

COMMUNION FOR LENT 2020

Jesus said: I am the bread of life.
All who come to me shall not hunger,
and all who believe in me shall not thirst.

**With Christians around the world
and throughout the centuries,
we gather around these symbols
of bread and juice—simple elements
that speak of nourishment and transformation.**

At this open table, all are welcome and no one will be turned away.

God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to God –

It is right to give our thanks and praise.

Let us pray:

We praise you God because you created the whole universe
from the tiniest bugs to the largest stars.

You created people. You created us in your image. You gave us
the power to choose and decide.

**When we made selfish choices, decided to hurt others and
be unfair, you did not give up on us. Instead you sent prophets
to point out what we were doing wrong and call us to do better.**

When we did not listen to the prophets you came among us
and we were angry with you.

For all these gifts we join all your creatures everywhere singing
(Communion Setting D found in VU 941-942)

ALL: “Holy, Holy, Holy God.....”

Jesus taught us about all your loving gifts to us.

ed us your love by healing people who were sick.

as stories about how to love.

**ved us how to love each other when he made friends with
one liked.**

**ple got angry with him, deserted him, and finally killed
ss, Jesus did not get even with them. He forgave them**

Christ has died, Christ has risen, Christ shall come again.”

day we share this bread and cup.....

ber on the night

and the disciples

st meal together,

the bread, gave thanks,

to the disciples,

is is my body,

oken for you.

at it, and as often as you do, remember me.”

bol of the broken bread, we participate in the life of

dedicate ourselves to being his disciples: to loving how

e way he took the cup,

ving thanks

o the disciples, saying:

, all of you.

the new covenant,

for you and for many

often as you drink it, in remembrance of me.”

bol of the cup, we participate in the new life Christ

n who turn to a mother who watches over them, we turn

prayer, saying, Our Father, who art in heaven...

Come. All things are now ready.

*(You are invited to make your way to the front of the church
centre aisle, receive the bread and dip it in the cup. Please
your pew by the outer aisle. The bread is gluten free.)*

HYMN *Let us break bread together*

PRAYER AFTER COMMUNION

**We give thanks, loving God, that you have refreshed us at
table. Strengthen our faith; help us in our Lenten discipl
us as we work on our relationships with you and with on
with our neighbours, ourselves and Creation. As we have
by the seed that became grain, and then became bread, n
out into the world to plant seeds of justice, transformatio
friendship and love. Amen.**

By Jeanyne Slettom, edited, used with permission