

Hello and Happy Easter Tuesday! (I don't think that's a thing, but here we are!)

A few items today of note:

The Book Study, that meets via Zoom on Tuesdays from 1-3 pm is switching gears from a book to a Broadview Reading Club. You can read about what that is here: <https://broadview.org/readingclubs/> If you subscribe to the UCC magazine, you'd be welcome to join us! We are reading these three articles for discussion on Tuesday, April 21st:

<https://broadview.org/living-school-richard-rohr/>

<https://broadview.org/john-dominic-crossan-interview/>

<https://broadview.org/mary-magdalene-easter-story/>

If you'd like more information, please write to me at [jleslie@kitchissippiuc.com](mailto:jleslie@kitchissippiuc.com)

This coming Sunday at Rideau Park is Holy Humour Sunday and as such, we are asking if children and youth might record the telling of a joke and send it in to include in the service. Please send it to me and I will send it on to Steve. I'll look forward to hearing your jokes!

I found this article by former Moderator, the Very Reverend Gary Paterson, very thought-provoking: "Maybe Easter becomes a verb, not a noun; a process, not a date; a becoming, not an event." <https://broadview.org/easter-sunday-reflection/>

I've gathered a couple of good articles below for improving mental health during this time.

<https://www.utoronto.ca/news/researcher-u-t-scarborough-creates-free-online-course-help-manage-stress-during-covid-19>

<https://mindyourhealth.ca/8week-mbsr>

Easter blessings, one and all,  
Jenni