



Kitchissippi

UNITED CHURCH

Sunday, March 8, 2020
Second Sunday in LENT

Calendar of Events – Church Life

MARCH		
Sat 7	5:00pm	Ministers Meal and Movie (Hall and Chapel)
Sun 8	10:00am 11:15am	2nd in Lent/ Daylight saving time - Spring Forward Poetry Club (Boardroom)/
Mon 9	1:00 pm 6:30pm	Book Study (Boardroom) Investment Club (Boardroom)
Tues 10	1:00pm 3:30pm	Scrabble (Boardroom) Men's Book Club (Parlour)
Sun 15	10:00am 11:15am	3rd in Lent/ P.I.E. Day! Film Study (Boardroom)
Mon 16	1:00 pm	Book Study (Boardroom)
Tues 17	8:30am	Men's Breakfast (Hall)
Sun 22	10:00am	4th in Lent/ Film Study (Chapel)
Mon 23	1:00 pm	Book Study (Boardroom)
Wed	10:00am	Pastoral Care (Boardroom)
Sun 29	10:00am 11:15am	5th in Lent/ KUC Annual Congregational Meeting after the service
Tues 31	7:00 pm	Eco Christianity Gathering with Guest Tami Grosset (on Reducing Plastic)
APRIL		
Fri 3	10am-8pm	Out of the Box Fibre Arts Show (Hall)
Sat 4	10am-5pm	Out of the Box Fibre Arts Show (Hall)
Sun 5	10:00am	Palm Sunday/ Ottawa Children Concert Choir
Mon 6	1:00pm	Book Study (Boardroom)
Thurs 9	5:30pm	Maundy Thursday (Hall)
Fri 10	10:00	Good Friday Service
Sun 12	10:00am	Easter Sunday
Mon 13	Easter Monday- Office Closed	
Tues 14	1:00pm	Scrabble (Boardroom)
Sun 19	10:00am	2nd After Easter
Mon 20	1:00pm	Book Study (Boardroom)
Tues 21	8:30am	Men's Breakfast (Hall)
Fri 24	9:30am 7:00pm	Rummage Sale Set up in the Hall (Volunteers needed) Rummage Sale
Sat 25	9am-12pm	Rummage Sale (Volunteers needed)
Sun 26	10:00am 12:30-5pm	3rd after Easter/ Food For Thought Sunday (Hall)
Mon 27	1:00pm	Book Study (Boardroom)

Music Program

March 8: Children's Choir rehearsal
March 22: Guest Rod Holmes
March 29: Children's Choir rehearsal

April 5: Children's Choir rehearsal
April 5: Ottawa Children's Concert Choir
April 12: Performance of Vivaldi's Gloria

Poetry and Film Study

Film Study (in the Chapel) – and March 22

Poetry Club (in the Boardroom) –March 8

This week's poem is The Time of Our Lives by David Waltner-Toews. He is a Canadian epidemiologist, essayist, poet, fiction writer, and veterinarian. His poetry is influenced both by his Mennonite upbringing and scientific studies.

I am having the time of my life
 digging up an old pine stump
 with my daughter
 in the bright fall sunshine.
 Everything I need to know about life
 And death is in this moment.

The spade is singing
 Among the white-collared mushrooms:
 Praise to the Fungi Imperfecti,
 The Fusaria and the Cladospores.
 The hatchet chops a tune
 Into the wood's soft heart:
 Praise to the wood lice, the earthworms,
 millipedes, hister beetles, common black
 ground beetles, the slugs like ushers
 waving their antennae at the calamitous lightspill.
 Please close the door. The show's in progress.
 Praise to the unseen saints of Gaia,
 the Bacilli, the Clostridia,
 and the pearly Micrococci.

Praise to the myriad of unseen
 crawlies, the forgotten ones,
 the bond breakers, hewers of cellulose
 who make possible this uprooting.

After so many years
 a friend becomes part of you.
 Where the roots begin and the earth ends,
 where pleasure, where pain,
 where wishful memory, or truth,
 cannot be dissected.
 It is I myself who would be uprooted
 if I uprooted you.

Time is an arrow
 only in the briefest bug-life fragments,
 and at the meteoric limits of our growth.
 Where we live time is an inchworm,
 rhythms of seasons and spades,
 roots broken and re-sprung.
 The stump is lifting
 under the pry of my spade.
 A mouth opens below,
 a dark mouth singing
 soft fleshy things,
 singing multi-footed messengers,

singing a lieder of cycles B
 the carbon cycles, the nitrogen cycle,
 the water, the sulphur,
 singing of the microscopic fixers,
 singing lustily, with full synthesizer backup,
 in chlorophyllic warbles,

who make me, Hominus Imperfecti,
 possible, and you, and our sons
 and our daughters, and
 brightly, in the blue, sharp sunshine,
 as the roots lift free, I am dug in,
 rooted,
 earthworms, beetles, fungi,
 bacilli all around me,
 skittling up the spade handle toward me, singing:

Welcome home.
 Your turn is next.

MARCH 6, 2020

COMING IN APRIL!

Easter 2020

Kitchissippi

UNITED CHURCH



EASTER SERVICES 2020

Palm Sunday – April 5 at 10am
Flowers for Pastoral Care

Maundy Thursday – April 9 at 5:30pm
Soup Supper at Kitchissippi starting at 5:30pm followed by the Service at 6 pm

Good Friday – April 10 at 10am
Followed by lunch at Kristy's Restaurant

Easter Sunday - April 10 at 10am
Communion Service – All Welcome

Fibre Arts – Annual Fibre Fling

Kitchissippi United Church and the Out of the Box - Fibre Fling - Annual Fibre Art Show and Sale
Friday, April 3 - 10 am – 8pm and Saturday, April 4 - 10 am – 5 pm
Admission is \$5. Light refreshments are available throughout the show.

Rummage Sale

KUC Spring Rummage Sale 2019

Friday, April 24 from 7 pm – 9 pm
Saturday, April 25 from 9 am – noon

Small appliances and electronics must be in good working order. There will be a boutique area for the best items. Please, no magazines or textbooks. Volunteers are still needed for set-up on Thursday 23rd and clean up on Saturday, April 26th. Contact the church if you can help. Donations can be dropped off at the church. **Please call or email the office ahead of time** before dropping off your donations 613-722-7254. **VOLUNTEERS are NEEDED- if you can help, please sign your name on the signup sheet in the main hall or contact Jane Christie after church.**



Kitchissippi Supper Surprise - Refugee Support

“Save the Date” notice for the Kitchissippi Supper Surprise for Refugee Support on Saturday, May 2 at 6:30 pm. More details to come at the beginning in April.

Eco Christianity Challenge

Green Up Your Lent and Reduce Carbon Emissions: Skip the Clothes Dryer and Air-Dry Instead



Kitchissippi EcoChristianity

THE CHALLENGE: See how many loads of laundry you can dry the natural way – indoors or outdoors.

On milder days, dry your clothes outdoors and the sunshine will kill germs and make them smell great. You can dry clothes indoors too, on a drying rack and on clothes hangers.

Save 1.5 to 2 kg of carbon emissions with each load of clothing you air dry!

In many households, the dryer is the second-most energy-hungry appliance, after the refrigerator. Air-drying your clothes can reduce the average household's carbon footprint by a whopping 2,400 pounds a year. (<https://www.greenamerica.org/green-living/ditch-your-dryer>)

Keep track of how many loads of laundry you air dry during Lent, then add your numbers to the green tally at church to see what we can achieve together!

OTHER GREAT REASONS TO DO THIS: Air-drying is gentler on your clothes and they'll last longer. Drying clothing indoors helps to keep indoor winter air moist, a kind of low-tech humidifier. And you won't have any more issues with "static cling"! Saving energy saves you money.

Tip: To reduce wrinkling, air-dry clothes until they're almost dry, and then toss them in the dryer on the low setting for 10 minutes to finish the job.

Carbon Emissions are the main contributor to global warming and climate change. Our government has committed to a global agreement to reduce our carbon emissions to avoid devastating climate change.

Let's do our part to Care for Creation!

Kitchissippi UC Ecological Christianity Circle

Emergency Planning – United Church of Canada

Emergency Planning- Knowing what to do in the event of an emergency is part of good planning.

Sooner or later the local community is likely to be faced with an emergency situation. As members of a Christian faith community, we share Christ's compassion in our ministries and with the wider community by being well prepared and well informed. In doing so, we minimize the impact of the disaster, including reducing the potential spread of disease and enabling our communities to return to a sense of normalcy as soon as possible. The United Church of Canada Emergency Plan is available for the General Council Office, regional councils, and communities of faith to review and adapt. In addition, the attached flyers highlight some steps communities of faith can take proactively that are related to health-related concerns and emergencies.

<https://www.united-church.ca/leadership/church-administration/emergency-planning>

Usher List

Team 1	Jane Christie, Richard Christie, Marilyn Sierolaski, Helen Witkowski	March 8
Team 2	Nancy Brodie, Janet Balcome, Norah Patriquin, Doug Brooks	March 15
Team 3	Mike Jones, Marion Reid, Frank Chapman, Gweneth Gowanlock	March 22
Team 4	Jane Craig, Scott MacCrimmon, Alayne Current, Barbara Nunn	March 29
Team 5	Bruce Chapman, Mary Laidlaw, Anne and Bruce Fraser	March 1

Contact Us

Kitchissippi United Church

630 Island Park Drive
Ottawa, ON K1Y 0B7

Sunday Worship

10:00 am

Monday through Friday

9:30 am –4:00 pm

**FOR ALL UPCOMING EVENTS
AND HAPPENINGS - VISIT US AT**

www.kitchissippiuc.com

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KitchissippiUC**

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Faith Formation Leader - **On Maternity leave**

Jerzy Spsychalski (Monday, Wed Friday mornings)

Custodian

