

Hello all,

It has been good to connect with you by email, zoom call, phone call, voicemail and Facebook message!. Thank you for reaching out! I hope that if you are struggling or want to vent, please do let me know: **I'm here for that!**

These two articles are interesting reading. The first was given to me by a colleague and retired minister, and it is written by a friend of his. I know a lot of us are thinking about masks and some of us are making our own. This article highlights the usefulness of masks:

https://www.linkedin.com/content-guest/article/saving-your-health-one-mask-time-peter-tippett-md-phd?fbclid=IwAR39JB9iObdm-ttyjQjZNFtC_0WgpJOnqJeHyGFP9QpH6XCzTV-kem_JhN4

This second article is written by an American, but I think what affects them, affects us, so I think it is relevant to the future.

"We [care deeply about one another](#). That is clear. That can be seen in every supportive Facebook post, in every meal dropped off for a neighbor, in every Zoom birthday party. We are a good people."

<https://forge.medium.com/prepare-for-the-ultimate-gaslighting-6a8ce3f0a0e0>

Again, please be in touch to chat, vent, complain - I'm here for all of it!
Blessings,
Jenni