

Hello all!

We live in interesting times, don't we? I was glad to hear Rob Oliphant's sermon yesterday describes the three interesting areas of crisis: pandemic, economic, and racial. It certainly feels like a lot, and sometimes too much, to deal with. What about you - are you feeling this way? Attached are a few screenshots from Sundays service (in case you missed it).

Thankfully, we have our faith to guide us - our faith to buoy us in times of trial. I recently discovered this website and find his prayer/poems very helpful.

### Pray

How do you live through a siege?  
How do you guard your heart and keep your hope  
amid violence, hatred, injustice and fear?  
You pray.

Sit still.  
Let the sounds of the news  
and the voices in your head settle and fade.  
Release your fears and desires. Offer them to God.

Sit with the God of love and mercy.  
Just sit with God. Sit, and listen.

Listen to God's passion for life and wholeness,  
for justice and healing.

What do you hear from God,  
the God who says "Let there be light,"  
who says "I will give my life for you,"  
who enters the world's suffering?  
What is God saying to you?

It may be silence.  
God may be weeping. God may be praying,  
radiating blessing for all who are broken,  
working wonders, renewing life you cannot see or know.

Open your heart  
to let that light and mercy flood in.  
to trust that gracious will.

Breathe deeply of that peace,  
willing to be light in the darkness...  
and go with love and courage  
into the day.

Steve Garnaas-Holmes *Unfolding Light* [www.unfoldinglight.net](http://www.unfoldinglight.net) June 2, 2020

Take good care of yourselves and your loved ones. Trust in God's loving presence. Trust in goodness.

### **Tuesdays**

**1pm - 3pm** - Broadview Reading Club

All are welcome! We are reading this article in the June issue, page 52, 'How to Grow a Church': <https://broadview.org/united-church-growth/>

Zoom info here:

Join Zoom Meeting

<https://us02web.zoom.us/j/433401767>

### **Wednesdays**

Kirsten, Gavan I have been teaming up to provide, on Wednesdays, a reflective piece of music, prayer and images. Kirsten is the professional when it comes to the images that have been paired with Gavan's glorious playing.

### **Thursdays**

**10am - 11:30am** Coffee Time

All are welcome for a time to meet virtually and see familiar faces and hear how people are coping. There is a call in option as well. Zoom information to come on Wednesday.

Under the leadership of Ian, our Chair of Council, an ad hoc finance committee has been meeting for a couple of months on Thursdays to ensure the good financial management of the church's finances. If you have any questions about this, please be in touch with Ian or me.

### **Sundays**

**10am - [rideaupark.ca](https://rideaupark.ca)**

I will be livestreaming with my friends at Rideau Park into the future.

Did you know that you can go back and check out the Archives for past services?

**Blessings, everyone, may you have a wonderful day,  
Jenni**