

SEPTEMBER 25, 2020



Kitchissippi
UNITED CHURCH

Sunday, September 27th, 2020
Livestream worship – 10am
at www.Rideaupark.ca

Message from Rev. Jenni



Good Friday to you all,

On a recent drive on the 174, I noted just how many trees were changing colour and how beautiful they are. Sure, trees in my neighbourhood are changing colour as well, but the consistent beauty of every-other-tree was thrilling. Yes, I'm one of these insufferable people who love every season. Watching my garden, as you know, has been a joy for me throughout the summer and tasting the fruits of it have been delicious. I have a couple of large sheets that I've been throwing over the tomatoes when there has been a frost warning and, I suppose, I will give that up at some point and let the season take its course. I do still have many green tomatoes on my vines; both

big beefsteak and a crabapple sized variety (no idea the name of it). My cucamelons and peppers continue. Last week, I found a pumpkin growing under a tomato plant, and so I look forward to watching that turn orange. Not sure any of us will want to carve that one. Perhaps a pie will be its fate (though I have to say, I've never made a pie from an actual pumpkin).

I guess what I am saying about autumn and the seasons in general is that the more I accept them, the happier I will be. They really are inevitable - what do they say, 'like death and taxes'? So, I chose to look for the beauty, the God artistry, the wisdom that can be found in each. Last year, when we looked at each season during the season of Creation, they came alive like never before for me. Autumn is a time of slowing down, of allowing what is not sustainable to die off. I love the saying 'the trees are showing us just how beautiful it is to let go'. I'm asking myself what do I need to let go of this fall? What parts of what I am doing in my home life, my mother life, my work life, need to be let go of? I have found at least one already! I've decided to find some money in my budget for a cleaning person once a month! It's kind of a big decision as it's no small amount of money, plus there's all that guilt my mom might provide if she knew (shhhhh, please don't tell her). The fact is, I can and have cleaned my house, often. The other fact is, I really don't care for it. People say 'put on loud dance music and have fun'. UM, no. I've really tried it all and I don't like it. This autumn, I'm letting go of the idea that I can do everything, the guilt around not doing everything and the peace that comes with greater energy for other more important things! May you find the things that you can let go of this fall!

Diana Brushey, our amazing Faith Formation Leader has put together a survey, at the behest of the Reopening Committee. All those who attend Kitchissippi are invited to fill it out. Please find the link here:

KUC SURVEY (click in the link below to complete the survey) - Due October 2nd, 2020
<http://bit.ly/KitchissippiUC-reopening-survey>

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I was on an Anti-Racism zoom call this week with the United Church's General Council and wanted to let you know that the United Church Publishing House has many books on offer that amplify BIPOC (Black, Indigenous and People of Colour) voices. Please find the link here: <https://ucrdstore.ca/>

A reminder that Rideau Park is allowing 20 people into the sanctuary each Sunday and Kitchissippi folks are welcome to attend as well! You must register in advance and wear a mask the whole time. If you'd like to check out in-person worship at Rideau Park this Sunday September 27th, please follow this link to register: <https://www.rideaupark.ca/event/sunday-worship-service-in-sanctuary-and-webcast/edate/2020-09-27>

Next week, Zoom coffee time resumes on Thursday afternoon! I will send out the information in my Monday message.

Blessings, one and all,
Jenni

September's Musical Reflection

NEW MUSICAL REFLECTION from Gavan Quinn and the KUC Choir
Anthem of Fellowship - with an Autumn theme..enjoy!

<http://www.kitchissippiuc.com/music-at-kuc/musical-reflections-2/>

Broadview
SPIRITUALITY, JUSTICE AND ETHICAL LIVING

BROADVIEW (ON-LINE) BOOK CLUB MEETING DATES

SEPTEMBER: Monday the 14th (discussing articles on page 12 and 34 of the September edition) Monday the 21st Tuesday the 29th	OCTOBER: Monday the 5th Tuesday the 12th - accommodating for Thanksgiving Monday Monday the 19th Tuesday the 27th
NOVEMBER: Monday the 2nd Monday the 9th Monday the 16th Tuesday the 24th Monday the 30th	DECEMBER: Monday the 7th Monday the 14th Monday the 21st

Kitchissippi Grannies – Beet Picks are ready



Kitchissippi Grannies Beet Pickles for Sale

Proceeds to the Stephen Lewis Foundation
\$ 6.00 per 500 ml jar

To order beets email Jennifer Reid at to place order and arrange pick up jemp@primus.ca

Y Service Club Fundraiser

Potted Flowering Plant Sale for Thanksgiving!

Please see attached a poster and order form for the **Y Service Club** Potted Flowering Plant Sale. Proceeds support the Carlington Community Chaplaincy, the Kibera School in Nairobi, YWCA AND YMCA Child care, Roll Back Malaria and Jamaica and Sierra Leone Projects.

To order for if you need more information please contact Dave Hall at yservice@primus.ca
Here is a list of some of the flowering plants that are available:

						
Aloe Vera	Peelee Mom	Mini Rose	Reiger Begonia	Mums	Cyclamen	Anthurium

Wider Church

Eastern Ontario Outaouais Regional Council Updates

Eastern Ontario Outaouais Regional Council

The Eastern Ontario Outaouais Regional Council of The United Church of Canada supports more than 200 communities of faith in a region that stretches north of the Ottawa Valley and south to the St. Lawrence River.



For EOORC and UCC Updates, please visit <https://eoorc.ca/resources/covid-19/>

Living into Right Relations- Reconciliation and Indigenous Justice News from *The United Church of Canada* - 2020

On September 30th, people all across Canada will wear orange shirts to remember and honour Indigenous children who attended Residential Schools. Indigenous Ministries and Justice at The United Church of Canada asks you to participate in Orange Shirt Day!

We're asking you to join the national observance on September 30, but also to wear orange in your community of faith's gathering on September 27 and to share pictures across the church. We've also prepared a prayer for you to use that day.



Phyllis Webstad with Former Moderator Jordan Cantwell
Credit: *The United Church of Canada*

Please visit https://www.united-church.ca/news/orange-shirt-day-2020?mc_cid=23a45fdd42&mc_eid=a184e886b4 to get a copy of the prayer and information on sharing pics!

A Prayer for Orange Shirt Day*

Today we wear orange

to remember and honour all the Indigenous children who went to Residential Schools.

Today we wear orange and we pray

for the Residential School and intergenerational survivors who are still struggling.

Today we wear orange and we are thankful

for those who speak the truth, and who work to shine a light on injustice.

Today we wear orange in the name of compassion and the spirit of truth and reconciliation.

Help us, God, to remember and act on this every day.

Amen.

**This prayer was inspired by Scott's Orange Shirt Day [blog](#).*

Ottawa Pastoral Care Training 2020-2021

Ottawa Pastoral Care Training Program (OPCTP)

In May, our Advisory Board made the decision that, until further notice, our mail outs to churches, institutions and individuals on our mailing list will be done via email (rather than postal mail as in the past) and our courses, workshops and events will be delivered virtually through Zoom.

Attendance at our Continuing Education Event on the topic of "Pastoral Care in an Era of Physical Distancing" in June, and the number of registration requests for our Fall 2020 Basic Course, indicate the important work of pastoral/spiritual care is continuing, if not increasing, since the pandemic shut everything down in March. We are working to help meet the need for training.

Our Fall 2020 Continuing Education Event will take place on Tuesday, November 10, 2020, from 7pm to 9pm via Zoom. Roshene Lawson, Clinical Chaplain in Therapeutic Support Services at Bruyère Continuing Care and St. Vincent Hospital will provide us with insight into the topic of "Spiritual Care in the Face of Medical Assistance in Dying." GO TO the following site from more information. <https://ottawapastoralcare.com>



*Listening is: "the highest form of hospitality", of the sort that does not set out "to change people, but to offer them space where change can take place."
Henri Nouwen*

***The Ottawa Pastoral Care Training Program is an Inter-Denominational Program
Affiliated with the Christian Council of the Capital Area***

SEPTEMBER 25, 2020

We are here for you! Please reach out!

Kitchissippi United Church
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**CHURCH OFFICE CLOSED
UNTIL FURTHER NOTICE DUE
TO THE COVID-19 PANDEMIC**

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