a bring your own beverage and appetizers event! (Or, have your dinner as usual!) Please email me if you have any questions? jleslie@kitchissippiuc.com

Join the zoom call here: <https://uso2web.zoom.us/j/84784370493>

Meeting ID: 847 8437 0493

One tap mobile

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+16475580588,,84784370493# Canada

I hope you have a wonderful weekend - enjoy the sunshine and the rain, if you can!

Blessings, Jenni

BROADVIEW



**BROADVIEW (ON-LINE) BOOK CLUB
MEETING DATES**

Want to know more? Go to <https://broadview.org/>

<p>NOVEMBER: Monday the 16th Tuesday the 24th Monday the 30th</p>	<p>DECEMBER: Monday the 7th Monday the 14th Monday the 21st</p>
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FAITH FORMATION

A MESSAGE FOR KUC YOUNG FAMILIES - FROM FAITH FORMATION DIANA BRUSHEY



This Sunday November 15th the zoom will be on the themes of Earth Cycles (and Pyjama day!). The time will be slightly later in the afternoon. (2PM)

WHEN - This Sunday join us for our zoom session about Earth Cycles! There are a lot of different cycles that happen on earth and humans play a huge part. We will be discussing some of these cycles and focusing on rethinking the ways in which we contribute. Since Saturday is national family pyjama day we invite you to wear your pyjamas for the zoom!

WHERE: ONLINE ZOOM- **please email Diana for Zoom Link information** - diana.brushey@kitchissippiuc.com

Important: Parents/guardians, please fill out a one-time permission form, here: https://docs.google.com/forms/d/e/1FAIpQLScqCjnRWff9pc_ikomHdvU2ueT1FhgjvqCS_f6wemjwdr_3Wg/viewform?usp=sf_link

*This session will be for all KUC kids & youth; we'll adapt our session to participants. Future sessions will be more age-specific. Co-hosted by Kitchissippi United Church and Country Fun Nature Camp
Stay tuned for Messy-ish Church and evening hangout stuff, too!*

**THE CHRISTMAS PAGEANT IS ON!
The Annual Christmas Pageant is going VIRTUAL!**

We are so excited to announce that our annual Christmas Pageant is going ahead this year! We are moving virtual and are so happy to keep this tradition going. We are looking for all interested babies, waddlers, toddlers, children, tweens, teens and young adults who can help us bring the story of the birth of Jesus to life in a whole new and hopefully memorable way!



We are asking families to reach out via email to Andrea at marcandrea@rogers.com to let us know who in your house would like to participate and the ages of those participating. **We are inviting both Rideau Parkers and Kitchissipians to participate this year! We are asking everyone to please SIGN UP via email by Friday, November 13th.** (TODAY)

The Pageant itself will air as part of the morning service on **Sunday, December 13th**, 2020. We hope this will be one of our biggest and best Pageants ever! If you have any questions, please feel free to reach out to Andrea via text/phone at 613-762-1777 or via email at marcandrea@rogers.com

WELCOME ADVENT EVENT AT KUC

SAVE THE DATE - November 28th (11:00 a.m. - 2:00 p.m.) at Kitchissippi United Church

Please join us for a "Welcome Advent" drive thru/walk thru event at the church. There will be a sock/hat/mitten throw; hot chocolate; live Christmas music from Gavan Quinn; a "food bank drive; and tree/bush decorating. All will be done with COVID safe protocols. More details on the event to follow. If you have any questions or ideas or would like to help please contact Mary Laidlaw at laidlawb@rogers.com. **HOPE TO SEE YOU ON THE 28th!**



KITCHISSIPPI ADVENT OUTREACH

ADVENT OUTREACH 2020

Greetings from the KUC Refugee/Outreach Circle. We miss you and hope you are well. Here's a snapshot of Advent Outreach plans, more info soon!

WHITE GIFTS

We're opening this category for \$\$ donations to include:

- 1) Our purchase of small gifts for the 2 residential care homes we've supported in past years (being confirmed with their management); AND
- 2) Our purchase of gift cards.

Given Covid-19, we have to replace our traditional wrapped gifts for needy hamper recipients.



HAMPERS

Also given Covid-19, we and many other churches are giving grocery cards instead of food this year. Metro/Food Basics grocery cards have been ordered to replace hampers for needy families having an especially difficult time.

*Thanks in advance for your support!
Norah Patriquin for Refugee/Outreach Circle*

DONATION info shown below:

Donations for White Gifts and any other donations to the church can be made three ways:

- 1) By cheque mailed to or dropped off at the church mail box. Feel free to use your offering envelopes. Indicate on the envelope or cheque: White Gift. Please **No Cash please!**
- 2) By Interac E-Transfer from your bank account (see more details below on how to do this). Transfer amount to donations@kitchissippiuc.com and include a note indicating donation to **White Gift**.
- 3) Via Canada Helps. <https://www.canadahelps.org/en/charities/Kitchissippi-United-Church/Donation-to-Kitchissippi-United-Church> and specify "**Christmas Outreach**"

**For options 1 and 2 your donation will be included in your annual charitable receipt from Kitchissippi United Church. For option 3 you will receive an immediate charitable receipt from Canada Helps.*

WIDER CHURCH

The Council on Aging Ottawa – is hosting an on line event with Guest **Arnold Midgley** – 2nd Annual Men’s Breakfast “Purposeful Life Choices” Nov 18, 2020 | 10:00 am - 11:30 am

Online via Zoom GO TO; <https://coaottawa.ca/event/mens-breakfast-purposeful-choices/>
Inspiring Choices in Challenging Circumstances, Arnold Midgley



Guest speaker- Arnold Midgley has led a full life of sport, family, career, and faith. He was a Canadian Alpine Ski Champion and member of the Canadian Ski Hall of Fame and the Ottawa Sports Hall of Fame. He has also been an avid golfer and has enjoyed lifelong participation in church life, including singing in the choir. He spent his career as an electrical engineer traveling throughout Canada, the US, Australia, and New Zealand. Diagnosed in 2014 with Parkinson’s Disease, Arnold has drawn significantly on his optimistic approach to life as he adjusts to his changing physical abilities, his changing role as a man and as a husband, changes in his daily activities and a recent and very stressful move from a home of 30 years to an apartment. Arnold chooses to focus on solutions rather than obstacles. He is married to his wife Caroline of 55 years (we’re still married even after the move) and is the proud father of two sons.

CARLINGTON COMMUNITY CHAPLAINCY

CARLINGTON COMMUNITY CHAPLAINCY FUNDRAISER

To Friends and Supporters of the Chaplaincy: At this time of year we would normally be preparing for our largest fundraising event of the year - the dinner and silent auction. In a recent poll of dinner attendees most agreed that the Chaplaincy cancel the dinner and ask for a donation instead (\$50 welcomed). Donations may be sent to the Chaplaincy by mail with a cheque to the Carlington Community Chaplaincy or by e-transfer to treasurer@carlingtonchaplaincy.com .

CARLINGTON COMMUNITY CHAPLAINCY The Carlington Community Chaplaincy is having a **virtual silent auction in November**. It needs some good silent auction items value \$50 or more. There will also be an online market for good saleable items! More details to come! Please contact **Dave Hall** davidfhall@magma.ca or **Norah Patriquin** patriquinfam@sympatico.ca with items you wish to offer. This is an important fundraiser for the chaplaincy and your contributions can make a difference! Many thanks!

OTHER FUNRAISERS HAPPENING NOW



Y Service
International

Potted flowering plants for Christmas from the Ottawa Y Service Club

Proceeds support the Carlington Community Chaplaincy, the Kibera YMCA School in Nairobi, the Child Care program of the YM-YWCA in Ottawa, Roll Back Malaria and projects in Jamaica

and Sierra Leone.

There are options for ordering, payment and pickup since we cannot have our usual sale space in the Y. **Order by November 21st** to ensure your selection! After this date we may not be able to guarantee your choice of plant or colour. Plants available for pick up on

December 1st and 2nd at Kitchissippi United Church. **FOR MORE INFORMATION AND ORDER FORMS GO TO: <http://www.kitchissippiuc.com/community/kitchissippi-and-the-local-community/y-service-club-christmas-plant-sale/>**



SAFE - VIRTUAL KITCHEN PARTY!

Invitation from Robert Bigras and Kate Lusk - We been missing our kitchen parties and choirs. Music is so therapeutic especially when we sing as a group.

Our friend **Patrick Gillissie** has agreed to host a sing a long kitchen party on his Facebook page. No admission charge just find his Facebook page on **NOVEMBER 14TH at 715PM** and be prepared to sing song we all know i.e. Four Strong Winds, You Are My Sunshine, I'm leaving On a Jet plane, If I had a Hammer- you get the idea very informal and fun-sing as loud or quietly as you wish as you are in your own home. Do come sing along- wishing you peace! (Robert Bigras and Kate Lusk)

FOR THE LOVE OF CREATION

FOR THE LOVE OF CREATION

GO TO: <https://fortheloveofcreation.ca/>

Creating a space for collaborative responsive theology, exploring our relationship with the Creator and creation, and encouraging theologically grounded and relevant dialogue about climate justice and global warming.



**FOR THE LOVE
OF CREATION**

Letter of the Faithful For the Love of Creation is developing a series of questions for collaborative theological reflection on climate issues. These questions will be incorporated into a guide that can be used by small groups and will capture critical reflections towards the development of a *Letter of the Faithful for the Love of Creation*. This letter will be the fruit of space for collaborative responsive theology.

WE ARE HERE FOR YOU - PLEASE REACH OUT!

Kitchissippi United Church
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Ottawa, ON K1Y 0B7

Rev. Jenni Leslie
Minister

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Diana Brushey
Faith Formation Leader

diana.brushey@kitchissippiuc.com

**CHURCH OFFICE CLOSED
UNTIL FURTHER NOTICE DUE
TO THE COVID-19 PANDEMIC**

Kirsten Gracequist
Office Administrator

kgracequist@kitchissippiuc.com

**Emails and Phone messages
are checked every day!**

Gavan Quinn
Music Director

gavanquinn@gmail.com

www.kitchissippiuc.com

Jerzy Spsychalski
Custodian

facebook