



Kitchissippi
UNITED CHURCH

5th in LENT- Sunday, April 7th, 2019

Calendar of Events – Church Life

APRIL

Fri 5	10am-8pm	Out of the Box Fibre Arts Show in the Hall
Sat 6	10am-5pm	Out of the Box Fibre Arts Show in the Hall
Sun 7	10:00am	5th in Lent
Wed 10	6:30pm	Investment Club in the Boardroom
Thurs 11	9am 3:30pm	Rummage Sale Set up in the Hall (Volunteers needed) Men's Book Club in the Parlour
Fri 12	9:30am 7:00pm	Rummage Sale Set up in the Hall (Volunteers needed) Rummage Sale
Sat 13	9am-12pm	Rummage Sale
Sun 14	10:00am	Palm/Passion Sunday/ A special presentation of Donald Patriquin's A Caribbean Mass, The KUC choir will be joined by Donald Patriquin playing keyboard steel drums, and Charlie Scromeda as flute soloist.
Wed 17	7:00pm	KUC Council meeting in the Chapel
Thurs 18	5:30pm	Maundy Thursday dinner and service in the Hall
Fri 19	10:00am	Good Friday Service
Sun 21	10:00am	Easter Sunday
Sun 28	10:00	2nd of Easter/ Guests Ottawa Children's Concert Choir
Mon 29	7:00pm	Eco Christianity Gathering

Music Program

April 7th: Children's Choir rehearsal

April 14th: A Caribbean Mass by Donald Patriquin, featuring Charlie Scromeda as flute soloist

Council Notes

- Pursuant to a recommendation at the AGM, we will commence a monthly update on KUC givings compared to budget commencing end of April of this year.
- Council has endorsed a recommendation to acquire an **Automated External Defibrillator (AED)** for the church. Instruction in CPR (Cardiopulmonary Resuscitation) and operation of the AED will be available for anyone who is interested.
- Following the cancellation of a worship service due to inclement weather earlier this year, it was recommended that KUC adopt a **telephone tree list** for rapid notice to all congregants regarding unanticipated events.

Should you have any questions, issues or suggestions regarding either of these proposals, please speak to a member of Council or contact Kirsten Gracequist in the church office or call 613-722-7254.

LENT

Listen for a Minute for Mission-esque personal story around the time of the offering called 'Baptism in Action'.

Congregational Commitment:

April 7

Let us pledge to this/these person(s) our continued support and care.

We will continue to support you, walk with you, and grow with you.

With God's help, we will live out our baptism as a loving community in Jesus Christ: nurturing one another in faith, upholding one another in prayer, encouraging one another in God's work.

FAITH FORMATION

This Lent, join us in reading and discussing spiritual poems by Canadian authors. In every Friday File from Ash Wednesday to Easter Sunday, you will find a link to a different poem that discusses faith. During Coffee Hour each Sunday, we will gather in the Boardroom to read the poem and Charlie will lead a short, casual discussion — all are welcome for this "mini poetry club."

This week's poem is "Teach Us, Once Again" by Carol Grace Scott, from her book *Awakened by Ashes: a Lenten Journey out of the desert and beyond*. Scott is a retired teacher and current licensed lay worship leader in the Ottawa Presbytery. She has graciously allowed Kitchissippi UC to study her poetry. About "Teach Us, Once Again," Scott writes: "Some mornings I wake up with dream fragments clinging to the shell of consciousness. This morning, it was this poem."

She emerged, wet and squirming,
Newly born from the womb of life
Carrying divine light within -
Her lusty cry another prophetic voice
Announcing God's presence among us
(If we but dared to listen).

Who are you, God?
Your majesty and mystery
Beyond our human comprehension:
Older than the earth we walk on,
Older than the moon and tides -
You, who hurl meteors through space:

Arranging, creating,
Sending light-filled beings into orbit -
Creating sacred geometric patterns
Within the night skies of stars and planets,
Within micro-cells and organisms -
Timeless. Spaceless. Nameless.

You are beyond naming
In spite of our human quest to explain you
Through limiting religions and science.
What do you want of us?

(As we live and breathe and have our being -
Carrying sparks of divinity as seen with each birth.)

Perhaps we are not ready
To really know you, to name you,
Since we spend much time in discord among ourselves -
And still, you send the newborns
To wrap our hearts and arms around,
Teaching us, once again, that all we need is Love.

Last week's poem was "[A Prayer to be in Paradise with the Children](#)" by John Terpstra.

Palm Sunday- Special Music

On Palm Sunday, April 14 the Kitchissippi United Church choir under the direction of Gavan Quinn will be singing Don Patriquin's Caribbean Mass as part of our Palm Sunday service. We hope you can come and enjoy this exceptional music.

The Mass was written by Don Patriquin, a well-known Canadian choral composer, and was premiered in Carriacou, W.I. Three short pieces are found in Voices United. This is the first time the Mass has been performed in Ottawa. The music has many of Don's beautiful harmonies, with Caribbean syncopation, flute (played by Charlie Scromeda) and (electronic) steel drums--played by the composer himself!



Caribbean Mass History

Back in 2000, Louisa and I visited the tiny island of Carriacou, a 3 x 5 mile island not far from – and belonging to – Grenada WI. My entire family (mother, father, and two brothers) had at various times and for various reasons been there, so it was about time I got on the boat! The first Sunday there we attended the Anglican 'Cathedral', a large brick church that had miraculously survived the various uprisings over the years; it stands high on a hill overlooking Hillsborough, the capital city of the island. There was a very large congregation along with a choir of six ladies who sang from the back balcony. The minister, from Canada,

APRIL 5, 2019

had been a truck driver before going into the ministry and was held in high esteem by the entire congregation. By chance (or was it?!) I became organist the second weekend we were there as the seasonal organist from the USA left for a much deserved break and went off to Australia. (Sadly, he passed away not long after he left). I continued my temporary task for the time we were in Carriacou, met Mike Agostini, the excellent steel drum player and teacher at Bishop's College (same name as my old school!), a small private school on the island, and the rest is 'history'.

To make a long story short, towards the end of our stay I felt the congregation and choir was ready to break out of the somewhat starchy communion setting that they sang politely every Sunday of the year, so with some trepidation asked the minister if he thought the congregation would like something a little more upbeat in the way of music for the communion service. He exclaimed "Go for it!", so I did! I attended Mike Agostini's pan rehearsals with the B.C. school kids and when I returned to Canada started work on what was to become the Caribbean Mass, sending draft copies for Mike to comment on and give advice. And here's where the miracle came in, as by our third seasonal visit in as many years the choir had grown to a mixed group of thirty singers! Though they still sang the old hymnbook mass, they had added a lot of gospel songs to the service and sang it all with great gusto! They were more than ready to take on the new service music I brought along and grew very excited as we approached Palm Sunday 2003, when the new Caribbean Mass was performed with 16 young steel drum players playing 20 drums, along with a local flute player who played magnificently (all by ear!) with yours truly on the keyboard (see pic). The Caribbean Mass has since enjoyed performances in Canada and the USA, and has been sung in the United Church in Ajax ON a couple of times each year since 2015, under the direction of my former student, Lois Craig. She got me to scale back the steel drum band as well as write new music for the mass, including the United Church Creed, and to create written flute, keyboard and steel drum parts– quite an 'assignment', Lois! Various movements of the Caribbean Mass are still sung in Carriacou as well as in a sister church in Grenada.

We're very excited and much looking forward to the Kitchissippi Church choir performing the Caribbean Mass in the context of their Palm Sunday service, under keyboardist and choir director Gavan Quinn.

Donald Patriquin

New website at donaldpatriquin.com. Enjoy!

ECO Christianity

The Eco Christianity Circle is hosting Greening Sacred Spaces Ottawa's first gathering for their new Energy Benchmarking Program. Ottawa faith communities will discuss their past and present energy projects so that we can share and learn from each other. Please join us at **7pm on Monday, April 29**. Light refreshments will be served.



OUTREACH- Refugee Update

We've just been advised that Ivan Kabonge, a young Ugandan refugee being sponsored by Kitchissippi United, will arrive in Ottawa **May 9!** He will be flying overnight from Nairobi, Kenya to Toronto then on to Ottawa in the afternoon. More info to follow shortly. We'll be meeting beforehand to finalize arrangements, likely early in the week of April 15 - **Exciting news and a chance to be part of this!**

Rummage Sale



KUC Spring Rummage Sale 2019

Friday, April 12 from 7 pm – 9 pm
 Saturday, April 13 from 9 am – noon

Small appliances and electronics must be in good working order. There will be a boutique area for the best items. Please, no magazines or textbooks. Volunteers are still needed for set-up on Thursday 11th and clean up on Saturday, April 13th. Contact the church if you can help. Donations can be dropped off at the church. **Please call or email the office ahead of time** before dropping off your donations 613-722-7254. **VOLUNTEERS are NEEDED-** if you can help, please sign your name on the signup sheet in the main hall or contact Jane Christie after church.

Easter Sunday



EASTER SERVICES 2019

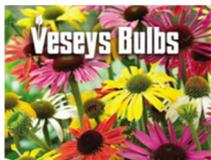
Palm Sunday – April 14 at 10am
 Flowers for Pastoral Care

Maundy Thursday – April 18 at 5:30pm
 Soup Supper at Kitchissippi starting at 5:30pm followed by the Service at 6 pm

Good Friday – April 19at 10am
 Followed by lunch at Kristy’s Restaurant

Easter Sunday - April 21 at 10am
 Communion Service – All Welcome

Carlington Chaplaincy



Only ONE Sunday left to make your order!! The closing date is **April 10th** so that Dave can send in the order and have delivery in early May. Proceeds going to the Carlington Chaplaincy. Contact Dave Hall after church or email him at Dave Hall davidfhall@magma.ca for details.

Wider Church

LENTEN MEDITATION AND YOGA AT BRITANNIA U UC

Join us **Saturday, April 6 from 2-5pm** at Britannia United Church – 985 Pinecrest Rd for meditation, reflection and light yoga. Jane Dawson, Minister Supporting Communities of Faith, Clusters and Networks for the Eastern Ontario Outaouais Regional Council, will lead the session. No meditation or yoga experience required. The light yoga practice can be done from the floor or a chair. Wear comfortable clothing and bring a yoga mat/blanket/towel, a notebook and pen. Pre-registration preferred. Sign up with the Church office, office@brituc.ca or 613-828-6018. Free will offering, accessible and open to everyone.

JOY OF GARDENING at TRINITY UC

On Monday, April 15th at 7:30pm, Trinity United Church invites you to a presentation on "The Joy of Gardening: Caring for Creation in a Sustainable and Ecological Way," by Katherine Forster of Greening Sacred Spaces. Katherine will touch upon sustainable lawns and groundcover alternatives, stormwater management, water conservation and drought-tolerant landscaping and gardening for local pollinator species, birds and wildlife. The event will take place in the Friendship Room of Trinity United Church (1099 Maitland Avenue).

Usher List

Team 1	Jane Christie, Richard Christie, Marilyn Sierolaski, Helen Witkowski	April 28
Team 2	Nancy Brodie, Janet Balcome, Norah Patriquin, Doug Brooks	May 5
Team 3	Mike Jones, Marion Reid, Frank Chapman, Gweneth Gowanlock	April 7
Team 4	Jane Craig, Scott MacCrimmon, Alayne Current, Barbara Nunn	April 14
Team 5	Nancy LeBlanc, Bruce Chapman, Mary Laidlaw, Anne Fraser	April 21

Contact Us

Kitchissippi United Church

630 Island Park Drive
Ottawa, ON K1Y 0B7

Sunday Worship

10:00 am

Office Hours

Monday through Friday
9:30 am – 4:30 pm

STAFF

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Faith Formation Leader **On Maternity leave**

Jerzy Spychalski (Monday, Wed Friday mornings)

Custodian

