WEBSITE: www.kitchissippiuc.com





3rd in LENT- Sunday, March 24th 2019

Calendar of Events – Church Life

MARCH										
Sun 24	10:00am	3 rd in Lent/ Communion								
Mon 25	1:15pm	Book Study in the Boardroom								
Wed 27	1:00pm	Pastoral Care Circle in the Boardroom								
	7:00pm	Eco Christianity Gathering								
Fri 28	12 : 00pm	Outreach meeting in the Kitchen								
Sat 30	7:00pm	Eco Christianity Circle for Soup dinner and a reflective celebration of								
		Earth Hour. All welcome~								
Sun 31	10:00am	4 th in Lent/ Earth Sunday/ Intergenerational Service								
APRIL										
Mon 1	1:15pm	Book Study in the Boardroom								
Tues 2	7:00pm	UCW meeting the Parlour/ Guest Lynn Fischer with share "A Journey								
		Into Mindfulness"								
Thurs 4	9:30 am	Worship Circle meeting the Boardroom								
Fri 5	10am-8pm	Out of the Box Fibre Arts Show in the Hall								
Sat 6	10am-5pm	Out of the Box Fibre Arts Show in the Hall								
Sun 7	10:00am	5 th in Lent								
Wed 10	6:30pm	Investment Club in the Boardroom								
Tues 11	9am	Rummage Sale Set up in the Hall (Volunteers needed)								
	3:30pm	Men's Book Club in the Parlour								
Fri 12	9:30am	Rummage Sale Set up in the Hall (Volunteers needed)								
	7:00pm	Rummage Sale								
Sat 13	9am-12pm	Rummage Sale								
Sun 14	10:00am	Palm/Passion Sunday								
Wed 17	7:00pm	KUC Council meeting in the Chapel								
Thurs 18	5:30pm	Maundy Thursday dinner and service in the Hall								
Fri 19	10:00am	Good Friday Service								
Sun 21	10:00am	Easter Sunday								
Mon 29	7:00pm	Eco Christianity Gathering								

Music Program

March 24th: Adult & Children's Choir combined anthem

March 31st: Children's Choir rehearsal April 7th: Children's Choir rehearsal

LENT

Our Lenten Theme for 2019: Baptism in Action! Baptism celebrates God's initiative and our response. It is God's "Yes" to us, and our "Yes" to God. It is a sign of the Divine-human covenant. Baptism flows from God's unmerited grace and pours out in lives of gratitude and commitment. As initiation into the Church, the Body of Christ, it is an act of welcoming, blessing, and belonging.

The covenant of baptism celebrates the fullness of God's grace throughout the story of salvation: in creation and in exodus, in wilderness and in exile, in birth and in death. In his baptism, Jesus received the Holy Spirit and was declared God's beloved, he opened himself to repentance and forgiveness, and marked a new beginning in his ministry. In our baptism we are similarly claimed, called, and commissioned.

Our baptismal identity is both individual and communal. Baptism honours the diversity of individuals and challenges us to be a community of equals.

Listen for a Minute for Mission-esque personal story around the time of the offering called 'Baptism in Action'.

Here are the questions we will be looking at this Lent:

Commitment to Follow the Way of Jesus:

March 24

Will you follow the way of Jesus Christ?

Commitment to the Mission and Ministry of the Church: March 31 Will you join with your brothers and sisters in this congregation to share in the life, work, and ministry of Jesus Christ?

Congregational Commitment:

April 7

Let us pledge to this/these person(s) our continued support and care.

We will continue to support you, walk with you, and grow with you.

With God's help, we will live out our baptism as a loving community in Jesus Christ: nurturing one another in faith, upholding one another in prayer, encouraging one another in God's work.

Faith Formation

This Lent, join us in reading and discussing spiritual poems by Canadian authors. In every Friday File from Ash Wednesday to Easter Sunday, you will find a link to a different poem that discusses faith. During Coffee Hour each Sunday, we will read the poem and Charlie will lead a short, casual discussion — all are welcome for this "mini poetry club."

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This week's poem is "God on His Haunches" by Diane Tucker. Tucker is a contemporary Christian poet living in Burnaby, BC. This poem, the titular work for her first book, struggles to contemplate time in relation to God.

such an appalling picture
God on his haunches
like a bird watcher, waiting
for what he knows must happen
but will for the world neither impede nor hurry on
waiting for the crunch of the beak through the egg
waiting for the infusion of blue through the bud
God the time-lapse photographer

such a terrifying picture
that the Timeless One should savour time
should know the necessity of every second
should want to plunge me
into the deeps of every moment
drown me in the glory of that which has been made
raise me, sodden, into uncreated light
gleaming in the sun like a dolphin's back

a barbed baptism, the eternal end reached only through fiery lungfuls of time every second clotting the nostrils each moment a coal ablaze in the throat

Eco Christianity

Eco Group meeting on Wednesday, March 27th at 7pm - All welcome

On **Saturday, March 30 at 7pm**, join the Eco Christianity Circle for dinner and a reflective celebration of Earth Hour. From 8:30pm to 9:30pm, we will turn off the lights to raise awareness for and meditate on the role of nature in our lives. All are welcome.



Kitchissippi EcoChristianity

The Eco Christianity Circle is hosting Greening Sacred Spaces Ottawa's first

gathering for their new Energy Benchmarking Program. Ottawa faith communities will discuss their past and present energy projects so that we can share and learn from each other. Please join us at **7pm on Monday, April 29**. Light refreshments will be served.

Youth Event!

Youth 10+ are invited to a fun evening of food, games, and connecting with other youth in our wider church community! Tomorrow **on Saturday, March 23rd at 4:30pm - 7:30pm**, Trinity United Church (1099 Maitland Ave) will be hosting a spaghetti & board game evening, welcome to all United youth! Please RSVP Charlie (faithformationleader@kitchissippiuc.com) or Jessica (jessica@trinityunitedottawa.ca).

Fibre Arts - Annual Fibre Fling

Kitchissippi United Church and the Out of the Box - Fibre Fling - Annual Fibre Art Show and Sale Friday, April 5 - 10 am – 8pm
Saturday, April 6 - 10 am – 5 pm

Admission is \$5. High Tea will be available on Saturday for an additional \$10. Light refreshments are available throughout the show. HAND OUTS ARE AVAILABLE AT THE CHURCH

Rummage Sale



KUC Spring Rummage Sale 2019

Friday, April 12 from 7 pm – 9 pm Saturday, April 13 from 9 am – noon

Small appliances and electronics must be in good working order. There will be a boutique area for the best items. Please, no magazines or

textbooks. Volunteers are still needed for set-up on Thursday 11th and clean up on Saturday, April 13th. Contact the church if you can help. Donations can be dropped off at the church. <u>Please call or email the office ahead of time</u> before dropping off your donations 613-722-7254.

VOLUNTEERS are **NEEDED**- if you can help, please sign your name on the <u>signup sheet</u> in the main hall or contact Jane Christie after church.

Easter Sunday





EASTER SERVICES 2019

Palm Sunday – April 14 at 10am Flowers for Pastoral Care

Maundy Thursday – April 18 at 5:30pm Soup Supper at Kitchissippi starting at 5:30pm followed by the Service at 6 pm

Good Friday – April 19at 10amFollowed by lunch at Kristy's Restaurant

Easter Sunday - April 21 at 10am Communion Service — All Welcome

Carlington Chaplaincy

In a few weeks Spring will be here. You can start planning for your garden now by ordering bulbs and plants from Vesey's with proceeds going to the Carlington Chaplaincy. For the next month order forms will be available after service in the main hall. There are some interesting new products such as seed mats that produce flowers



designed to attract hummingbirds, bees and butterflies. These mats can be cut into smaller sections so that you have patches of colour in different parts of the garden. Contact Dave Hall after church or email him at Dave Hall davidfhall@magma.ca for details.

Wider Church

TUCKER HOUSE MEDITATION RETREAT

Join us for a weekend **March 29th-31st** of meditation and reconnection at Tucker House! Just 30 minutes from downtown Ottawa, escape the city for this rejuvenating weekend of peaceful activities. Space is limited, claim your spot today! Accommodation and vegan meals and snacks provided.

Activities include: Yoga, Meditation, Guided forest walks, Mindful meals, Campfire, Non-Violent Communication Workshop, and more!

Carpooling encouraged, add your info in the signup sheet if you are looking for/offering a ride. Visit our website for more information or feel free to message us! https://maisontuckerhouse.ca/en/

LENTEN MEDITATION AND YOGA

Join us **Saturday, April 6 from 2-5pm** at Britannia United Church – 985 Pinecrest Rd for meditation, reflection and light yoga. Jane Dawson, Minister Supporting Communities of Faith, Clusters and Networks for the Eastern Ontario Outaouais Regional Council, will lead the session. No meditation or yoga experience required. The light yoga practice can be done from the floor or a chair. Wear comfortable clothing and bring a yoga mat/blanket/towel, a notebook and pen. Pre-registration preferred. Sign up with the Church office, office@brituc.ca or 613-828-6018. Free will offering, accessible and open to everyone.

Usher List

Jane Christie, Richard Christie, Marilyn Sierolaski, Helen Witkowski	March 24
Nancy Brodie, Janet Balcome, Norah Patriquin, Doug Brooks	March 31
Mike Jones, Marion Reid, Frank Chapman, Gweneth Gowanlock	April 7
Jane Craig, Scott MacCrimmon, Alayne Current, Barbara Nunn	April 14
Nancy LeBlanc, Bruce Chapman, Mary Laidlaw, Anne Fraser	April 21
	Nancy Brodie, Janet Balcome, Norah Patriquin, Doug Brooks Mike Jones, Marion Reid, Frank Chapman, Gweneth Gowanlock Jane Craig, Scott MacCrimmon, Alayne Current, Barbara Nunn

Contact Us

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630 Island Park Drive Ottawa, ON K1Y 0B7 **Sunday Worship**

10:00 am

Office Hours

Monday through Friday 9:30 am -4:30 pm

STAFF

Rev. Jenni Leslie

Minister <u>jleslie@kitchissippiuc.com</u>

Charlotte (Charlie) Scromeda

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Faith Formation Leader On Maternity leave

















