

AUGUST 21, 2020



KUC FOREST CHURCH: IS FULL
Touch the Earth – Sunday, August 23rd

Forest Church is generously supported by the people of the United Church of Canada, through the "Embracing the Spirit" Fund.

“Forest Church” will be held at the Arboretum off Prince of Wales Drive, hosted by KUC and led by Andrea Prazmowski, with Drumming Song by Raven Brightmoon and Daniel Spiritwolf.

To respect distancing guidelines we’ve put a cap on the numbers, so we’re offering two times, to accommodate more people:

1st gathering: 8:30 am to 9:30 am FULL

2nd gathering: 10 am to 11:00 am FULL

* Plan to arrive at the parking lot 15 minutes before the gathering begins, so you can take a very short stroll to our gathering spot and get seated in time. There will be greeters in the parking lot to direct you.



KUC Prayer Circle continues..

Greetings!



I want to remind everyone about our Prayer Circle here at Kitchissippi. If you or your family or anyone you know needs or wants prayer, we would be only too glad to add them to our prayer list. **We pray every Tuesday and Saturday at 9am.**

The circle members are Janis Anderson, Jane Craig, Diane Kayrouz, Marilyn Sierolaski, and myself, Eleanor Anderson. If you need prayer you can e mail me or any of the other members. Prayer is a big part of our faith and is especially important at this time of uncertainty, fear or stress. I wish you all peace, joy and love. Eleanor Anderson

**Faith Formation for Families
You're invited!
Seed Bomb / Seed Ball / Throw 'n Grow
Tuesday Aug 25th, 9:30 am at Kitchissippi United Church**

How far can you throw? Can you hit a bullseye?

Put your skills to the test slinging mud balls in the church lot next Tuesday morning!

KUC families will be making "Seed Bombs" out of soil and seeds and then we'll toss them towards the grassy area that got so torn up from construction last year.

You will need a washable cap, safety goggles/eye protection and clothes that don't mind getting dirty. (We have a few extra pairs of sanitized goggles we can lend if you don't have your own).

Bring a mask to wear when going in the church for bathroom breaks. You are welcome to bring your own snack and drink for afterwards.

The date is Tuesday August 25 at 9:30 a.m.; we expect to be done by 11 a.m. August 26 is the rain date.

How do you feel about the term "Seed Bomb"? Some people call it "Seed Ball."

Do you have a better title?

What do you think we should call our event and our creations?

- Throw & Sow?
- Throw N Grow?
- SeedFlings?
- SeedPods (and then SeedPodCasting?)
- Flower Shower?
- Project Genesis?
- SowingMachines?

Pssst! Diana is playing with a program called Eventbrite for this, because it's fun! It will give you a "ticket" to come, but that's just a way of us tracking pre-registration and contact info for church events so that we can plan the right amount of materials and distanced workstations. Registration link is in the button below. Please remember to do a self-assessment prior to coming: <https://covid-19.ontario.ca/self-assessment/>

Please RSVP to Diana.Brushey@kitchissippiuc.com by August 21st

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We are here for you! Please reach out!

Kitchissippi United Church

630 Island Park Drive
Ottawa, ON K1Y 0B7

**CHURCH OFFICE CLOSED
UNTIL FURTHER NOTICE DUE
TO THE COVID-19 PANDEMIC**

www.kitchissippiuc.com

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STAFF

Rev. Jenni Leslie

Minister

jleslie@kitchissippiuc.com

Rev. Jenni will be on vacation from August 14th to August 28th

Diana Brushey

Faith Formation Leader

diana.brushey@kitchissippiuc.com

Kirsten Gracequist

Office Administrator

kgracequist@kitchissippiuc.com

KIRSTEN IS ON VACATION from – Aug 24th to September 1st

Gavan Quinn

Music Director

gavanquinn@gmail.com

Jerzy Spsychalski Custodian

